



# OCTOBER

| SUNDAY   | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY   |
|--|---|--|--|---|--|--|
|   | <b><u>Happy Birthday!</u></b><br><br>Bill A. – October 5 <sup>th</sup><br>Bonnie F. – October 8 <sup>th</sup><br>Sylvia S. – October 14 <sup>th</sup><br>Mary Jo P. – October 26 <sup>th</sup><br>Pat A. – October 29 <sup>th</sup> |  | <b>PUMPKIN SPICE DAY</b> 1<br><b>Morning:</b><br>Zumba Gold Fitness<br>Baking Buddies: Pumpkin Spice Cookies<br><b>Afternoon:</b><br>BINGO!<br>Midweek Movie Matinee/Popcorn<br>1:1 Popcorn Cart Room Visits                     | <b>2</b><br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>TV Concert Thursday<br>Feel Good Fitness<br><b>Afternoon:</b><br>SingFit! Soda Social<br>2PM Resident Council<br>Crafting Corner: Pumpkin Painting     | <b>3</b><br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>10AM Catholic Communion Service<br>Donut Social & Trivia<br><b>Afternoon:</b><br>2PM Live Music: Ryan McIntyre<br>Candy Pokeno or Table Games<br>Heritage Hikers                              | <b>4</b><br><b>Morning:</b><br>Daily Chronicles & AM Devotion<br>Courtyard Chats<br>Wisconsin @ Michigan 11:00AM<br><b>Afternoon:</b><br>Popcorn & Movie Matinee<br>1:1 Popcorn Cart Room Visits<br>Puzzles & Table Games    |
| <b>ACTIVE AGING WEEK</b> 5<br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>Catholic Mass on Chan. 26<br><b>Afternoon:</b><br>Heritage Hikers<br>Independent Bible Study<br>U-Pick Puzzles @ the Act. Board             | <b>6</b><br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>SPIRO 100 Exercise<br>Monday Manicures & Music<br><b>Afternoon:</b><br>Armchair Travel<br>All 6! Game<br>1:1 Manicure Room Visits                                | <b>CHOCOLATE PRETZEL DAY</b> 7<br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>Tai Chi Tuesday<br>Short Stories<br><b>Afternoon:</b><br>Munch/Mingle: Chocolate Pretzels<br>SingFit!<br>Rosary Group | <b>TEDDY BEAR DAY</b> 8<br><b>Morning:</b><br>Morning Worship Service<br>Zumba Gold Fitness<br>Word Game: Common Endings<br><b>Afternoon:</b><br>BINGO!<br>Teddy Bear Tea Party<br>Heritage Hikers                               | <b>9</b><br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>TV Concert Thursday<br>10:30AM Furry Friends<br><b>Afternoon:</b><br>Crafting Corner: Fall Flower Arrangements<br>SingFit! Happy Hour<br>Qwirkle       | <b>10</b><br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>10AM Catholic Communion Service<br>Donut Social & Trivia<br><b>Afternoon:</b><br>2PM Live Music: Dan's Drumming<br>Candy Pokeno or Table Games<br>Heritage House Calls                       | <b>11</b><br><b>Morning:</b><br>Daily Chronicles & AM Devotion<br>Courtyard Chats<br>Singalong with Susie (YouTube)<br><b>Afternoon:</b><br>Popcorn & Movie Matinee<br>1:1 Popcorn Cart Room Visits<br>Puzzles & Table Games |
| <b>HEALTHCARE FOODSERVER WEEK</b> 12<br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>Catholic Mass on Chan. 26<br><b>Afternoon:</b><br>Independent Bible Study<br>Bengals @ Packers 3:25PM                             | <b>13</b><br><b>Morning:</b><br>SPIRO 100 Exercise<br>Columbus Day Trivia<br>Monday Manicures & Music<br><b>Afternoon:</b><br>Armchair Travel<br>Cup Stack Challenge Game<br>1:1 Manicure Room Visits<br><b>Columbus Day</b>        | <b>14</b><br><b>Morning:</b><br>Daily Chronicles & AM Devotion<br>Balloon Volleyball<br>SingFit!<br><b>Afternoon:</b><br>Crafting Corner: Thank You Cards<br>Bocce Ball<br>Rosary Group<br>Tuesday Trivia      | <b>"I LOVE LUCY" DAY</b> 15<br><b>Morning:</b><br>Morning Worship Service<br>Zumba Gold Fitness<br>Jeopardy!<br><b>Afternoon:</b><br>BINGO!<br>"I Love Lucy" Marathon<br>Heritage House Calls                                    | <b>16</b><br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>TV Concert Thursday<br>Feel Good Fitness<br><b>Afternoon:</b><br>SingFit! Soda Social<br>Crosswords & Coloring Pages<br>Bean Bag Toss                 | <b>17</b><br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>10AM Catholic Communion Service<br>Donut Social & Trivia<br><b>Afternoon:</b><br>2PM Live Music: Michael Tierney<br>Candy Pokeno or Table Games<br>Heritage Hikers                           | <b>18</b><br><b>Morning:</b><br>Daily Chronicles & AM Devotion<br>Courtyard Chats<br>Singalong with Susie (YouTube)<br><b>Afternoon:</b><br>Popcorn & Movie Matinee<br>1:1 Popcorn Cart Room Visits<br>Puzzles & Table Games |
| <b>19</b><br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>Catholic Mass on Chan. 26<br>U-Pick Puzzles @ the Act. Board<br><b>Afternoon:</b><br>Heritage Hikers<br>Independent Bible Study<br>Packers@ Cardinals 3:25PM | <b>20</b><br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>SPIRO 100 Exercise<br>Monday Manicures & Music<br><b>Afternoon:</b><br>Armchair Travel<br>All 6! Game<br>1:1 Manicure Room Visits                               | <b>APPLE DAY</b> 21<br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>Tai Chi Tuesday<br>Short Stories<br><b>Afternoon:</b><br>Munch/Mingle: Apple Pie in a Cup<br>SingFit!<br>Rosary Group            | <b>22</b><br><b>Morning:</b><br>Morning Worship Service<br>Zumba Gold Fitness<br>Word Game: Common Beginnings<br><b>Afternoon:</b><br>BINGO!<br>Midweek Movie Matinee/Popcorn<br>1:1 Popcorn Cart Room Visits<br>Heritage Hikers | <b>23</b><br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>TV Concert Thursday<br>Feel Good Fitness<br><b>Afternoon:</b><br>SingFit! Happy Hour<br>Halloween Coloring Pages<br>Cup Stack Challenge Game          | <b>24</b><br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>10AM Catholic Communion Service<br>Donut Social & Trivia<br><b>Afternoon:</b><br>2PM October Resident Birthday Celebration w/ Cake & Live Music: Cameron Webb<br>Candy Pokeno or Table Games | <b>25</b><br><b>Morning:</b><br>Daily Chronicles & AM Devotion<br>Courtyard Chats<br>Singalong with Susie (YouTube)<br><b>Afternoon:</b><br>Popcorn & Movie Matinee<br>1:1 Popcorn Cart Room Visits<br>Puzzles & Table Games |
| <b>26</b><br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>Catholic Mass on Chan. 26<br>U-Pick Puzzles @ the Act. Board<br><b>Afternoon:</b><br>Heritage Hikers<br>Independent Bible Study<br>Packers@ Steelers 7:20PM  | <b>27</b><br><b>Morning:</b><br>SPIRO 100 Exercise<br>Columbus Day Trivia<br>Monday Manicures & Music<br><b>Afternoon:</b><br>Armchair Travel<br>Cup Stack Challenge Game<br>1:1 Manicure Room Visits                               | <b>PUMPKIN DAY</b> 28<br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>Balloon Volleyball<br>Rosary Group<br><b>Afternoon:</b><br>Munch/Mingle: Jack-O-Lantern<br>Pumpkin Ice Cream Float<br>SingFit! | <b>29</b><br><b>Morning:</b><br>Morning Worship Service<br>Zumba Gold Fitness<br>Bean Bag Toss<br><b>Afternoon:</b><br>BINGO!<br>Midweek Movie Matinee/Popcorn<br>1:1 Popcorn Cart Room Visits<br>Heritage House Calls           | <b>CANDY CORN DAY</b> 30<br><b>Morning:</b><br>Daily Chronicle & Daily Devotion<br>TV Concert Thursday<br>Feel Good Fitness<br><b>Afternoon:</b><br>SingFit! Soda Social<br>Crafting Corner: Candy Corn Art<br>Bocce Ball | <b>31</b><br><b>Morning:</b><br>Daily Chronicle & Devotion<br>10AM Catholic Communion Service<br>Donut Social & Trivia<br><b>Afternoon:</b><br>Halloween Costume Contest<br>Trick or Treating<br>Halloween House Calls<br><b>Halloween</b>                       |   |

## Memory Care

Community Life Enrichment Calendar

### SPECIAL EVENTS

Family Social: October Birthdays Celebration, Friday October 24<sup>th</sup>, from 2-3pm.

\*All activities are subject to change when necessary.

\*Residents' families are invited to participate in community events.

HERITAGE  
SENIOR LIVING  
Aspire | LINCOLN VILLAGE