

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Location Key: B- Bistro on 1 st Floor TH- Theater on 2 nd Floor EC- 1 st Floor- All Welcome AR- Activity Room- 2 nd Floor IL DR- Independent Dining Room on 1 st Floor	Happy Birthday: 4 th - Pat D.		¹ <u>10:00- Coffee with a Cop Event- Bistro</u> 1:00- Word Search Packets 2:00- Bingo in the Bistro 3:30- Patio Time- AL/ EC Patios	² 10:00- Strength Training-B 10:30- Crossword Packets 1:00- Resident Led Games 2:30- Music w/ Gemini	³ 10:00- Resident Led Exercise 10:30- Word Jumble Packets 1:00- Patio Time- AL/ EC Patios 2:30- Happy Hour 4:00- SingFit- EC	⁴ 10:00- Stretch It Out-B 10:30- Devotions & Coffee-B 1:00- Heritage Hikers 2:00- Bingo in the Bistro 3:30- Ghost Painting- AR
⁵ 10:00- Strength Training-B 10:30- Coffee Social-B 1:00- Armchair Travel: Rhode Island-B 2:00- Midday Matinee-TH 3:00- Table Game Fun-AR	⁶ 10:00- Movement & Music- EC 10:30- Manicure Monday-B 1:00- Trivia- B 2:00- Resident Led Bingo-AR 4:00- Heritage House Calls	⁷ 10:00- Strength Training- B 11:00- Pet Therapy-EC 1:15- Communion & Rosary- IL DR 2:00- Flower Arranging-AR 3:45- Mummy Pretzel Creation- AR	⁸ 9:30- Devotions & Coffee-B 10:00- Stretch It Out-B 11:00- How It's Made: Cheese Curds- AR 1:00- Heritage Hikers 2:00- Bingo in the Bistro 4:00- Heritage House Calls	⁹ 10:00- Morning Stretch-B 10:30- Coffee Social-B 1:00- Bead Hanging Craft-AR 2:30- Music w/ 10 Strings 4:00- Heritage House Calls	¹⁰ 10:00- Strength Training-B 11:00- Cupcake Baking-AR 1:30- Cupcake Decorating-AR 2:30- Happy Hour: Trivia-B 4:00- Heritage House Calls	¹¹ 10:00- Movement & Music-B 10:30- Devotions & Coffee-B 1:00- Heritage Hikers 2:00- Bingo in Bistro 3:30- All About General Pulaski- TH
¹² 10:00- Strength Training-B 10:30- Coffee Social-B 1:00- Farming History of WI-AR 2:00- Trivia in the Bistro 3:25- Packers v.s Bengals- B	¹³ 10:00- Morning Stretch-B 10:30- Manicure Monday-B 1:00- History of the Navy- TH 2:00- Resident Led Bingo-AR 2:30- Brain Games-B 3:30- Coloring Club-AR Columbus Day	¹⁴ 10:00- Movement & Music 10:30- Crosswords & Coffee 1:00- Flower Arranging-AR 2:00- Resident Council 3:30- Native American Tribes of WI- AR	¹⁵ 9:30- Devotions & Coffee-B 10:00- Strength Training-B 10:30- BINGO in the Bistro 1:00- Bus to Eugster's Farm (\$\$) 4:00- Fossils of Wisconsin-AR	¹⁶ 10:00- Strength Training-B 10:30- Coffee Social-B 1:00- Scrabble-AR 2:30- Music w/ Cameron Webb 4:00-Heritage House Calls	¹⁷ 9:30- Bus to Metro Market 10:00- Resident Led Exercise 1:00- Trivia- AR 2:30- Happy Hour: October Birthday Party-B 4:00- SingFit- EC	¹⁸ 10:00- Strength Training-B 10:30- Devotions & Coffee-B 1:00- Heritage Hikers 2:00- Bingo in the Bistro 3:30- Mexican Train Dominoes-AR
¹⁹ 10:00- Morning Stretch-B 10:30- Coffee Social-B 1:00- Armchair Travel: KY-B 2:00- Table Games- AR 3:25- Packers V.S. Cardinals- B	²⁰ 10:00- Stretch It Out-B 10:30- Manicure Monday-B 1:00- Scenic Bus Ride 2:00-Resident Led Bingo-AR 3:30- Pumpkin Painting-AR	²¹ 10:00- Strength Training-B 11:00- Pet Therapy-EC/AL 1:00- Heritage Hikers 1:15- Communion & Rosary (IL DR) 2:00- Flower Arranging-AR 4:00- Heritage House Calls	²² 9:30- Devotions & Coffee-B 10:00- Morning Stretch-B 11:00- Relaxation Stations-AR 1:00- Lemonade & Learning: Artists of the Past-TH 2:00- Bingo in the Bistro 3:30- Pumpkin Bowling-B	²³ 10:00- Movement & Music-B 10:30- Coffee Social-B 1:00- Pumpkin Painting-AR 2:30- Music w/ Cajun Swing Band 4:00- Heritage House Calls	²⁴ 10:00- Stretch It Out-B 10:30- Coloring Club-AR 1:00- Heritage Hikers 2:30- Happy Hour: Pumpkin Painting Contest-B 4:00- Heritage House Calls	²⁵ 10:00- Strength Training-B 10:30- Devotions & Coffee-B 1:00- SingFit-EC 2:00- Bingo in the Bistro 3:30- Mexican Train Dominoes- AR
²⁶ 10:00- Movement & Music-B 10:30- Coffee Social-B 1:00- Halloween Trivia-B 2:00- Midday Matinee-TH 3:30- Scrabble-AR 7:20- Packers V.S. Steelers	²⁷ 10:00- Morning Stretch-B 10:30- Manicure Monday-B 1:00- Word Games-AR 2:00- Resident Led Bingo 3:30- Coloring Club-AR	²⁸ 10:00- Strength Training-B 10:30- How It's Made: Chocolate-AR 1:00- Heritage Hikers 2:00- Flower Arranging-AR 4:00 Heritage House Calls	²⁹ 9:30- Devotions & Coffee-B 10:00- Stretch It Out-B 10:30- Chair Volleyball-B 1:00- Armchair Travel: Salem, MA-B 2:00- Bingo in the Bistro 3:30- SingFit- EC	³⁰ 10:00- Strength Training-B 10:30- Coffee Social-B 1:00- Heritage Hikers 2:00- Midday Matinee- TH 3:30- Relaxation Stations- AR	³¹ 10:00- Movement & Music-B 10:30- Witch Hat Toss-AR 1:00- Resident Led Games-AR 2:30- Happy Hour: Costume Party-B 4:00- Heritage House Calls Halloween	

Middleton Assisted Living & Enhanced Care

Community Life Enrichment Calendar

SPECIAL EVENTS

Trick or Treating at Heritage- 10/24

Fossils of Wisconsin- 10/15 @ 4:00 pm

*All activities are subject to change when necessary. Residents' families are invited to participate in community events.

HERITAGE
SENIOR LIVING
Aspire | LINCOLN VILLAGE