



# OCTOBER

Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>Birthdays:</b> <b>David H. 10/15</b> <b>John E. 10/21</b> <b>Bob R. 10/21</b>	<sup>1</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Social Hour SingFit	<b>Hub's Hoedown</b> <sup>2</sup> 10am-2pm Live Music by <b>Curley &amp; the Key,</b> Food and Games	<sup>3</sup> <u>Morning:</u> Exercise Trivia <b>10:30 Catholic Mass – EC1</b> <u>Afternoon:</u> Movie Matinee Popcorn	<sup>4</sup> <u>Morning:</u> Morning Mediation & Stretches Coffee Corner <u>Afternoon:</u> Daily Devotions Word Puzzles Snacks
<sup>5</sup> <u>Morning:</u> 10:30 LIVE STREAM Catholic Mass (TV) – AL Heritage Hikers <u>Afternoon:</u> Creative Coloring SingFit Snacks	<sup>6</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Manicure Monday Engagement Bins Evening Movie Showing	<sup>7</sup> <u>Morning:</u> Exercise This Day in History SingFit <u>Afternoon:</u> Bingo Evening Movie Showing Snacks	<sup>8</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> <b>3:00 Live Music – Michael Gruber – EC1+D</b> Evening Movie Showing	<sup>9</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Social Hour Sing Fit Evening Movie Showing	<sup>10</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Movie Matinee Popcorn	<sup>11</sup> <u>Morning:</u> <b>Therapy Dogs</b> <u>Afternoon:</u> Daily Devotions Word Puzzles Snacks
<sup>12</sup> <u>Morning:</u> 10:30 LIVE STREAM Catholic Mass (TV) – AL Heritage Hikers <u>Afternoon:</u> Creative Coloring SingFit Snacks	<sup>13</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Manicure Monday Engagement Bins Evening Movie Showing <b>Columbus Day</b>	<sup>14</sup> <u>Morning:</u> Exercise This Day in History SingFit <u>Afternoon:</u> Bingo Evening Movie Showing Snacks	<sup>15</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> <b>3:00 Live Music – Northern Comfort – EC1+D</b> Evening Movie Showing	<sup>16</sup> <u>Morning:</u> Exercise This Day in History <b>11:00 Lutheran Service - AL</b> <u>Afternoon:</u> Social Hour SingFit Evening Movie Showing	<sup>17</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Movie Matinee Popcorn	<sup>18</sup> <u>Morning:</u> Morning Mediation & Stretches Coffee Corner <u>Afternoon:</u> Daily Devotions Word Puzzles Snacks
<sup>19</sup> <u>Morning:</u> 10:30 LIVE STREAM Catholic Mass (TV) – AL Heritage Hikers <u>Afternoon:</u> Creative Coloring SingFit Snacks	<sup>20</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Manicure Monday Sip n' Paint Evening Movie Showing	<sup>21</sup> <u>Morning:</u> <b>9:30 Catholic Minister Eucharistic Prayer &amp; Communion Service – EC1</b> <u>Afternoon:</u> Exercise Caramel Apple Bar Bingo	<sup>22</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> <b>3:00 Live Music – Davis Beck (Elvis Impersonator) – EC1+D</b> Evening Movie Showing	<sup>23</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Social Hour Sing Fit Evening Movie Showing	<sup>24</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Movie Matinee Popcorn	<sup>25</sup> <u>Morning:</u> Morning Mediation & Stretches Coffee Corner <u>Afternoon:</u> Daily Devotions Word Puzzles Snacks
<sup>26</sup> <u>Morning:</u> 10:30 LIVE STREAM Catholic Mass (TV) – AL Heritage Hikers <u>Afternoon:</u> Creative Coloring SingFit Snacks	<sup>27</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Manicure Monday Engagement Bins Evening Movie Showing	<sup>28</sup> <u>Morning:</u> Exercise This Day in History SingFit <u>Afternoon:</u> Bingo Evening Movie Showing Snacks	<sup>29</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> <b>3:00 Live Music – Tom Kastle – EC1+D</b> Evening Movie Showing	<sup>30</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Social Hour <b>Armchair Travel - Salem</b> Evening Movie Showing	<sup>31</sup> <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Movie Matinee Halloween Snacks <b>Halloween</b>	<u>Activity Location Key</u> <b>AL:</b> Assisted Living <b>AL+D:</b> Assisted Living Dining Room <b>EC1:</b> 1 <sup>st</sup> FL EC1 Activity Room <b>EC1+D:</b> 1 FL EC1 Dining Room <b>EC2:</b> 2 <sup>nd</sup> FL EC2 Activity Room <b>EC2+D:</b> 2 <sup>nd</sup> FL EC2 Dining Room <b>PUB:</b> Pub off Front Entrance <b>***:</b> Resident Led

## SPECIAL EVENTS

Hub's Hoedown 10/02 at 10am – 2pm

Armchair Travel – Salem 10/30

*\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.*