

# OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>October Birthdays</b>  10/2 Carol R. 10/23 Karen D.			<b>Morning</b> Sit N' Fit Would You Rather <b>Afternoon</b> Crafty Creations Heritage Hikers Sing Fit by the Fireplace <b>6:15 Halley's Pick</b>	<b>Morning</b> Sit N' Fit Trivia Thursday <b>Afternoon</b> Heritage Hikers Game Show Balloon Ball <b>6:15 Hilarious Halley</b>	<b>Morning</b> Sit N' Fit Fill in the Blank <b>Afternoon</b> Heritage Hikers <b>2:00 Cooking Demo with Chef Chad in the Pub</b> Patio Time if it is nice out	<b>Morning</b> Sit N' Fit Silly Saturdays <b>Afternoon</b> Heritage Hikers Halley's Pick in the Activities Room
<b>Morning</b> Doughnut Delivery <b>Virtual Mass</b> <b>Afternoon</b> Heritage Hikers Movie and Popcorn	<b>Morning</b> Sit N' Fit Moments in History <b>Afternoon</b> Heritage Hikers Sing Fit by the Fireplace <b>3:15 ADA Ensemble</b> <b>6:15 Armchair travel</b>	<b>Morning</b> Sit N' Fit True or False <b>Afternoon</b> <b>Virtual Mass</b> Heritage Hikers Balloon Ball <b>6:15 Time to Look back</b>	<b>Morning</b> Sit N' Fit Would You Rather <b>Afternoon</b> Heritage Hikers Nail Salon <b>6:15 Guess what is in the Box with Halley</b>	<b>Morning</b> Sit N' Fit Trivia Thursday <b>Afternoon</b> Heritage Hikers Game Show Balloon Ball <b>6:15 Halley's Pick</b>	<b>Morning</b> Sit N' Fit Fill in the Blank <b>Afternoon</b> Heritage Hikers <b>Pumpkin Painting in Assisted Living</b> Hot Potato	<b>Morning</b> Sit N' Fit Silly Saturdays <b>Afternoon</b> Heritage Hikers Nivea's Pick in the Activities Room
<b>Morning</b> Doughnut Delivery <b>Virtual Mass</b> <b>Afternoon</b> Heritage Hikers Movie and Popcorn	<b>Morning</b> Sit N' Fit Moments in History <b>Afternoon</b> Heritage Hikers <b>Columbus Day Craft</b> <b>6:15 Armchair travel Columbus Day</b>	<b>Morning</b> Sit N' Fit True or False <b>Afternoon</b> <b>Virtual Mass</b> Heritage Hikers Nail Salon <b>6:15 Time to Look Back</b>	<b>Morning</b> Sit N' Fit Would You Rather <b>Afternoon</b> Heritage Hikers Pumpkin Painting <b>6:15 Find the Pumpkin with Halley</b>	<b>Morning</b> Sit N' Fit Trivia Thursday <b>Afternoon</b> Heritage Hikers Balloon Ball Game Show <b>6:15 Spooky Songs</b>	<b>Morning</b> Sit N' Fit Fill in the Blank <b>Afternoon</b> Heritage Hikers <b>2-3pm Bruce Anthony</b> Patio Time if it is nice out	<b>Morning</b> Sit N' Fit Silly Saturdays <b>Afternoon</b> Heritage Hikers Halley's Pick in the Activities Room
<b>Morning</b> Doughnut Delivery <b>Virtual Mass</b> <b>Afternoon</b> Heritage Hikers Movie and Popcorn	<b>Morning</b> Sit N' Fit Moments in History <b>Afternoon</b> Heritage Hikers Sing Fit by the Fireplace Monday Meditation <b>6:15 Armchair travel</b>	<b>Morning</b> Sit N' Fit True or False <b>Afternoon</b> <b>Virtual Mass</b> Heritage Hikers <b>Apple Day!</b> <b>6:15 Time to Look Back</b>	<b>Morning</b> Sit N' Fit Would You Rather <b>Afternoon</b> Heritage Hikers Nail Salon <b>6:15 Guess the Song with Halley</b>	<b>Morning</b> Sit N' Fit Trivia Thursday <b>Afternoon</b> Heritage Hikers Game Show Balloon Ball <b>6:15 Game w/Halley</b>	<b>Morning</b> Sit N' Fit Fill in the Blank <b>Afternoon</b> Heritage Hikers <b>Oct. Birthday Celebration</b> Patio Time if it is nice out	<b>Morning</b> Sit N' Fit Silly Saturdays <b>Afternoon</b> Heritage Hikers Nivea's Pick in the Activities Room
<b>Morning</b> Doughnut Delivery <b>Virtual Mass</b> <b>Afternoon</b> Heritage Hikers Movie and Popcorn	<b>Morning</b> Sit N' Fit Moments in History <b>Afternoon</b> Heritage Hikers Sing Fit by the Fireplace Monday Meditation <b>6:15 Armchair travel</b>	<b>Morning</b> Sit N' Fit True or False <b>Afternoon</b> Nail Salon <b>Virtual Mass</b> Heritage Hikers <b>6:15 Time to Look Back</b>	<b>Morning</b> Sit N' Fit Would You Rather <b>Afternoon</b> <b>1pm Halloween Movie! With Family</b> Heritage Hikers <b>6:15 Halley's Pick</b>	<b>Morning</b> Sit N' Fit Trivia Thursday <b>Afternoon</b> Heritage Hikers Balloon Ball <b>6:15 Fall Vases with Halley</b>	<b>Morning</b> Sit N' Fit Fill in the Blank <b>Afternoon</b> <b>1:30-3:30pm Halloween Extravaganza!</b>  <b>Halloween</b>	

## SPECIAL EVENTS

10/29 1pm Halloween Movie with family

10/31 1:30-3:30pm Halloween Extravaganza!

*\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.*