

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Happy Birthday Danford J. – Oct. 18 th Caroline J. – Oct. 23 rd Elsa M. – Oct. 27 th Patricia S. – Oct. 28 th Harold B. – Oct. 29 th		Morning: 1 Mindful Meditation w/ Dwain Sit and Be Fit Balloon Volleyball Afternoon: Village Hikers Sweet Treat Social Arts & Crafts	Morning: 2 Keepin' Fit SingFit What's Cooking? Afternoon: Village Hikers Bingo Short Stories	Morning: 3 Coffee Social Sit and Be Fit Morning Manicures & Music Afternoon: Village Hikers TGIF Happy Hour Bubbles & Fun	Morning: 4 Daily Chronicles Sit and Be Fit Afternoon: Village Hikers Popcorn/Movie Classics Engagement Bins
Morning: 5 Coffee Social Catholic Mass on Chan. 26 Sit and Be Fit on Spiro 100 Afternoon: Midday Matinee & Popcorn Social Card Club	Morning: 6 Sit and Be Fit SingFit Afternoon: Resident Council Village Hikers Bingo Monday 1:1 Visits	Morning: 7 Coffee Social Keepin' Fit Reminisce Afternoon: Village Hikers Name That Tune Dynseo Trivia Movie Night	Morning: 8 Mindful Meditation Sit and Be Fit Balloon Volleyball Afternoon: Village Hikers 2:00 Church w/ Katie Sweet Treat Social Arts & Crafts	Morning: 9 Keepin' Fit SingFit What's Cooking? Afternoon: Village Hikers Bingo 6:00 Entertainment w/ Chasity (Comedian)	Morning: 10 Coffee Social Sit and Be Fit Morning Manicures & Music Afternoon: Village Hikers 2:00 Entertainment w/ Bob Welsh TGIF Happy Hour Game Night!	Morning: 11 Daily Chronicles Bowling Afternoon: Village Hikers Popcorn/Movie Classics Engagement Bins
Morning: 12 Coffee Social Catholic Mass on Chan. 26 Sit and Be Fit on Spiro 100 Afternoon: Midday Matinee & Popcorn Social Card Club	Morning: 13 Sit and Be Fit SingFit Afternoon: Village Hikers 2:00 Library w/ Alyssa Bingo Monday 1:1 Visits Columbus Day	Morning: 14 Coffee Social Keepin' Fit Reminisce Afternoon: Village Hikers 2:30 Bingo W/ Denise Movie Night	Morning: 15 Mindful Meditation Sit and Be Fit Balloon Volleyball Afternoon: Village Hikers 1:30 Holy Hill Outing Sweet Treat Social Arts & Crafts	Morning: 16 Keepin' Fit SingFit What's Cooking? Afternoon: Village Hikers Bingo 3:00 Wine & Cheese Social Short Stories	Morning: 17 Coffee Social Sit and Be Fit Morning Manicures & Music Afternoon: Village Hikers 2:00 Entertainment w/ Rob TGIF Happy Hour Game Night!	Morning: 18 Daily Chronicles Sit and Be Fit Afternoon: Village Hikers Popcorn/Movie Classics Engagement Bins
Morning: 19 Coffee Social Catholic Mass on Chan. 26 Sit and Be Fit on Spiro 100 Afternoon: Midday Matinee & Popcorn Social Card Club	Morning: 20 Sit and Be Fit SingFit Tea Party Spa Afternoon: Village Hikers Bingo Monday 1:1 Visits	Morning: 21 Coffee Social Keepin' Fit Reminisce Afternoon: Village Hikers Name That Tune Dynseo Trivia Movie Night	Morning: 22 Mindful Meditation Sit and Be Fit Balloon Volleyball Afternoon: Village Hikers 2:00 Church w/ Katie Sweet Treat Social Arts & Crafts	Morning: 23 Keepin' Fit SingFit What's Cooking? Afternoon: Village Hikers Bingo 4:00-8:00pm Art Museum Outing	Morning: 24 Coffee Social Sit and Be Fit Morning Manicures & Music Afternoon: Village Hikers 2:00 Entertainment w/Green Sails TGIF Happy Hour Game Night!	Morning: 25 Daily Chronicles Bowling Afternoon: Village Hikers Popcorn/Movie Classics Engagement Bins
Morning: 26 Coffee Social Catholic Mass on Chan. 26 Sit and Be Fit on Spiro 100 Afternoon: Midday Matinee & Popcorn Social	Morning: 27 Sit and Be Fit SingFit Afternoon: Village Hikers 2:00 Entertainment w/ Val Sigal Bingo Monday 1:1 Visits	Morning: 28 Coffee Social Keepin' Fit Reminisce Afternoon: Village Hikers 2:00 St. Vincent De Paul Outing Movie Night	Morning: 29 Mindful Meditation 10:30 Halloween Trick or Treat Afternoon: Village Hikers 2:00 Educational Series w/ Vanessa: Scams Amongst Seniors Sweet Treat Social Arts & Crafts	Morning: 30 Keepin' Fit SingFit What's Cooking? Afternoon: Village Hikers Bingo Short Stories	Morning: 31 Coffee Social Sit and Be Fit Morning Manicures & Music Afternoon: Village Hikers 2:00 Halloween Social/ Birthday Celebration & Best Dressed Contest Halloween	

Memory Care

Community Life Enrichment Calendar

SPECIAL EVENTS

Art Museum Outing- Thursday, Oct. 23rd 4-8pm
 Halloween Trick or Treat- Wednesday, Oct. 29th @ 10:30am
 Scams Amongst Seniors- Wednesday, Oct. 29th @ 2pm

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

HERITAGE
SENIOR LIVING
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