

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:30 Coffee Social 1 10:00 Exercise Group 11:00 Let the Games Begin 1:00 Heritage Hikers 2:00 All About October 3:00 BINGO 6:00 Wine down Wednesday	10:00 Keepin' Fit 2 10:30 This Day in History 1:00 Heritage Hikers 2:00 What Came First Trivia 3:00 Midday Matinee 6:00 Card Club	9:30 News & Brews 3 10:00 Exercise 10:30 Morning Crafts 1:00 Heritage Hikers 2:00 Euchre/Uno 3:00 TGIF Happy Hour 6:00 Game Night!	9:30 Coffee Social 4 10:00 Keepin' Fit 11:00 Bowling Fun 1:00 Heritage Hikers 2:00 Bingo 6:00 Fall Memories Reminiscing Circle
9:00 Coffee Social 5 10:00 Sit and Be Fit on Spiro 100 10:30 Catholic Mass on Chan. 26 1:00 Heritage Hikers 2:00 Midday Matinee & Popcorn Social 6:00 Sundaes on Sunday	9:30 All About Me 6 10:00 Exercise 10:30 Monday Manicures & Music 1:30 Heritage Hikers 2:00 Hangman 3:00 Card Club 6:00 Puzzle & Table Games	NATIONAL CHOCOLATE COVERED PRETZEL DAY! 7 10:00 Keepin' Fit 10:30 Rosary 1:00 Heritage Hikers 2:00 Making Chocolate Covered Pretzels 3:00 Happy Hour 6:00 Movie Night	9:30 Coffee Social 8 10:00 Exercise Group 11:00 Let the Gams Begin 1:00 Heritage Hikers 2:00 Resident Council Meeting 3:00 BINGO 6:00 Wine down Wednesday	10:00 Keepin' Fit 9 10:30 This Day in History 1:00 Heritage Hikers 2:00 Words in Words 3:00 Midday Matinee 6:00 Card Club	NATIONAL CAKE DECORATING DAY! 10 9:30 News & Brews 10:00 Exercise 10:30 Cupcake Decorating 1:00 Heritage Hikers 2:00 Euchre/Uno 3:00 TGIF Happy Hour 6:00 Game Night!	9:30 Coffee Social 11 10:00 Keepin' Fit 11:00 Bowling Fun 1:00 Heritage Hikers 2:00 Bingo 6:00 Fall Memories Reminiscing Circle
9:00 Coffee Social 12 10:00 Sit and Be Fit on Spiro 100 10:30 Catholic Mass on Chan. 26 1:00 Heritage Hikers 2:00 Midday Matinee & Popcorn Social 6:00 Sundaes on Sunday	9:30 All About Me 13 10:00 Exercise 10:30 Monday Manicures & Music 1:30 Heritage Hikers 2:00 Columbus Day Trivia! 3:00 Card Club 6:00 Puzzle & Table Games Columbus Day	NATIONAL DESSERT DAY! 14 10:00 Keepin' Fit 10:30 Rosary 1:00 Heritage Hikers 2:00 Dessert Trivia & Snacks 3:00 Happy Hour 6:00 Movie Night	NATIONAL I LOVE LUCY DAY! 15 9:30 Coffee Social 10:00 Exercise Group 11:00 I Love Lucy Trivia 1:00 Heritage Hikers 2:00 I Love Lucy Trivia 3:00 BINGO 6:00 Wine down Wednesday	NATIONAL SPORTS DAY! 16 10:00 Keepin' Fit 10:30 This Day in History 1:00 Heritage Hikers 2:00 What Came First 3:00 Midday Matinee 6:00 Card Club	9:30 News & Brews 17 10:00 Exercise 10:30 Fall Facts 1:00 Heritage Hikers 2:00 Euchre/Uno 3:00 TGIF Happy Hour 6:00 Game Night!	9:30 Coffee Social 18 10:00 Keepin' Fit 11:00 Bowling Fun 1:00 Heritage Hikers 2:00 Bingo 6:00 Harvest Traditions Reminiscing Circle
9:00 Coffee Social 19 10:00 Sit and Be Fit on Spiro 100 10:30 Catholic Mass on Chan. 26 1:00 Heritage Hikers 2:00 Midday Matinee & Popcorn Social 6:00 Sundaes on Sunday	9:30 All About Me 20 10:00 Exercise 10:30 Monday Manicures & Music 1:30 Heritage Hikers 2:00 Hangman 3:00 Card Club 6:00 Puzzle & Table Games	NATIONAL APPLE DAY! 21 10:00 Keepin' Fit 10:30 Rosary 1:00 Heritage Hikers 2:00 Fall Arts & Crafts Apple Painting 3:00 Happy Hour & Apple Tasting 6:00 Movie Night	9:30 Coffee Social 22 10:00 Exercise Group 11:00 Let the Games Begin 1:00 Heritage Hikers 2:00 Calendar Club 3:00 BINGO 6:00 Wine Down Wednesday	NATIONAL HORROR MOVIE DAY! 23 10:00 Keepin' Fit 10:30 This Day in History 1:00 Heritage Hikers 2:00 Words in Words 3:00 Spooky Midday Movie 6:00 Card Club	9:30 News & Brews 24 10:00 Exercise 10:30 Halloween Movie Trivia 1:00 Heritage Hikers 2:00 Euchre/Uno 3:00 TGIF Happy Hour 6:00 Game Night!	9:30 Coffee Social 25 10:00 Keepin' Fit 11:00 Bowling Fun 1:00 Heritage Hikers 2:00 Bingo 6:00 Favorite Halloween Costumes Reminiscing Circle
9:00 Coffee Social 26 10:00 Sit and Be Fit on Spiro 100 10:30 Catholic Mass on Chan. 26 1:00 Heritage Hikers 2:00 Midday Matinee & Popcorn Social 6:00 Sundaes on Sunday	9:30 All About Me 27 10:00 Exercise 10:30 Monday Manicures & Music 1:30 Heritage Hikers 2:00 Hangman 3:00 Card Club 6:00 Puzzle & Table Games	National Chocolate Day! 28 10:00 Keepin' Fit 10:30 Rosary 1:00 Heritage Hikers 2:00 Fall Arts & Crafts 3:00 Happy Hour & Chocolate Tasting 6:00 Movie Night	9:30 Coffee Social 29 10:00 Exercise Group 11:00 Let the Games Begin 1:00 Heritage Hikers 2:00 Pictionary 3:00 BINGO 6:00 Wine Down Wednesday	NATIONAL CANDY CORN DAY! 30 10:00 Keepin' Fit 10:30 Guess How Many Game 1:00 Heritage Hikers 2:00 What Came First Trivia 3:00 Midday Matinee 6:00 Card Club	NATIONAL CARMEL APPLE DAY! 31 9:30 News & Brews 10:00 Exercise 10:30 Ghost Stories & Legends 1:00 Heritage Hikers 2:00-4:00 HALLOWEEN PARTY! 6:00 Game Night! Halloween	

Assisted Living

Community Life Enrichment Calendar

SPECIAL EVENTS

Family Social: 10/31 Halloween Party 2:00- 4:00 pm

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

HERITAGE
SENIOR LIVING
Aspire | LINCOLN
VILLAGE