
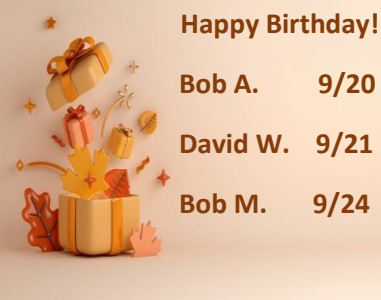


# SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Activity Location Key</b> <b>2AR- 2nd Floor Activity Room</b>  <b>2SR- 2nd Floor Sunroom</b>  <b>1DR- 1<sup>st</sup> Floor Dining Room</b> <b>2DR- 2<sup>nd</sup> Floor Dining Room</b>  <b>***Sign Up Required</b> <b>*Doctor's Note Required</b>	<b>10:00</b> Morning Stretch & Exercise- 2AR <b>1</b> <b>10:30 Presentation with Aegis Therapy- 2AR</b> <b>1:30</b> Arts & Crafts-2AR <b>3:00</b> Mexican Train-2AR <b>3:00</b> Float in the Pool with Vanessa* <b>Labor Day</b>	<b>9:00</b> Coffee Clutch- 2DR <b>2</b> <b>10:00</b> Morning Stretch & Exercise-2AR <b>11:00</b> SingFit-2AR <b>1:00</b> Shopping at Target*** <b>3:00</b> Bingo- 2DR <b>Beauty Shop Open</b>	<b>9:00</b> Coffee Clutch- 2DR <b>3</b> <b>9:45</b> Morning Stretch & Exercise-2AR <b>10:30</b> Worship Service-2DR <b>1:30</b> King's in the Corner-2AR <b>3:30 Musical Performance</b> with "I Drank with Hank"	<b>10:00</b> Morning Stretch & Exercise-2AR <b>4</b> <b>Lunch Outing to The Hanger</b> <b>11:00</b> Walking Group- 2AR <b>1:30</b> Skip Bo- 2AR <b>3:00</b> Bingo- 2DR <b>Beauty Shop Open</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>5</b>  <b>1:30</b> Resident Choice Game Time--2AR  <b>3:00</b> Happy Hour- 1DR	<b>10:00</b> Morning Stretch & Exercise-2AR <b>6</b>  <b>1:30</b> Farkle -2AR <b>3:00</b> Movie Matinee & Popcorn- Theatre
<b>10:00</b> Virtual Church Service- YouTube-2AR <b>7</b> <b>1:30</b> Pub Trivia- Pub  <b>3:00</b> Rummikub- -2AR <b>Grandparent's Day</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>8</b> <b>1:30</b> Cooking and Baking Group- 2AR <b>3:00</b> Mexican Train- 2AR <b>Outdoor Adventure Day</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>9</b> <b>11:00</b> Resident Council Meeting- 1DR <b>3:30</b> Happy Hour-Pub <b>Beauty Shop Open</b> <b>Around the World Day</b>	<b>Hub's Hoedown</b> <b>10</b>  <b>4-7</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>11</b> <b>11:00</b> Walking Group- 2AR <b>1:30</b> Skip Bo- 2AR <b>3:00</b> Bingo- 2DR <b>Beauty Shop Open</b> <b>Beach Luau Day</b> <b>Patriot Day</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>12</b>  <b>1:30</b> Resident Choice Game Time--2AR <b>3:00</b> Happy Hour- 1DR <b>Heritage Pride Day</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>13</b>  <b>1:30</b> Arts & Crafts -2AR <b>3:00</b> Movie Matinee & Popcorn- Theatre
<b>10:00</b> Virtual Church Service- YouTube-2AR <b>14</b> <b>1:30</b> Pub Trivia- Pub  <b>3:00</b> Rummikub- -2AR	<b>10:00</b> Morning Stretch & Exercise-2AR <b>15</b> <b>1:30</b> Arts & Crafts- 2AR <b>3:00</b> Mexican Train- 2AR	<b>9:00</b> Coffee Clutch- 2DR <b>16</b> <b>10:00</b> Morning Stretch & Exercise-2AR <b>11:00</b> SingFit-2AR <b>1:00</b> Shopping at TJ Maxx*** <b>3:00</b> Bingo- 2DR <b>Beauty Shop Open</b>	<b>9:45</b> Morning Stretch & Exercise-2AR <b>17</b> <b>10:30</b> Worship Service-2DR <b>1:30</b> King's in the Corner-2AR <b>3:30</b> Resident Birthday Social- 1DR <b>4:00</b> Sequence- 1DR	<b>10:00</b> Morning Stretch & Exercise-2AR <b>18</b> <b>11:00</b> Walking Group- 2AR <b>1:30</b> Independent Resident Game Time- 2AR <b>3:00</b> Bingo- 2DR <b>Beauty Shop Open</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>19</b> <b>1:30</b> Resident Choice Game Time--2AR <b>3:00</b> Happy Hour- 1DR <b>3:00 Harp Music with Shari-Pub</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>20</b>  <b>1:30</b> Farkle -2AR <b>3:00</b> Movie Matinee & Popcorn- Theatre
<b>10:00</b> Virtual Church Service- YouTube-2AR <b>21</b> <b>1:30</b> Pub Trivia- Pub  <b>3:00</b> Rummikub- -2AR	<b>10:00</b> Morning Stretch & Exercise-2AR <b>22</b> <b>1:30</b> Cooking and Baking Group- 2AR <b>3:00</b> Mexican Train- 2AR  <b>First Day of Autumn</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>23</b> <b>1:00</b> Shopping at Wal- Mart*** <b>3:00</b> Bingo- 2DR <b>Beauty Shop Open</b>	<b>9:45</b> Morning Stretch & Exercise-2AR <b>24</b> <b>10:30</b> Worship Service-2DR <b>1:30</b> King's in the Corner-2AR <b>3:30 New Resident Meet &amp; Greet- 1DR Followed by Musical Entertainment with Bella Musik</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>25</b> <b>11:00</b> Walking Group- 2AR <b>1:30</b> Skip Bo- 2AR <b>3:00</b> Bingo- 2DR <b>Beauty Shop Open</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>26</b>  <b>1:30</b> Resident Choice Game Time--2AR  <b>3:00</b> Happy Hour- 1DR	<b>10:00</b> Morning Stretch & Exercise-2AR <b>27</b>  <b>1:30</b> Arts & Crafts -2AR <b>3:00</b> Movie Matinee & Popcorn- Theatre
<b>10:00</b> Virtual Church Service- YouTube-2AR <b>28</b> <b>1:30</b> Pub Trivia- Pub  <b>3:00</b> Rummikub- -2AR	<b>10:00</b> Morning Stretch & Exercise- 2AR <b>29</b> <b>1:30</b> Arts & Crafts-2AR <b>3:00</b> Mexican Train-2AR <b>3:00</b> Float in the Pool with Vanessa*	<b>10:00</b> Morning Stretch & Exercise-2AR <b>30</b> <b>1:00</b> Shopping at Festival*** <b>3:00</b> Bingo- 2DR <b>Beauty Shop Open</b>	 <b>Happy Birthday!</b> <b>Bob A. 9/20</b> <b>David W. 9/21</b> <b>Bob M. 9/24</b>	<b>National Assisted Living Week September 7-13, 2025</b>  <b>Join us for a week of smiles, stories and endless adventure, because age is just a number!</b>  <b>Celebrate each day with fun activities, dress down themes and community spirit!</b>		

## Assisted Living Activities\* Calendar

\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.