




SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Morning: Coffee & Chat, Daily Chronicle Motivational Monday Exercise Labor Day Coloring Pages & Trivia Afternoon: Spiritual Songs Singalong Snack Social Hour Bocce Ball Labor Day	Morning: Daily Devotions, Daily Chronicle SingFit! Tai Chi Tuesdays Afternoon: Crafting Corner: Labor Day Paper Lanterns Short Story Hour Rosary Group (YouTube)	Morning: Coffee Social, Daily Chronicle Zumba Gold Fitness TV Concert- <i>"Englebert Humperdinck, Live in Vegas, '82"</i> Afternoon: Bingo! Resident Bible Study Glitz & Glamour (Nail Care)	Morning: Coffee & Chat, Daily Chronicle SingFit! Sensory Guessing Game Afternoon: Sit & Be Fit Baking Buddies: Sweet & Salty Fall Snack Mix Cup Stack Challenge	CHEESE PIZZA DAY Morning: Coffee Social, Daily Chronicle Feel Good Friday! Fitness Glitz & Glamour (Nail Care) Afternoon: TGIF Happy Hour Courtyard Chats Heritage Hikers	Morning: Coffee Social Daily Chronicle Stretching Saturdays Afternoon: Armchair Travel: Japan Bean Bag Toss Engagement Bins
GRANDPARENT'S DAY Morning: Coffee Social, Daily Chronicle Stretching Sundays Catholic Church Service Afternoon: Sundaes on Sunday Grandparent's Day Reminiscing Lions @ Packers 3:25pm	OUTDOOR ADVENTURE Morning: Coffee & Chat, Daily Chronicle Outdoor Exercise Singalong with Suzie Q Afternoon: Adventures with Irene: Italy Lutheran Church Service Courtyard Scavenger Hunt	AROUND THE WORLD Morning: Daily Devotions, Daily Chronicle SingFit! Tai Chi Tuesdays Afternoon: Cultural Connections Fun Facts Crafting Corner: Thank You Cards for First Responders	BEACH LUAU Morning: Coffee Social, Daily Chronicle Zumba Gold Fitness Armchair Travel: Wonders of Hawaii Afternoon: Bingo! Hub's Hoedown!	EXPLORER'S SAFARI Morning: Coffee & Chat, Daily Chronicle Moment of Silence Virtual African Safari Afternoon: Sit & Be Fit Baking Buddies: Patriotic Mini Cheesecakes Patriot Day	HERITAGE PRIDE Morning: Coffee Social, Daily Chronicle Feel Good Friday! Fitness Glitz & Glamour (Nail Care) Afternoon: Cheers and Chat Rewind & Reminisce Heritage House Calls (1:1)	SPORTS & ADVENTURE Morning: Coffee Social, Daily Chronicle Courtyard Adventure Walk Drum Circle with Daniel Hayes Afternoon: Spiritual Songs Singalong Balloon Volleyball Outdoor Fun & Games
Morning: Coffee & Chat, Daily Devotion Daily Chronicle Stretching Sundays Catholic Church Service Afternoon: Sundaes on Sunday Movie Matinee Courtyard Chats	HOUSEKEEPER'S WEEK Morning: Coffee & Chat, Daily Chronicle Motivational Monday Exercise Spiritual Songs Singalong Afternoon: Everyday Trivia Armchair Travel: England EZ Charades	Morning: Daily Devotions, Daily Chronicle SingFit! Tai Chi Tuesdays Afternoon: Crafting Corner: Thank You Cards for our Housekeepers Uno! Rosary Group (YouTube)	Morning: Coffee Social, Daily Chronicle Zumba Gold Fitness TV Concert- <i>"James Taylor in Concert, 1970"</i> Afternoon: Bingo! Resident Bible Study Glitz & Glamour (Nail Care)	Morning: Coffee & Chat, Daily Chronicle SingFit! Virtual Church Service Afternoon: Sit & Be Fit Baking Buddies: Apple Pie in a Cup Qwirkle	Morning: Coffee Social, Daily Chronicle Feel Good Friday! Fitness Glitz & Glamour (Nail Care) Afternoon: Oktoberfest Happy Hour Courtyard Chats Heritage Hikers	OKTOBERFEST Morning: Coffee Social Daily Chronicle Stretching Saturdays Afternoon: Armchair Travel: Munich Bocce Ball Engagement Bins
Morning: Coffee Social Daily Chronicle Stretching Sundays Catholic Church Service Afternoon: Packers @ Browns 12:00pm Sundaes on Sunday Balloon Volleyball	Morning: Coffee & Chat, Daily Chronicle Motivational Monday Exercise Singalong with Susie Q Afternoon: Shut the Box Lutheran Church Service Armchair Travel: Fall Colors NE First Day of Autumn	Morning: Daily Devotions, Daily Chronicle SingFit! Tai Chi Tuesdays Afternoon: Crafting Corner: Fall Floral Arranging Bocce Ball Snack Hour Social	Morning: Coffee Social, Daily Chronicle Zumba Gold Fitness TV Concert- <i>"Dean Martin & Frank Sinatra, 1970"</i> Afternoon: Bingo! Apple Cider Social Glitz & Glamour (Nail Care)	Morning: Coffee & Chat, Daily Chronicle SingFit! Crosswords & Coloring Afternoon: Sit & Be Fit Baking Buddies: Cookie Dough Pumpkins Bean Bag Toss	JOHNNY APPLESEED DAY Morning: Coffee Social, Daily Chronicle Feel Good Friday! Fitness Johnny Appleseed Trivia Afternoon: TGIF Happy Hour Heritage House Calls (1:1) Glitz & Glamour (Nail Care)	Morning: Coffee Social Daily Chronicle Stretching Saturdays Afternoon: Spiritual Songs Singalong Coloring Club Bean Bag Toss
Morning: Coffee Social Daily Chronicle Stretching Sundays Catholic Church Service Afternoon: Movie Matinee & Snacks Sundaes on Sunday Bocce Ball	Morning: Coffee & Chat, Daily Chronicle Motivational Monday Exercise Spiritual Songs Singalong Afternoon: Talking Points Discussion Group Armchair Travel: France Uno!	Morning: Daily Devotions, Daily Chronicle SingFit! Tai Chi Tuesdays Afternoon: Crafting Corner: Crayon Leaf Art Bean Bag Toss Short Story Hour Rosary Group (YouTube)	Happy Birthday! Diane H. – September 4 th Jo Ann H. – September 10 th Patricia O. – September 12 th Christine V. – September 23 rd Delores K. – September 28 th			

Memory Care

Community Life Enrichment Calendar

SPECIAL EVENTS

Family Social: Wednesday, September 10th, 12-2pm, Hub's Hoedown
Educational Presentation: Aegis Therapy, September 25th, 10:30am, EC1.

**All activities are subject to change when necessary.
Residents' families are invited to participate in community events.

HERITAGE
SENIOR LIVING
Aspire | LINCOLN VILLAGE