



SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>NATIONAL ASSISTED LIVING WEEK® - SEP 7-13, 2025</p>	<u>Morning</u> ¹ Morning Stretch Hand Care Corner <u>Afternoon</u> Armchair Travel: Colorado Coloring Club Labor Day	<u>Morning</u> ² Movement & Music Magazine I Spy <u>Afternoon</u> Heritage Hikers Flower Arranging Heritage House Calls (1:1's)	<u>Morning</u> ³ Morning Stretch Tabletop Bowling <u>Afternoon</u> Dynseo Games Coloring Club Midweek Manicures	<u>Morning</u> ⁴ SingFit Coffee Social <u>Afternoon</u> Relaxation Stations Music w/ Davis Beck (Elvis) Sensory Stations	<u>Morning</u> ⁵ Stretch It Out Knock A Cup <u>Afternoon</u> Nature Documentary Happy Hour Crafting Corner	<u>Morning</u> ⁶ Movement & Music All About Hummingbirds <u>Afternoon</u> Short Stories SingFit Sensory Stations
<u>Morning</u> ⁷ Stretch It Out Coffee Social <u>Afternoon</u> Balloon Volley Garden Time Heritage House Calls	<u>Morning</u> ⁸ Movement & Music Library Box <u>Afternoon</u> Heritage Hikers- Outside Manicure Monday Sensory Stations	<u>Morning</u> ⁹ Pet Therapy Around the World Day Fun <u>Afternoon</u> Flower Arranging Ants on a Log Sensory Stations	<u>Morning</u> ¹⁰ Morning Stretch Hand Care Corner <u>Afternoon</u> Luau Social Bingo Heritage House Calls	<u>Morning</u> ¹¹ SingFit Coffee Social <u>Afternoon</u> Watercolor to Music Music w/ Casey & Greg Sensory Stations Patriot Day	<u>Morning</u> ¹² Movement & Music Nature Documentary <u>Afternoon</u> Kinetic Sand Fun Happy Hour: Birthday Party Dynseo Games	<u>Morning</u> ¹³ SingFit Positive Affirmations <u>Afternoon</u> Gone Fishing Game Balloon Volley Sensory Stations
<u>Morning</u> ¹⁴ Morning Stretch Coffee Social <u>Afternoon</u> Armchair Travel: Virginia Hallway Hockey Heritage House Calls	<u>Morning</u> ¹⁵ Stretch It Out Manicure Monday <u>Afternoon</u> Scenic Bus Ride Magazine I Spy Sensory Stations	<u>Morning</u> ¹⁶ SingFit Pet Therapy <u>Afternoon</u> Playdoh Fun Flower Arranging Heritage House Calls	<u>Morning</u> ¹⁷ Movement & Music Aromatherapy <u>Afternoon</u> Coloring Club Bingo Sensory Stations	<u>Hub's Hoedown</u> ¹⁸ 11:00-1:30pm Music by Junkyard Kings 	<u>Morning</u> ¹⁹ Morning Stretch Nature Documentary <u>Afternoon</u> Dynseo Games Happy Hour Heritage House Calls	<u>Morning</u> ²⁰ Stretch It Out Hand Care Corner <u>Afternoon</u> Abstract Art Heritage Hikers Sensory Stations
<u>Morning</u> ²¹ Movement & Music Coffee Social <u>Afternoon</u> Armchair Travel: New York Music on Patio Sensory Stations	<u>Morning</u> ²² Morning Stretch Nature Documentary <u>Afternoon</u> Heritage Hikers Coloring Club First Day of Autumn	<u>Morning</u> ²³ SingFit Checkers/ Dynseo Games <u>Afternoon</u> Flower Arranging Relaxation Station Sensory Stations	<u>Morning</u> ²⁴ Movement & Music Clay Creations <u>Afternoon</u> Midweek Manicures Bingo Heritage House Calls	<u>Morning</u> ²⁵ Morning Stretch Coffee Social <u>Afternoon</u> Heritage Hikers Music w/ Remember w. Randy Coloring Club	<u>Morning</u> ²⁶ Stretch It Out Music of the Past <u>Afternoon</u> Jewelry Making Happy Hour Sensory Stations	<u>Morning</u> ²⁷ Movement & Music Balloon Volley <u>Afternoon</u> Heritage Hikers Armchair Travel: NC Sensory Stations
<u>Morning</u> ²⁸ Morning Stretch Coffee Social <u>Afternoon</u> Heritage Hikers Magazine I Spy Sensory Stations	<u>Morning</u> ²⁹ Stretch It Out Balloon Volley <u>Afternoon</u> How It's Made: Coffee Manicure Monday Heritage House Calls	<u>Morning</u> ³⁰ SingFit Coloring Club <u>Afternoon</u> Heritage Hikers Flower Arranging Sensory Stations	National Assisted Living Week: <ul style="list-style-type: none"> 9/7- Grandparent's Day; 9/13- Sports & Adventure Day 9/8- Outdoor Adventure Day 9/9- Around the World Day 9/10- Beach Luau Day 9/11- Explorer's Safari Day 9/12- Heritage Pride Day 		<u>Happy Birthday:</u> 3 rd - Fritz B. 5 th - Judy R. 17 th - Diana S. 25 th - Susan F.	