




SEPTEMBER

Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Manicure Monday Labor Day Party Labor Day	2 <u>Morning:</u> Exercise This Day in History SingFit <u>Afternoon:</u> Bingo Snacks	3 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> 3:00 Live Music – Stars Entertainment – EC1+D Popcorn	4 <u>Morning:</u> Exercise This Day in History 11:00 Lutheran Service - AL <u>Afternoon:</u> Social Hour SingFit	5 <u>Morning:</u> 10:30 Catholic Mass – EC1 Coffee Club Exercise <u>Afternoon:</u> Movie Matinee Popcorn	6 <u>Morning:</u> Morning Meditation & Stretches Coffee Corner <u>Afternoon:</u> Daily Devotions Word Puzzles Snacks
7 <u>Morning:</u> 10:30 LIVE STREAM Catholic Mass (TV) – AL Heritage Hikers <u>Afternoon:</u> Creative Coloring SingFit Snacks	8 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Manicure Monday 3:00 Drums w/ Jim - MC	9 <u>Morning:</u> Exercise This Day in History SingFit <u>Afternoon:</u> Bingo Snacks	10 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> 3:00 Live Music – Chip Messiner – EC1+D Popcorn	11 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Social Hour SingFit Patriot Day	12 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Movie Matinee Popcorn	13 <u>Morning:</u> Therapy Dogs Heritage Hikers <u>Afternoon:</u> Daily Devotions Word Puzzles Snacks
14 <u>Morning:</u> 10:30 LIVE STREAM Catholic Mass (TV) – AL Heritage Hikers <u>Afternoon:</u> Creative Coloring SingFit Snacks	15 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Manicure Monday Engagement Bins	16 <u>Morning:</u> 9:30 Catholic Minister Eucharistic Prayer & Communion Services – EC1 Coffee Club Exercise <u>Afternoon:</u> Bingo	17 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> 3:00 Live Music – Randy Plunkett – EC1+D Popcorn	18 <u>Morning:</u> Exercise This Day in History 11:00 Lutheran Service - AL <u>Afternoon:</u> Social Hour Armchair Travel - Oktoberfest	19 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Movie Matinee Popcorn	20 <u>Morning:</u> Morning Meditation & Stretches Coffee Corner <u>Afternoon:</u> Daily Devotions Word Puzzles Snacks
21 <u>Morning:</u> 10:30 LIVE STREAM Catholic Mass (TV) – AL Heritage Hikers <u>Afternoon:</u> Creative Coloring SingFit Snacks	22 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Manicure Monday Engagement Bins First Day of Autumn	23 <u>Morning:</u> Exercise This Day in History SingFit <u>Afternoon:</u> Bingo Fall Leaf Cookie Decorating	24 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> 3:00 Live Music – Bahama Bob – EC1+D Popcorn	25 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Social Hour Autumn Craft	26 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Movie Matinee Popcorn	27 <u>Morning:</u> Morning Meditation & Stretches Coffee Corner <u>Afternoon:</u> Daily Devotions Word Puzzles Snacks
28 <u>Morning:</u> 10:30 LIVE STREAM Catholic Mass (TV) – AL Heritage Hikers <u>Afternoon:</u> Creative Coloring SingFit Snacks	29 <u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Manicure Monday Engagement Bins	30 <u>Morning:</u> Exercise This Day in History SingFit <u>Afternoon:</u> Bingo Snacks			Birthdays: Judy J. 09/02 Natalie F. 09/04 John C. 09/11	<u>Activity Location Key</u> AL: Assisted Living AL+D: Assisted Living Dining Room EC1: 1 st FL EC1 Activity Room EC1+D: 1 FL EC1 Dining Room EC2: 2 nd FL EC2 Activity Room EC2+D: 2 nd FL EC2 Dining Room PUB: Pub off Front Entrance ***: Resident Led

SPECIAL EVENTS

Therapy Dogs 09/13 10:30am

Armchair Travel – Oktoberfest 09/18

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*