

SEPTEMBER

Assisted Living &
Enhanced Care 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Exercise – AL 10:00 This Day in History – AL 2:00 Labor Day Party – AL 6:00 Tables Games*** Labor Day	2 9:30 Yoga w/ Spiro – AL 10:00 Trivia - AL 1:30 Paint n’ Sip – EC2 3:00 Bingo – AL 6:00 Card Games***	3 9:30 Exercise – AL 10:00 Quiz - AL 1:30 Heritage Hikers 3:00 Live Music – Stars Entertainment – EC1+D 6:00 Word Puzzles***	4 9:30 Keepin’ Fit w/ Spiro – AL 11:00 Lutheran Service – AL 1:30 Wii Games - AL 3:00 Euchre & Cribbage – AL 6:00 Table Games***	5 10:30 Catholic Mass – EC1 11:00 Coffee Club – EC1 1:30 May I Take Your Order 3:00 Happy Hour – EC1+D 6:00 Adult Coloring***	6 9:30 Heritage Hikers*** 11:00 Daily Devotions – Fireplace 1:30 Resident Led Rummy – AL 3:00 Bingo – AL 6:00 Jigsaw Puzzles***
7 9:30 Movin & Groovin*** 10:30 LIVE STREAM Catholic Mass (TV) – AL 2:00 Movie Matinee – AL 6:00 Word Puzzles***	8 9:30 Exercise – AL 10:00 Crossword Puzzle - AL 1:00 Creative Coloring – EC1 2:00 Manicure Monday 3:00 Euchre & Cribbage – AL 6:00 Tables Games***	9 9:30 Yoga w/ Spiro – AL 10:00 Trivia - AL 1:30 Resident Council – AL 2:30 Aegis Presentation - AL 3:00 Bingo – AL 6:00 Card Games***	10 9:30 Exercise – AL 10:00 This Day in History - AL 1:30 Heritage Hikers 3:00 Live Music – Chip Messiner– EC1+D 6:00 Word Puzzles***	11 9:30 Keepin’ Fit w/ Spiro – AL 10:00 Quiz - AL 1:30 Cooking Club – Maple Carrot Cupcakes – EC2 3:00 Euchre & Cribbage – AL 6:00 Table Games*** Patriot Day	12 9:30 Exercise – AL 10:00 Trivia - AL 1:30 May I Take Your Order 3:00 Happy Hour – EC1+D 6:00 Adult Coloring***	13 9:30 Heritage Hikers*** 11:00 Therapy Dogs – AL Fireplace 1:30 Resident Led Rummy – AL 3:00 Bingo Store - AL 6:00 Jigsaw Puzzles***
14 9:30 Movin & Groovin*** 10:30 LIVE STREAM Catholic Mass (TV) – AL 2:00 Movie Matinee – AL 6:00 Word Puzzles***	15 9:30 Exercise – AL 10:00 Crossword Puzzle - AL 1:00 Card Making w/ Pam – EC2 2:00 Manicure Monday 3:00 Euchre & Cribbage – AL 6:00 Tables Games***	16 9:30 Catholic Minister Eucharistic Prayer & Communion Service – EC1 10:00 Coffee Club – EC1 1:30 Ladies Teatime - AL 3:00 Bingo – AL 6:00 Card Games***	17 9:30 Exercise – AL 10:00 Quiz - AL 1:30 Heritage Hikers 3:00 Live Music – Randy Plunkett – EC1+D 6:00 Word Puzzles***	18 9:30 Keepin’ Fit w/ Spiro – AL 11:00 Lutheran Service – AL 1:30 Autumn Craft – EC2 3:00 Euchre & Cribbage – AL 6:00 Table Games***	19 9:30 Exercise – AL 10:00 This Day in History - AL 1:30 May I Take Your Order 3:00 Happy Hour – EC1+D 6:00 Adult Coloring***	20 9:30 Heritage Hikers*** 11:00 Daily Devotions – Fireplace 1:30 Resident Led Rummy – AL 3:00 Bingo – AL 6:00 Jigsaw Puzzles***
21 9:30 Movin & Groovin*** 10:30 LIVE STREAM Catholic Mass (TV) – AL 2:00 Movie Matinee – AL 6:00 Word Puzzles***	22 9:30 Exercise – AL 10:00 Trivia - AL 1:00 Creative Coloring – EC1 2:00 Manicure Monday 3:00 Euchre & Cribbage – AL 6:00 Tables Games*** First Day of Autumn	23 9:30 Yoga w/ Spiro – AL 10:00 Crossword Puzzle - AL 1:30 Fall Leaf Cookie Decorating – EC2 3:00 Bingo – AL 6:00 Card Games***	24 9:30 Exercise – AL 10:00 This Day in History - AL 1:30 Heritage Hikers 3:00 Live Music – Bahama Bob – EC1+D 6:00 Word Puzzles***	25 9:30 Keepin’ Fit w/ Spiro – AL 10:00 Quiz - AL 2:00 7 Deadly Mistakes in Funeral Planning – AL 3:00 Euchre & Cribbage – AL 6:00 Table Games***	26 9:30 Exercise – AL 10:00 Crossword Puzzle - AL 1:30 May I Take Your Order 3:00 Happy Hour – EC1+D 6:00 Adult Coloring***	27 9:30 Heritage Hikers*** 11:00 Daily Devotions – Fireplace 1:30 Resident Led Rummy – AL 3:00 Bingo – AL 6:00 Jigsaw Puzzles***
28 9:30 Movin & Groovin*** 10:30 LIVE STREAM Catholic Mass (TV) – AL 2:00 Movie Matinee – AL 6:00 Word Puzzles***	29 9:30 Exercise – AL 10:00 This Day in History - AL 2:00 Manicure Monday 3:00 Euchre & Cribbage – AL 6:00 Tables Games***	30 9:30 Yoga w/ Spiro – AL 10:00 Trivia - AL 1:30 Armchair Travel – Oktoberfest – AL 3:00 Bingo – AL 6:00 Card Games***			Birthdays: AL Helen 09/01 Luella 09/10 Carole C. 09/16 Dorothy T. 09/17 Judy B. 09/18	Activity Location Key AL: Assisted Living AL+D: Assisted Living Dining Room EC1: 1 st FL EC1 Activity Room EC1+D: 1 FL EC1 Dining Room EC2: 2 nd FL EC2 Activity Room EC2+D: 2 nd FL EC2 Dining Room PUB: Pub off Front Entrance ***: Resident Led IL: Independent Living Activity RM

SPECIAL EVENTS

7 Deadly Mistakes in Funeral Planning 09/25 2pm

Armchair Travel – Oktoberfest 09/30 at 1:30pm

**All activities are subject to change when necessary. Residents’ families are invited to participate in community events.*