

# SEPTEMBER

Enhanced Care 1

| SUNDAY                                                                                                                               | MONDAY                                                                                                                                                                                                   | TUESDAY                                                                                                                                                                                     | WEDNESDAY                                                                                                                                                             | THURSDAY                                                                                                                                                                                             | FRIDAY                                                                                                                                                                       | SATURDAY                                                                                                                                                                                                                                                                                                                                                                                                                |
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|                                                     | <b>1</b><br>10:30 Exercise – EC1<br>11:00 This Day in History – EC1<br>2:00 Labor Day Party – AL<br>6:00 Tables Games***<br><br><b>Labor Day</b>                                                         | <b>2</b><br>10:30 Yoga w/ Spiro – EC1<br>11:00 Trivia – EC1<br>1:30 Paint n Sip – EC2<br>3:00 Bingo – AL<br>6:00 Card Games***                                                              | <b>3</b><br>10:30 Exercise – EC1<br>11:00 Quiz – EC1<br>1:30 Heritage Hikers<br><b>3:00 Live Music – Stars Entertainment – EC1+D</b><br>6:00 Word Puzzles***          | <b>4</b><br>10:30 Keepin' Fit w/ Spiro – EC1<br><b>11:00 Lutheran Service – AL</b><br>1:30 Wii Games - AL<br>3:00 Euchre & Cribbage – AL<br>6:00 Table Games***                                      | <b>5</b><br><b>10:30 Catholic Mass – EC1</b><br>11:00 Coffee Club – EC1<br>1:30 May I Take Your Order<br>3:00 Happy Hour – EC1+D<br>6:00 Adult Coloring***                   | <b>6</b><br>9:30 Heritage Hikers***<br>11:00 Daily Devotions – Fireplace<br>1:30 Resident Led Rummy – AL<br>3:00 Bingo – AL<br>6:00 Jigsaw Puzzles***                                                                                                                                                                                                                                                                   |
| <b>7</b><br>9:30 Movin & Groovin***<br>10:30 LIVE STREAM Catholic Mass (TV) – AL<br>2:00 Movie Matinee – AL<br>6:00 Word Puzzles***  | <b>8</b><br>10:30 Exercise – EC1<br>11:00 Crossword Puzzle – EC1<br>1:00 Creative Coloring – EC1<br>2:00 Manicure Monday<br>3:00 Euchre & Cribbage – AL<br>6:00 Tables Games***                          | <b>9</b><br>10:30 Yoga w/ Spiro – EC1<br>11:00 Trivia – EC1<br><b>1:30 Resident Council – AL</b><br>2:30 Aegis Presentation - AL<br>3:00 Bingo – AL<br>6:00 Card Games***                   | <b>10</b><br>10:30 Exercise – EC1<br>11:00 This Day in History – EC1<br>1:30 Heritage Hikers<br><b>3:00 Live Music – Chip Messiner– EC1+D</b><br>6:00 Word Puzzles*** | <b>11</b><br>10:30 Keepin' Fit w/ Spiro – EC1<br>11:00 Quiz – EC1<br>1:30 Cooking Club – Maple Carrot Cupcakes – EC2<br>3:00 Euchre & Cribbage – AL<br>6:00 Table Games***<br><br><b>Patriot Day</b> | <b>12</b><br>10:30 Exercise – EC1<br>11:00 Trivia – EC1<br>1:30 May I Take Your Order<br>3:00 Happy Hour – EC1+D<br>6:00 Adult Coloring***                                   | <b>13</b><br>9:30 Heritage Hikers***<br><b>11:00 Therapy Dogs – AL Fireplace</b><br>1:30 Resident Led Rummy – AL<br>3:00 Bingo Store - AL<br>6:00 Jigsaw Puzzles***                                                                                                                                                                                                                                                     |
| <b>14</b><br>9:30 Movin & Groovin***<br>10:30 LIVE STREAM Catholic Mass (TV) – AL<br>2:00 Movie Matinee – AL<br>6:00 Word Puzzles*** | <b>15</b><br>10:30 Exercise – EC1<br>11:00 Crossword Puzzle – EC1<br>1:00 Card Making w/ Pam – EC2<br>2:00 Manicure Monday<br>3:00 Euchre & Cribbage – AL<br>6:00 Tables Games***                        | <b>16</b><br><b>9:30 Catholic Minister Eucharistic Prayer &amp; Communion Service – EC1</b><br>10:00 Coffee Club – EC1<br>1:30 Ladies Teatime - AL<br>3:00 Bingo – AL<br>6:00 Card Games*** | <b>17</b><br>10:30 Exercise – EC1<br>11:00 Quiz – EC1<br>1:30 Heritage Hikers<br><b>3:00 Live Music – Randy Plunkett – EC1+D</b><br>6:00 Word Puzzles***              | <b>18</b><br>10:30 Keepin' Fit w/ Spiro – EC1<br><b>11:00 Lutheran Service – AL</b><br>1:30 Autumn Craft – EC2<br>3:00 Euchre & Cribbage – AL<br>6:00 Table Games***                                 | <b>19</b><br>10:30 Exercise – EC1<br>11:00 This Day in History – EC1<br>1:30 May I Take Your Order<br>3:00 Happy Hour – EC1+D<br>6:00 Adult Coloring***                      | <b>20</b><br>9:30 Heritage Hikers***<br>11:00 Daily Devotions – Fireplace<br>1:30 Resident Led Rummy – AL<br>3:00 Bingo – AL<br>6:00 Jigsaw Puzzles***                                                                                                                                                                                                                                                                  |
| <b>21</b><br>9:30 Movin & Groovin***<br>10:30 LIVE STREAM Catholic Mass (TV) – AL<br>2:00 Movie Matinee – AL<br>6:00 Word Puzzles*** | <b>22</b><br>10:30 Exercise – EC1<br>11:00 Trivia – EC1<br>1:00 Creative Coloring – EC1<br>2:00 Manicure Monday<br>3:00 Euchre & Cribbage – AL<br>6:00 Tables Games***<br><br><b>First Day of Autumn</b> | <b>23</b><br>10:30 Yoga w/ Spiro – EC1<br>11:00 Crossword Puzzle – EC1<br>1:30 Fall Leaf Cookie Decorating – EC2<br>3:00 Bingo – AL<br>6:00 Card Games***                                   | <b>24</b><br>10:30 Exercise – EC1<br>11:00 This Day in History – EC1<br>1:30 Heritage Hikers<br><b>3:00 Live Music – Bahama Bob – EC1+D</b><br>6:00 Word Puzzles***   | <b>25</b><br>10:30 Keepin' Fit w/ Spiro – EC1<br>11:00 Quiz – EC1<br>2:00 7 Deadly Mistakes in Funeral Planning – IL<br>3:00 Euchre & Cribbage – AL<br>6:00 Table Games***                           | <b>26</b><br>10:30 Exercise – EC1<br>11:00 Crossword Puzzle – EC1<br>1:30 May I Take Your Order<br>3:00 Happy Hour – EC1+D<br>6:00 Adult Coloring***                         | <b>27</b><br>9:30 Heritage Hikers***<br>11:00 Daily Devotions – Fireplace<br>1:30 Resident Led Rummy – AL<br>3:00 Bingo – AL<br>6:00 Jigsaw Puzzles***                                                                                                                                                                                                                                                                  |
| <b>28</b><br>9:30 Movin & Groovin***<br>10:30 LIVE STREAM Catholic Mass (TV) – AL<br>2:00 Movie Matinee – AL<br>6:00 Word Puzzles*** | <b>29</b><br>10:30 Exercise – EC1<br>11:00 This Day in History – EC1<br>2:00 Manicure Monday<br>3:00 Euchre & Cribbage – AL<br>6:00 Tables Games***                                                      | <b>30</b><br>10:30 Yoga w/ Spiro – EC1<br>11:00 Trivia – EC1<br><b>1:30 Armchair Travel – Oktoberfest – AL</b><br>3:00 Bingo – AL<br>6:00 Card Games***                                     |                                                                                  |                                                                                                                 | <b>Birthdays:</b><br><b>Ray 09/03</b><br><b>John O. 09/04</b><br><b>Tom 09/15</b><br><b>Toby 09/17</b><br><b>Barbara 09/25</b><br><b>Walter 09/27</b><br><b>Daniel 09/27</b> | <b>Activity Location Key</b><br><b>AL:</b> Assisted Living<br><b>AL+D:</b> Assisted Living Dining Room<br><b>EC1:</b> 1 <sup>st</sup> FL EC1 Activity Room<br><b>EC1+D:</b> 1 FL EC1 Dining Room<br><b>EC2:</b> 2 <sup>nd</sup> FL EC2 Activity Room<br><b>EC2+D:</b> 2 <sup>nd</sup> FL EC2 Dining Room<br><b>PUB:</b> Pub off Front Entrance<br><b>***:</b> Resident Led<br><b>IL:</b> Independent Living Activity RM |

## SPECIAL EVENTS

7 Deadly Mistakes in Funeral Planning 09/25 2pm

Armchair Travel – Oktoberfest 09/30 at 1:30pm

*\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.*