

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Morning: Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Popcorn Pass & Happy Hour Manicure Monday! September Match-Up's Labor Day	Morning: Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Back to School Reminiscing Social Sensory Station: School Edition Alphabet Association Game	Morning: Morning Social and Spiro Bible Study w/Mark @10:30am Afternoon: Threshold Singers @1:00pm Music w/Larry Radle @2:00pm Matchdown Card Game Balloon Bop Afternoon Exercise	Morning: Therapy Dog Visit w/Boba @10:00am Morning Social and Spiro Afternoon: Alaskan Themed Lunch @12:00pm Therapy Dog Visit w/Coda @1:30pm Travel Club: Denali National Park Craft Hour: Flowerpot Apples	Morning: Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Bingo! Football Kick-Off Party @3:00pm SingFit Session	Morning: Morning Social: Devotions and Daily Chronicle Stretches w/Staff Afternoon: Family Bingo @2:00pm Saturday Afternoon Showing Popcorn and Refreshments
National Assisted Living Week Morning: Morning Social Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Afternoon Docu-Series Activity Sheets & Coloring Pages	Morning: Morning Social: Devotions and Daily Chronicle Chair Zumba w/Gloria @10:45am Afternoon: Popcorn Pass & Happy Hour Manicure Monday! Puzzles, Board Games, and Cards!	Morning: Catholic Communion @9:45am Morning Social and Spiro Afternoon: Outing to Connell's Orchard @1:30pm What am I? Sensory Station: Jewelry Sorting	Morning: Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Paint-n-Sip Event Live Floral Arrangements w/Local Flowers	Morning: Music w/Mark Johnson @10:00am Spiro 100: Morning Exercise Afternoon: Craft Hour: Resident Choice Annual Hub's Hoedown Event @3:00pm Patriot Day	Morning: Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Apple Tasting Apple & Fall Trivia Apple Themed Bingo	Morning: Morning Social: Devotions and Daily Chronicle Stretches w/Staff Afternoon: Saturday Afternoon Showing Popcorn and Refreshments Brain Games
Morning: Morning Social: Devotions and Daily Chronicle Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Afternoon Docu-Series Activity Sheets & Coloring	Morning: Morning Social: Devotions and Daily Chronicle Chair Zumba w/Gloria @10:45am Afternoon: Popcorn Pass & Happy Hour Manicure Monday! Before or After 1950: Book Trivia	Morning: Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Resident Council @2:00pm Sensory Station: Homemakers Lifelong Learning: Talking About Generations	Morning: Morning Social: Devotions and Daily Chronicle Bible Study w/Mark @10:30am Spiro 100: Morning Exercise Afternoon: Baking Club: Fall Trail Mix Music w/The Second Wind Singers @2:30pm	Morning: Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: September Birthday Party @2:00pm Craft Hour: Scrapbooking	Morning: Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: High or Low Card Game Bingo! SingFit Session	Morning: Morning Social: Devotions and Daily Chronicle Stretches w/Staff Afternoon: Saturday Afternoon Showing Popcorn and Refreshments Brain Games
Morning: Morning Social: Devotions and Daily Chronicle Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Afternoon Docu-Series Activity Sheets & Coloring Pages	Morning: Morning Social: Devotions and Daily Chronicle Chair Zumba w/Gloria @10:45am Afternoon: Hello Fall Social @2:00pm Caramel Apple Bar Manicure Monday! First Day of Autumn	Morning: Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Sensory Station: All Things Autumn Men's Club: Wisdom Across Generations @2:30pm	Morning: Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Animal Feature: The Fantastic Fox Matchdown Card Game Balloon Bop Afternoon Exercise	Morning: Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: The Great Gatsby Turns 100! Read Aloud and Book Talk Craft Hour: Jewelry Making	Morning: Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Red or Black Card Game Bingo! SingFit Session	Morning: Morning Social: Devotions and Daily Chronicle Stretches w/Staff Afternoon: Saturday Afternoon Showing Popcorn and Refreshments Brain Games
Morning: Morning Social: Devotions and Daily Chronicle Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Afternoon Docu-Series Activity Sheets & Coloring Pages	Morning: Morning Social: Devotions and Daily Chronicle Chair Zumba w/Gloria @10:45am Afternoon: Music w/Jack Gorski @2:00pm Popcorn Pass & Happy Hour Manicure Monday!	Morning: Coffee Outing to Coffee Grounds @9:00am Catholic Communion @9:45am Morning Social and Spiro Afternoon: September Tea & Trivia @2:00pm Art Appreciation: American Gothic What's That Sound?		Happy Birthday! 9/11 Annette R. 9/19 Beverly F. 9/28 Joan D.		

SPECIAL EVENTS

National Assisted Living Week 9/7-9/13
Annual Hub's Hoedown Event 9/11 @3:00pm
Hello Fall Social 9/22 @2:00pm

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*