
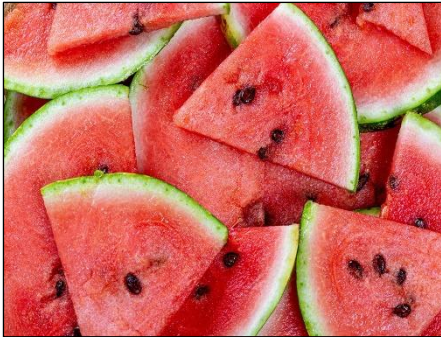



AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Happy Birthday!</u> Alfred C. – August 1 st Lourdes L. – August 7 th Leila K. – August 7 th Loretta P. – August 10 th Thomas G. – August 10 th Mary Ann H. – August 12 th Wayne W. – August 16 th Joyce T. – August 16 th Donna S. – August 17 th Nancy K. – August 18 th LeRoy B. – August 19 th Patricia R. – August 27 th Ewald Z. – August 27 th Richard H. – August 28 th					Morning: Coffee Social, Daily Chronicle Feel Good Friday! Fitness Glitz & Glamour (Nail Care) Afternoon: TGIF Happy Hour Courtyard Crew Heritage Hikers	Morning: Coffee Social Daily Chronicle Stretching Saturdays Afternoon: Coloring Club Sunshine Circle Table Games & Fun!
Morning: Coffee Social Daily Chronicle Stretching Sundays Catholic Church Service Afternoon: Movie Matinee & Snacks Sundaes on Sunday	Morning: Coffee & Chat, Daily Chronicle Motivational Monday Exercise Singalong with Susie Q Afternoon: Everyday Trivia Armchair Travel: Mexico Qwirkle	Morning: Daily Devotions, Daily Chronicle SingFit! Tai Chi Tuesdays Afternoon: Crafting Corner: Thumbprint Ferris Wheel Short Stories Rosary Group	ROOT BEER FLOAT DAY Morning: Zumba Gold Fitness Bocce Ball Afternoon: Bingo! Root Beer Floats and Fun! Glitz & Glamour (Nail Care)	Morning: Coffee & Chat, Daily Chronicle SingFit! Sensory Guessing Game Afternoon: Sit & Be Fit State Fair Games & Fun! Helping Hands (Folding)	Morning: Coffee Social, Daily Chronicle Feel Good Friday! Fitness Glitz & Glamour (Nail Care) Afternoon: TGIF Happy Hour Rewind & Reminisce Heritage House Calls (1:1)	Morning: Coffee Social, Daily Chronicle Stretching Saturdays Drum Circle with Daniel Hayes Afternoon: Engagement Bins Balloon Volleyball Word Puzzles
Morning: Coffee & Chat Daily Chronicle Stretching Sundays Catholic Church Service Afternoon: Movie Matinee & Snacks Sundaes on Sunday	Morning: Coffee & Chat, Daily Chronicle Motivational Monday Exercise Singalong with Susie Q Afternoon: Everyday Trivia Lutheran Church Service Armchair Travel: Australia	Morning: Daily Devotions, Daily Chronicle SingFit! Tai Chi Tuesdays Afternoon: Crafting Corner: Paper Plate Donut Bocce Ball Rosary Group	Morning: Coffee Social, Daily Chronicle Zumba Gold Fitness TV Concert- "Elvis Presley in Hawaii, 1973" Afternoon: Bingo! Resident Bible Study Glitz & Glamour (Nail Care)	CREAMSICLE DAY Morning: Coffee & Chat, Daily Chronicle SingFit! Sit & Be Fit Afternoon: Baking Buddies: Creamsicle Fluff Heritage House Calls (1:1)	RELAXATION DAY Morning: Coffee Social, Daily Chronicle Feel Good Friday! Fitness Aromatherapy & Hand Massages Afternoon: Music Therapy with McKenzie Courtyard Crew	Morning: Coffee Social Daily Chronicle Stretching Saturdays Afternoon: Coloring Club Sunshine Circle Table Games & Fun!
Morning: Coffee Social Daily Chronicle Stretching Sundays Catholic Church Service Afternoon: Movie Matinee & Snacks Sundaes on Sunday	Morning: Coffee & Chat, Daily Chronicle Motivational Monday Exercise Singalong with Susie Q Afternoon: Everyday Trivia Armchair Travel: Greece EZ Charades	Morning: Daily Devotions, Daily Chronicle SingFit! Tai Chi Tuesdays Afternoon: Crafting Corner: Jellyfish Salt Painting Bean Bag Toss Rosary Group	Morning: Coffee Social, Daily Chronicle Zumba Gold Fitness Baking Buddies: Mini Smores Pies Afternoon: Bingo! Wheelchair and Walker Wash! Glitz & Glamour (Nail Care) 6:15 Church Children Activity	Morning: Coffee & Chat, Daily Chronicle SingFit! Short Stories Afternoon: Sit & Be Fit Bowling Sensory Guessing Game	Morning: Coffee Social, Daily Chronicle Feel Good Friday! Fitness Glitz & Glamour (Nail Care) Afternoon: TGIF Happy Hour Rewind & Reminisce Heritage House Calls (1:1)	Morning: Coffee Social Daily Chronicle Stretching Saturdays Afternoon: Engagement Bins Balloon Volleyball Word Puzzles
Activities are the same as listed above	Morning: Coffee & Chat, Daily Chronicle Motivational Monday Exercise Singalong with Susie Q Afternoon: Everyday Trivia Lutheran Church Service Armchair Travel: Scotland	Morning: Daily Devotions, Daily Chronicle SingFit! Tai Chi Tuesdays Afternoon: Crafting Corner: Flower Arranging 6:00 German Shepherd Dog Club- Dog Tricks & Meeting Dogs	Morning: Zumba Gold Fitness Baking Buddies: Banana Sushi Afternoon: Bingo! Resident Bible Study Glitz & Glamour (Nail Care) 6:00 Summer Concert Series! "Seagull and Friends"	Morning: Coffee & Chat, Daily Chronicle SingFit! Sit & Be Fit Afternoon: TV Concert- "John Denver, 1976" Snack Hour Social Heritage House Calls (1:1)	Morning: Coffee Social, Daily Chronicle Feel Good Friday! Fitness Glitz & Glamour (Nail Care) Afternoon: TGIF Happy Hour Courtyard Crew Heritage Hikers	Morning: Coffee Social Daily Chronicle Stretching Saturdays Afternoon: Coloring Club Sunshine Circle Table Games & Fun!
Activities are the same as listed above						

SPECIAL EVENTS

Family Social: Wednesday, August 27th, from 6-7pm, Summer Concert Series
 Educational Presentation: Thursday, August 14th at 10:30am in EC1, "Pain Management with Aegis Therapy"

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

Memory Care

Community Life Enrichment Calendar

HERITAGE
SENIOR LIVING
Aspire | LINCOLN VILLAGE