

AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Birthday to You! Alice J. – 1 st Ken S. – 1 st Anne L. – 2 nd Domenick A. – 10 th Dolores T. – 13 th Marilyn G. – 14 th	Happy Birthday to You! Virgina W. – 21 st Babara H. – 22 nd Nancy D. – 26 th Ken V. – 30 th Mike Kohns – 31 st	*All outings Sign up at the Front Desk	Activity Location Key Pub – 1 st Floor EC – 2 nd Floor Activity Room Library – 2 nd Floor Theater – 3 rd Floor LR – 1 st Floor Piano Room Patio- Outdoor Patio		Morning Exercise 1 Afternoon SingFit 3:00 Happy Hour-Pub	Morning 2 Exercise 10:00 Donut Social – Pub Afternoon Bean Bag Toss 3:00 Bingo – Pub
Morning 3 Church on TV Sing Fit Afternoon Sensory Bins Story Time	Morning 4 Spiro 100 Bucket Toss Afternoon Table Games Dice Games	Morning 5 Exercise Manicures Afternoon Sensory Bins 3:00 Bingo – Pub	Morning 6 Spiro 100 Story Time 10:00 Lutheran Church – Pub Afternoon 1:30 Communion Service – Pub Bean Bag Toss	Morning 7 Exercise Sensory Bins 10:00 Chapel -Shepherds Care– EC Afternoon 1:00 Music in MC – Daniel Lovett Whack a balloon	Morning 8 Spiro100 Paint with Water Afternoon SingFit Ball Toss (beach ball) 3:00 Happy Hour-Pub	Morning 9 Exercise 10:00 Donut Social – Pub Afternoon Music Sing-along 3:00 Bingo – Pub
Morning 10 Church on TV Afternoon Whack a Ballon	Morning 11 Spiro 100 Toss across Afternoon Sensory Bins Card Bingo	Morning 12 Exercise Dice Games Afternoon 1:30 Music by Arlie- Pub 3:00 Bingo – Pub	Morning 13 Spiro 100 Story Time 10:00 Lutheran Church –Pub Afternoon Adult Coloring Sensory Bins	Morning 14 Exercise Bucket Toss Afternoon Card Games 3:00 Music by Dave Ross – Pub	Morning 15 Spiro100 Table Games Afternoon Whack A Ballon 1:30 Catholic Mass – Pub 3:00 Happy Hour-Pub	Morning 16 Exercise 10:00 Donut Social – Pub Afternoon Ball Toss (beach ball) 3:00 Bingo – Pub
Morning 17 Church on TV Story Time Afternoon Sensory Bins Whack a Ballon	Morning 18 Spiro 100 Adult Coloring Afternoon Sing Fit Left, Right Center	Morning 19 Exercise Manicures Afternoon Make a Dessert “Dirt Cake” 3:00 Music Elvis Show- Pub	Morning 20 Spiro 100 Story Time 10:00 Lutheran Church – Pub Afternoon Ball Toss (beach ball)	Morning 21 Exercise 10:00 Chapel -Shepherds Care– EC 9:30 Outing to the Park Afternoon Sensory Bins Card Bingo Game	Morning 22 Spiro100 10:15 Music by Francis – LR Afternoon SingFit Ball Toss (beach ball) 3:00 Happy Hour Birthday Party-Pub	Morning 23 Exercise 10:00 Donut Social – Pub Afternoon Music Sing-along 3:00 Bingo – Pub
Morning 24 Church on TV SingFit Afternoon Craft	Morning 25 Spiro 100 Adult Coloring Afternoon Left, Right Center Paint with Water	Morning 26 Exercise Bean Bag Toss Afternoon Sensory Bins 3:00 Cooking with Jason - Pub	Morning 27 Spiro 100 Story Time 10:00 Lutheran Church -Pub Afternoon SingFit Ball Toss (beach ball)	Morning 28 Exercise 10:00 BINGO STORE - EC Afternoon Dice Games Bucket Toss	Morning 29 Exercise 10:00 Music in MC- Harp Afternoon Table Games Sensory Bins	Morning 30 Exercise 10:00 Donut Social – Pub Afternoon Music Sing-along 3:00 Bingo – Pub
Morning 31 Church on TV Story Time Afternoon Adult Coloring						

SPECIAL EVENTS

Muffins and Coffee with Aegis Therapies August 4th@ 10:00- EC

Cooking with Chef Jason August 26th @ 3:00 - Pub

*All activities are subject to change when necessary. Residents’ families are invited to participate in community events.

Memory Care

Community Life Enrichment Calendar

HERITAGE
SENIOR LIVING
Aspire | LINCOLN VILLAGE