

AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Birthday to You! Alice J. – 1 st Ken S. – 1 st Anne L. – 2 nd Domenick A. – 10 th Dolores T. – 13 th Marilyn G. – 14 th	Happy Birthday to You! Virginia W. – 21 st Babara H. – 22 nd Nancy D. – 26 th Ken V. – 30 th Mike Kohns – 31 st	*All outings Sign up at the Front Desk	Activity Location Key Pub – 1 st Floor EC – 2 nd Floor Activity Room Library – 2 nd Floor Theater – 3 rd Floor LR – 1 st Floor Piano Room Patio- Outdoor Patio		9:30 Exercise – EC 1 9:30 Pool Exercises - Pool 10:00 Card Games - EC 1:00 Popcorn & Movie -Theater 3:00 Happy Hour – Pub	9:30 Chair Yoga - EC 2 10:00 Donut Social - Pub 1:30 Dice Games - EC 3:00 Bingo – Pub
3 9:00 Catholic Mass on TV- Theater 10:00 Craft Time –EC 1:30 SingFit - EC 3:00 Kickball- EC	9:30 Exercise – EC 4 10:00 Muffins & Coffee with Aegis Therapy . “ Falls & Fall Prevention” 1:00 Popcorn & Movie -Theater <i>National Chocolate Chip Cookie Day</i>	9:30 Exercise – EC 5 9:30 Outing to Pick n Save 10:00 Manicures – EC 1:30 Trivia – Pub 3:00 Bingo - Pub	9:30 Exercise – EC 6 10:00 Lutheran Church – Pub 1:30 Catholic Communion Service – Pub 3:00 Card Games 3:00 Grief Support Group- Theater	9:30 Exercise – EC 7 9:30 Outing to the NEW ZOO 10:00 Chapel Service-Shepherds Care- EC 1:30 Dice Games 2:30 Music by Buckshot-Pub	9:30 Exercise – EC 8 9:30 Pool Exercises - Pool 10:00 Word Games - EC 1:00 Popcorn & Movie -Theater 3:00 Happy Hour – Pub	9:30 Chair Yoga – EC 9 10:00 Donut Social - Pub 3:00 Bingo – Pub
10 9:00 Catholic Mass on TV- Theater 10:00 Card Games –EC 3:00 SingFit - EC	9:30 Exercise – EC 11 10:00 Trivia – Pub 1:00 Popcorn & Movie -Theater	9:30 Exercise - EC 12 9:30 Outing to Target 10:00 Craft- EC 1:30 Music by Arlie- Pub 3:00 Bingo – Pub	9:30 Exercise – EC 13 10:00 Lutheran Church – Pub 1:30 Pong Cup - EC 3:00 Ladder Toss - EC 3:00 Grief Support Group- Theater	9:30 Exercise – EC 14 10:00 Card Games - EC 11:30 Lunch outing to Uncle Mike’s 1:30 Tee Time Golf – EC 3:00 Music by Dave Ross – Pub	9:30 Exercise – EC 15 9:30 Pool Exercises - Pool 10:00 Dice Games - EC 1:00 Popcorn & Movie -Theater 1:30 Catholic Mass – Pub 3:00 Happy Hour – Pub	9:30 Exercises – EC 16 10:00 Donut Social - Pub 1:30 Board Games - EC 3:00 Bingo – Pub
17 9:00 Catholic Mass on TV- Theater 10:00 Craft Time – EC 1:30 SingFit- EC 3:00 Dice Games- EC	9:30 Exercise – EC 18 10:00 Trivia – Pub 1:00 Popcorn & Movie -Theater	9:30 Exercise – EC 19 9:30 Outing to Walmart 10:00 Manicures – EC 1:30 Resident Council – Pub 3:00 Music Elvis Show- Pub	9:30 Exercise – EC 20 10:00 Lutheran Church – Pub 1:30 Tee Time Golf -EC 3:00 Bingo – Pub 3:00 Grief Support Group- Theater	9:30 Exercise – EC 21 10:00 Chapel Service-Shepherds Care- EC 1:30 Staff Meeting 3:00 Bean Bag Toss - EC	9:30 Exercise – EC 22 9:30 Pool Exercises – Pool 10:00 Book Club – Pub 10:15 Music by Francis – LR 1:00 Popcorn & Movie -Theater 3:00 Happy Hour – Pub	9:30 Chair Yoga – EC 23 10:00 Donut Social - Pub 3:00 Bingo – Pub
24 9:00 Catholic Mass on TV- Theater 10:00 Card Games - EC 1:30 SingFit - EC	9:30 Exercise – EC 25 10:00 Trivia – Pub 1:00 Popcorn & Movie -Theater <i>National Park Service Day</i>	9:30 Exercise – EC 26 9:30 Outing to Festival 10:00 Word Games - EC 1:30 Bingo - Pub 3:00 Cooking with Jason - Pub	9:30 Exercise – EC 27 10:00 Lutheran Church – Pub 1:30 Card Games - EC 3:00 Tee Time Golf 3:00 Grief Support Group- Theater	10:00 BINGO STORE - EC 28 1:30 Outing to Frogg’s Ice Cream 3:00 Baking Club – EC <i>National Cherry Turnover Day</i>	9:30 Exercise – EC 29 9:30 Pool Exercises - Pool 10:00 Board Games – EC 1:00 Popcorn & Movie -Theater 3:00 Happy Hour – Pub Birthday Party	10:00 Donut Social - Pub 3:00 Bingo – Pub
31 9:00 Catholic Mass on TV- Theater 10:00 Bean Bag Toss –EC 1:30 SingFit - EC 3:00 Kickball- EC						

SPECIAL EVENTS

Muffins and Coffee with Aegis Therapies August 4th@ 10:00- EC

Cooking with Chef Jason August 26th @ 3:00 - Pub

**All activities are subject to change when necessary. Residents’ families are invited to participate in community events.*

Assisted Living / Enhanced Care
Community Life Enrichment Calendar

HERITAGE
SENIOR LIVING
Aspire | LINCOLN
VILLAGE