








# AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Happy Birthday!</b> Aurea S. – August 24 <sup>th</sup> Ethel B. – August 25 <sup>th</sup> 	<b>August is National:</b> Melon Month Book Lover's Month Fair Days Month Sunflower Month   	<b>Special Days we will celebrate:</b> National Coast Guard Day National Senior Citizen Day Ice Cream Sandwich Day National Dog Day   				
<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Mass on Chan. 26 Flex, Fit, & Fun Exercise <b>Afternoon:</b> Heritage Hikers <i>Brewers @ Nationals – 12:35PM</i> <b>All Day: U-Pick Puzzles &amp; Word Games @ the Activity Board</b>	<b>National Coast Guard Day</b> <b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> Monday Manicures & Music <b>Afternoon:</b> "Travel" to Milan, Italy & SPUMONI Ice Cream Tasting 1:1 Manicure Room Visits	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise DICE Games <b>Afternoon:</b> BINGO! Dynseo Trivia Heritage Hikers	<b>International Friendship Day</b> <b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise <b>Afternoon:</b> Popcorn/Movie Matinee: "Turner & Hooch" w/ Tom Hanks 1:1: Popcorn Cart Room Visits Heritage Hikers	<b>Morning:</b> Chronicles/Devotion <b>SPIRO 100 Exercise</b> <b>Art: Adult Coloring Pages</b> <b>Afternoon:</b> Dynseo Trivia & The Farmer's Almanac Resident Council	<b>Morning:</b> Daily Chronicles 10:30 AM Catholic Communion Donut Friday/Coffee Social <b>ANGEL Group Categories Game</b> <b>Afternoon:</b> Candy Pokeno! T.G.I.F. Happy Hour Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise <b>Afternoon:</b> Popcorn/Movie Classics: "The Borrowers" w/Eddie Albert 1:1 Engagement: Popcorn Cart Room Visits <i>Brewers @ Nationals – 3:05PM</i>
<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Mass on Chan. 26 Flex, Fit, & Fun Exercise <b>Afternoon:</b> Heritage Hikers <i>Brewers @ Nationals – 12:35PM</i> <b>All Day: U-Pick Puzzles &amp; Word Games @ the Activity Board</b>	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> Monday Manicures & Music <b>Afternoon:</b> The Tall Tales Book Emporium & Benefits of Reading/Being Read to (courtyard) 1:1 Manicure Room Visits	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise UNO! Card Game <b>Afternoon:</b> BINGO! Dynseo Trivia Melon Month Melon Snacks Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise Lessons from the Cowardly Lion <b>Afternoon:</b> Popcorn/Movie Matinee: "The Wizard of Oz" w/ Judy Garland 1:1: Popcorn Cart Room Visits Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> EZ Summer Sunflower Craft & "Why Do They Follow the Sun?" <b>Afternoon:</b> 2:00PM Live Music w/ Brian Olson Dynseo Trivia & SUN Word Match	<b>Morning:</b> Daily Chronicles 10:30 AM Catholic Communion Donut Friday/Coffee Social <b>LAKES Group Categories Game</b> <b>Afternoon:</b> Candy Pokeno /Afternoon Stretch T.G.I.F. Happy Hour Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise <b>Afternoon:</b> Popcorn/Movie Classics: "Against a Crooked Sky" w Richard Boone 1:1 Engagement: Popcorn Cart Room Visits <i>Brewers @ Reds – 5:40PM</i>
<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Mass on Chan. 26 Flex, Fit, & Fun Exercise <b>Afternoon:</b> Heritage Hikers <i>Brewers @ Reds – 12:40PM</i> <b>All Day: U-Pick Puzzles &amp; Word Games @ the Activity Board</b>	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> Monday Manicures & Music <b>Afternoon:</b> Travelogue: Milan Italy & SPUMONI Ice Cream Snack 1:1 Manicure Room Visits	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise DICE Games <b>Afternoon:</b> BINGO! Dynseo Trivia Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise Sea Shore Sensory Walk <b>Afternoon:</b> Popcorn/Movie Matinee: "Free Willy" & So Much "SUN" Game 1:1: Popcorn Cart Room Visits Heritage Hikers	<b>National Senior Citizen Day</b> <b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> Sr. Day Proclamation & Fun Facts <b>Afternoon:</b> 2:00PM Live Music Entertainment Dynseo Trivia	<b>Morning:</b> Daily Chronicles 10:30 AM Catholic Communion Donut Friday/Coffee Social <b>MUSIC Group Categories Game</b> <b>Afternoon:</b> Candy Pokeno /Afternoon Stretch T.G.I.F. Happy Hour Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise <b>Afternoon:</b> Popcorn/Movie Classics: "Singin' in the Rain" w/ Gene Kelley 1:1: Popcorn Cart Room Visits Heritage Hikers <i>Giants @ Brewers – 6:10PM</i>
See Activity Schedule from August 10 <sup>th</sup> <i>Giants @ Brewers – 1:10PM</i>	<b>Morning:</b> Chronicles/Devotion <b>SPIRO 100 Exercise</b> Monday Manicures & Music <b>Afternoon:</b> "Keep Your Cool Day" – Indoor Bocce in the Den & Choco Chip Cookie Ice Cream Sandwiches 1:1 Manicure Room Visits	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise UNO! Card Game <b>Afternoon:</b> BINGO! in the Dining Room National Dog Day w/ Dog Visitors Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise "Buying into Thrifting" & 20 Finds <b>Afternoon:</b> Popcorn/Movie Matinee: "The Money Pit" 1:1: Popcorn Cart Room Visits Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> <b>Art: Paint by Number</b> <b>Afternoon:</b> 1:15 PM Sassu Furry Friends in the Heritage Den Dynseo Trivia	<b>Morning:</b> Daily Chronicles 10:30 AM Catholic Communion Donut Friday/Coffee Social <b>Afternoon:</b> Candy Pokeno /Afternoon Stretch T.G.I.F. Happy Hour & August Birthdays Celebration! Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise <b>Afternoon:</b> Popcorn/Movie Classics: "Till the Clouds Roll By" w/ Judy Garland 1:1: Popcorn Cart Room Visits Heritage Hikers <i>Brewers @ Blue Jays – 2:07PM</i>
See Activity Schedule from August 17 <sup>th</sup> <i>Brewers @ Blue Jays – 12:37PM</i>						

Memory Care

Community Life Enrichment Calendar

## SPECIAL EVENTS

Family Social: August 8th at 1pm and August 29<sup>th</sup> at 2 pm

Educational Presentation: August 11<sup>th</sup> at 1 pm

*\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

HERITAGE  
SENIOR LIVING  
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