




JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		10:00 Morning Stretch & Exercise-2AR 1:00 Shopping at Target*** 3:00 Happy Hour- Pub Beauty Shop Open	9:45 Morning Stretch & Exercise-2AR 10:30 Worship Service-2DR 1:30 King's in the Corner-2AR 3:00 Spiro 100 Chair Yoga-2AR	10:00 Morning Stretch & Exercise-2AR 11:00 SingFit- 2AR 1:30 Skip Bo- 2AR 3:00 Happy Hour- Pub Beauty Shop Open	10:00 Morning Stretch & Exercise-2AR 1:30 Resident Choice Game Time--2AR 3:00 Happy Hour- 1DR Independence Day	10:00 Morning Stretch & Exercise-2AR 1:30 Resident Choice Game Time -2AR 3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church Service- YouTube-2AR 1:30 Pub Trivia- Pub 3:00 Rummikub- -2AR	10:00 Morning Stretch & Exercise- 2AR 10:30 Presentation with Aegis Therapy - 2AR 1:30 Arts & Crafts-2AR 3:00 Mexican Train-2AR	10:00 Morning Stretch & Exercise-2AR 1:30 Resident Council Meeting- 1DR 3:00 Happy Hour-Pub Beauty Shop Open	9:45 Morning Stretch & Exercise-2AR 10:30 Worship Service-2DR 1:30 King's in the Corner-2AR 3:00 Resident Birthday Social- 1DR 4:00 Sequence- 1DR	10:00 Morning Stretch & Exercise-2AR 11:00 SingFit- 2AR 1:30 Skip Bo- 2AR 3:00 Happy Hour- Pub Beauty Shop Open	10:00 Morning Stretch & Exercise-2AR 1:30 Resident Choice Game Time--2AR 3:00 Happy Hour- 1DR	10:00 Morning Stretch & Exercise-2AR 1:30 Resident Choice Game Time -2AR 3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church Service- YouTube-2AR 1:30 Pub Trivia- Pub 3:00 Rummikub- -2AR	10:00 Morning Stretch & Exercise-2AR 1:30 Food Craft- 2AR 3:00 Mexican Train- 2AR	10:00 Morning Stretch & Exercise-2AR 1:00 Shopping at Kohls*** 3:00 Happy Hour- Pub Beauty Shop Open	9:00 Coffee Clutch- 2DR 9:45 Morning Stretch & Exercise-2AR 10:30 Worship Service-2DR Brunch Outing to The Golden Nest Pancake Cafe*** 1:30 King's in the Corner-2AR 3:00 Chair Yoga	9:00 Coffee with Veteran's-1DR 10:00 Morning Stretch & Exercise-2AR 11:00 SingFit- 2AR 1:30 Skip Bo- 2AR 3:00 Happy Hour- Pub Beauty Shop Open	10:00 Morning Stretch & Exercise-2AR 1:30 Resident Choice Game Time--2AR 3:00 Happy Hour- 1DR 3:00 Harp Music with Shari- MC	10:00 Morning Stretch & Exercise-2AR 1:30 Resident Choice Game Time -2AR 3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church Service- YouTube-2AR 1:30 Pub Trivia- Pub 3:00 Rummikub- -2AR	10:00 Morning Stretch & Exercise- 2AR 1:30 Arts & Crafts-2AR 3:00 Mexican Train-2AR	10:00 Morning Stretch & Exercise-2AR 1:00 Shopping at Wal Mart*** 3:00 Happy Hour- Pub Beauty Shop Open	9:45 Morning Stretch & Exercise-2AR 10:30 Worship Service-2DR 1:30 King's in the Corner-2AR 3:00 New Resident Meet & Greet- 1DR 4:00 Sequence- 1DR	10:00 Morning Stretch & Exercise-2AR 11:00 SingFit- 2AR 1:30 Skip Bo- 2AR 3:00 Happy Hour- Pub Beauty Shop Open	10:00 Morning Stretch & Exercise-2AR 1:30 Resident Choice Game Time--2AR 3:00 Happy Hour- 1DR	10:00 Morning Stretch & Exercise-2AR 1:30 Resident Choice Game Time -2AR 3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church Service- YouTube-2AR 1:30 Pub Trivia- Pub 3:00 Rummikub- -2AR	10:00 Morning Stretch & Exercise-2AR 1:30 Food Craft- 2AR 3:00 Mexican Train- 2AR	10:00 Morning Stretch & Exercise-2AR 1:00 Shopping at Festival*** 3:00 Happy Hour- Pub Beauty Shop Open	9:00 Coffee Clutch- 2DR 9:45 Morning Stretch & Exercise-2AR 10:30 Worship Service-2DR 1:30 King's in the Corner-2AR 3:00 Musical Performance with Bella Musik- 1DR	10:00 Morning Stretch & Exercise-2AR 11:00 SingFit- 2AR 1:30 Skip Bo- 2AR 3:00 Happy Hour- Pub Beauty Shop Open	Activity Location Key 2AR- 2nd Floor Activity Room 2SR- 2nd Floor Sunroom 1DR- 1st Floor Dining Room 2DR- 2nd Floor Dining Room ***Sign Up Required	

Independent Living Activities* Calendar

*All activities are subject to change when necessary. Residents' families are invited to participate in community events.