	🔄 🖈 👘 * 🔭 🖌 * 📜					🖈 * 🔭 🖌
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy		10:00 Morning Stretch & 1 Exercise-2AR	9:45 Morning Stretch & 2 Exercise-2AR	10:00 Morning Stretch & 3 Exercise-2AR 11:00 SingFit- 2AR	10:00 Morning Stretch & 4 Exercise-2AR	10:00 Morning Stretch & 5 Exercise-2AR
4th of July		 1:00 Shopping at Target*** 3:00 Happy Hour- Pub Beauty Shop Open 	10:30 Worship Service-2DR1:30 King's in the Corner-2AR3:00 Spiro 100 Chair Yoga-2AR	1:30 Skip Bo- 2AR 3:00 Happy Hour- Pub Beauty Shop Open	1:30 Resident Choice Game Time2AR	1:30 Resident Choice Game Time -2AR
					3:00 Happy Hour- 1DR Independence Day	3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church Service- YouTube-2AR 1:30 Pub Trivia- Pub	10:00 Morning Stretch &7Exercise- 2AR10:30 Presentation with Aegis	10:00 Morning Stretch & 8 Exercise-2AR 1:30 Resident Council Meeting- 1DR	9:45 Morning Stretch & 9 Exercise-2AR 10:30 Worship Service-2DR	10:00 Morning Stretch & 10 Exercise-2AR 11:00 SingFit- 2AR 1:30 Skip Bo- 2AR	10:00 Morning Stretch & 11 Exercise-2AR	10:00 Morning Stretch & 12 Exercise-2AR 1:30 Resident Choice Game
3:00 Rummikub2AR	Therapy - 2AR 1:30 Arts & Crafts-2AR 3:00 Mexican Train-2AR	3:00 Happy Hour-Pub Beauty Shop Open	 1:30 King's in the Corner-2AR 3:00 Resident Birthday Social- 1DR 4:00 Sequence- 1DR 	3:00 Happy Hour- Pub Beauty Shop Open	1:30 Resident Choice GameTime2AR3:00 Happy Hour- 1DR	Time -2AR 3:00 Movie Matinee & Popcorn- Theatre
13 10:00 Virtual Church Service- YouTube-2AR 1:30 Pub Trivia- Pub 3:00 Rummikub2AR	10:00 Morning Stretch &14Exercise-2AR1:30 Food Craft- 2AR3:00 Mexican Train- 2AR	10:00 Morning Stretch &15Exercise-2AR1:00 Shopping at Kohls***3:00 Happy Hour- PubBeauty Shop Open	9:00 Coffee Clutch- 2DR 9:45 Morning Stretch & Exercise-2AR 10:30 Worship Service-2DR Brunch Outing to The Golden Nest Pancake Cafe*** 1:30 King's in the Corner-2AR 3:00 Chair Yoga	9:00 Coffee with Veteran's-1DR 17 10:00 Morning Stretch & Exercise-2AR 11:00 SingFit- 2AR 1:30 Skip Bo- 2AR 3:00 Happy Hour- Pub Beauty Shop Open	10:00 Morning Stretch & Exercise-2AR181:30 Resident Choice Game Time2AR	10:00 Morning Stretch &19Exercise-2AR1:30 Resident Choice Game1:30 Resident Choice Game1Time -2AR3:00 Movie Matinee &Popcorn- Theatre1
20 10:00 Virtual Church Service- YouTube-2AR 1:30 Pub Trivia- Pub 3:00 Rummikub2AR	21 10:00 Morning Stretch & Exercise- 2AR 1:30 Arts & Crafts-2AR 3:00 Mexican Train-2AR	 10:00 Morning Stretch & Exercise-2AR 1:00 Shopping at Wal Mart*** 3:00 Happy Hour- Pub Beauty Shop Open 	23 9:45 Morning Stretch & Exercise-2AR 10:30 Worship Service-2DR 1:30 King's in the Corner-2AR 3:00 New Resident Meet & Greet- 1DR 4:00 Sequence- 1DR	10:00 Morning Stretch &24Exercise-2AR11:00 SingFit- 2AR1:30 Skip Bo- 2AR3:00 Happy Hour- PubBeauty Shop Open	10:00 Morning Stretch & Exercise-2AR251:30 Resident Choice Game Time2AR	10:00 Morning Stretch & Exercise-2AR261:30 Resident Choice Game Time -2AR3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church27Service- YouTube-2AR1:30 Pub Trivia- Pub3:00 Rummikub2AR	 10:00 Morning Stretch & 28 Exercise-2AR 1:30 Food Craft- 2AR 3:00 Mexican Train- 2AR 	10:00 Morning Stretch &29Exercise-2AR1:00 Shopping at Festival***3:00 Happy Hour- PubBeauty Shop Open	9:00 Coffee Clutch- 2DR 9:45 Morning Stretch & Exercise-2AR 10:30 Worship Service-2DR 1:30 King's in the Corner-2AR 3:00 Musical Performance with Bella Musik- 1DR	10:00 Morning Stretch &31Exercise-2AR11:00 SingFit- 2AR1:30 Skip Bo- 2AR3:00 Happy Hour- PubBeauty Shop Open	Activity Location Key 2AR- 2nd Floor Activity Room 2SR- 2nd Floor Sunroom 1DR- 1 st Floor Dining Room 2DR- 2 nd Floor Dining Room ***Sign Up Required	

Independent Living Activities* Calendar

Community Life Enrichment Calendar

*All activities are subject to change when necessary. Residents' families are invited to participate in community events.

dar ate in community events. $\underbrace{HERITAGE}_{\text{SENIOR LIVING}} \\ \underbrace{HERITAGE}_{\text{Senior LIVING} \\ \\ \underbrace{HERITAGE}_{\text{SENIOR LIVING}} \\ \underbrace{HERITAGE}_{\text{SENIOR LIVING} \\ \\ \underbrace{HERITAGE}_{\text{SENIOR LIVING}$