




# JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 Joan G. July 31 <sup>st</sup>	<b>Morning:</b> July IQ & AM Devotion Flex, Fit, & Fun Exercise UNO! Card Game <b>Afternoon:</b> BINGO! The Knitting Tree Story Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise Change the 1 <sup>st</sup> Letter <b>Afternoon:</b> Popcorn/Movie Matinee: "The Sound of Music" 1:1: Popcorn Cart Room Visits Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> Back in Time: Remembering the Moon Landing <b>Afternoon:</b> Crafting: Patriotic Polka Dot Art July Fun Facts and ?'s	<b>WEAR Red, White, &amp; BLUE DAY</b> <b>Morning:</b> Chronicles/Devotion Flex, Fit, & Fun Exercise "Outside In" Backyard Game: Corn Hole & Donut/ Coffee Social <b>Afternoon:</b> T.G.I.F. Happy Hour w/ Patriotic Sing A Long – All Welcome! BINGO! <b>Independence Day</b>	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise <b>Afternoon:</b> Popcorn/Movie Classics: "Royal Wedding" w/Fred Astaire 1:1 Engagement: Popcorn Cart Room Visits Heritage Hikers
<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Mass on Chan. 26 Flex, Fit, & Fun Exercise <b>Afternoon:</b> Heritage Hikers Brewers @ Marlins – 12:40PM All Day: U-Pick Puzzles & Word Games @ the Activity Board	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> Monday Manicures & Music <b>Afternoon:</b> Candy Pokeno! Resident Council 1:1 Manicure Room Visits	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise WORD Scramble Game <b>Afternoon:</b> BINGO! Dynseo Trivia Challenge Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise Concentration Rebus Puzzles <b>Afternoon:</b> Popcorn/Movie Matinee: "The Pursuit of Happiness" 1:1: Popcorn Cart Room Visits Heritage Hikers	<b>Morning:</b> Chronicles/Devotion <b>SPIRO 100 Exercise</b> Crafting: Adult Coloring Pages <b>Afternoon:</b> 1:15 PM Sassu Furry Friends in the Heritage Den Dynseo Trivia Challenge (6PM Effective Comm. Strategies for Families – Alzheimer's Assoc.)	<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Communion Service Donut Friday/Coffee Social CREAM Categories Game <b>Afternoon:</b> SING FIT Exercise T.G.I.F. Happy Hour BINGO!	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise <b>Afternoon:</b> Popcorn/Movie Classics: "Wacky Taxi" w/ John Astin 1:1 Engagement: Popcorn Cart Room Visits Heritage Hikers
<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Mass on Chan. 26 Flex, Fit, & Fun Exercise <b>Afternoon:</b> Heritage Hikers Nationals @ Brewers – 1:10PM All Day: U-Pick Puzzles & Word Games @ the Activity Board	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> Monday Manicures & Music <b>Afternoon:</b> Candy Pokeno! What's Your Verdict? 1:1 Manicure Room Visits	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise UNO! Card Game <b>Afternoon:</b> BINGO! Dynseo Trivia Challenge Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise Finish the Song Lyric <b>Afternoon:</b> Popcorn/Movie Matinee: "Field of Dreams" 1:1: Popcorn Cart Room Visits Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> Crafting: Paper Fans <b>Afternoon:</b> 2:00PM Live Music w/ Brian Olson Dynseo Trivia Challenge	<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Communion Service Donut Friday/Coffee Social Scattergories <b>Afternoon:</b> SING FIT Exercise T.G.I.F. Happy Hour BINGO!	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise <b>Afternoon:</b> Popcorn/Movie Classics: : "Till the Clouds Roll By" w/Judy Garland 1:1 Engagement: Popcorn Cart Room Visits Heritage Hikers
<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Mass on Chan. 26 Flex, Fit, & Fun Exercise <b>Afternoon:</b> Heritage Hikers Brewers @ Dodgers – 3:10PM All Day: U-Pick Puzzles & Word Games @ the Activity Board	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> Monday Manicures & Music <b>Afternoon:</b> Candy Pokeno! Wacky Wordies 1:1 Manicure Room Visits	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise WORD Scramble Game <b>Afternoon:</b> BINGO! Dynseo Trivia Challenge Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise What's the Scoop? <b>Afternoon:</b> Popcorn/Movie Matinee: "We Bought a Zoo" 1:1: Popcorn Cart Room Visits Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> Crafting:Paint by #: Seashells <b>Afternoon:</b> Dynseo Trivia Challenge Travelogue: Visiting The Great Lakes	<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Communion Service Donut Friday/Coffee Social FLINT Categories Game <b>Afternoon:</b> SING FIT Exercise T.G.I.F. Happy Hour BINGO!	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise <b>Afternoon:</b> Popcorn/Movie Classics: "The Big Trees" w/Kirk Douglas 1:1: Popcorn Cart Room Visits Heritage Hikers Marlins @ Brewers – 6:10PM
<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Mass on Chan. 26 Flex, Fit, & Fun Exercise <b>Afternoon:</b> Heritage Hikers Marlins @ Brewers – 6:10PM All Day: U-Pick Puzzles & Word Games @ the Activity Board	<b>WEAR BLUE for BLUE Monday and Blueberry Month!</b> <b>Morning:</b> Chronicles/Devotion <b>SPIRO 100 Exercise</b> Monday Manicures & Music <b>Afternoon:</b> Candy Pokeno! & Blueberry Snack Searching for Opposites 1:1 Manicure Room Visits	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise UNO! Card Game <b>Afternoon:</b> BINGO in the Dining Room Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise You Be the Judge <b>Afternoon:</b> Popcorn/Movie Matinee: Resident's Pick 1:1: Popcorn Cart Room Visits Heritage Hikers	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> Crafting: Hoedown Name Plates <b>Afternoon:</b> 2:00PM Live Entertainment & July Birthdays Celebration! Dynseo Trivia Challenge	July is National: Blueberry & Ice Cream Month Patriotic Month Backyard Games Month  National Days we will celebrate: Man on the Moon Day Independence Day BLUE Monday	

Memory Care

Community Life Enrichment Calendar

## SPECIAL EVENTS

Family Social July 4<sup>th</sup> at 1pm and Family Education Workshop July 10<sup>th</sup> at 6PM

Resident Educational Presentations: July 3<sup>rd</sup> at 10 am and July 24<sup>th</sup> at 2PM

\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.

HERITAGE  
SENIOR LIVING  
Aspire | LINCOLN VILLAGE