

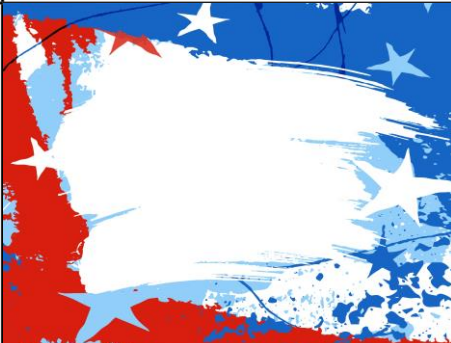
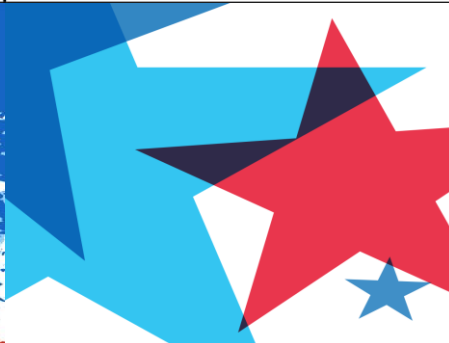


# JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Heritage Happenings <sup>1</sup> Sit N' Fit <b>10:00 Josh Foley the Magician</b> <b>Lunch</b> <b>Virtual Mass</b> Heritage Hikers True or False	Nail Salon <sup>2</sup> Sit N' Fit Heritage Happenings <b>Lunch</b> Heritage Hikers Would You Rather	Sit N' Fit <sup>3</sup> Heritage Happenings Trivia Thursday <b>Lunch</b> Heritage Hikers Sing Fit by the Fireplace Craft Time	Fill in the Blank <sup>4</sup> Sit N' Fit <b>Lunch</b> Heritage Hikers <b>2:00 July 4<sup>th</sup> Celebration in Memory Care</b> <b>Independence Day</b>	Sit N' Fit <sup>5</sup> Heritage Happenings Silly Saturdays <b>Lunch</b> Heritage Hikers Coloring and Conversation
Heritage Happenings <sup>6</sup> Doughnut Delivery <b>Virtual Mass</b> <b>Lunch</b> Heritage Hikers Movie and Popcorn	Sit N' Fit <sup>7</sup> Heritage Happenings Monday Meditation <b>Lunch</b> <b>1pm Joe Kadlec by fireplace</b> Heritage Hikers Motivational Monday	Sit N' Fit <sup>8</sup> Heritage Happenings Nail Salon <b>Lunch</b> <b>Virtual Mass</b> Sing Fit Heritage Hikers	Sit N' Fit <sup>9</sup> Heritage Happenings <b>Lunch</b> Heritage Hikers Sing Fit Would You Rather	Sit N' Fit <sup>10</sup> Heritage Happenings Trivia Thursday <b>Lunch</b> Heritage Hikers Sing Fit by the Fireplace Craft Time	Fill in the Blank <sup>11</sup> Sit N' Fit <b>Lunch</b> Heritage Hikers <b>2:00 Cooking Demo with Chef Chad in the Pub</b> Patio Time if it is nice out	Sit N' Fit <sup>12</sup> Heritage Happenings Silly Saturdays <b>Lunch</b> Heritage Hikers Coloring and Conversation
Heritage Happenings <sup>13</sup> Doughnut Delivery <b>Virtual Mass</b> <b>Lunch</b> Heritage Hikers Movie and Popcorn	Sit N' Fit <sup>14</sup> Heritage Happenings Monday Meditation <b>Lunch</b> Sing Fit Heritage Hikers Motivational Monday	Sit N' Fit <sup>15</sup> Heritage Happenings <b>Lunch</b> <b>Virtual Mass</b> Sing Fit Heritage Hikers True or False	Nail Salon <sup>16</sup> Sit N' Fit Heritage Happenings <b>Lunch</b> Heritage Hikers Would You Rather	Sit N' Fit <sup>17</sup> Heritage Happenings Trivia Thursday <b>Lunch</b> Heritage Hikers Sing Fit by the Fireplace Craft Time	Sit N' Fit <sup>18</sup> Heritage Happenings <b>Lunch</b> Heritage Hikers Birthday Cake Patio Time if it is nice out	Sit N' Fit <sup>19</sup> Heritage Happenings Silly Saturdays <b>Lunch</b> Heritage Hikers Coloring and Conversation
Heritage Happenings <sup>20</sup> Doughnut Delivery <b>Virtual Mass</b> <b>Lunch</b> Heritage Hikers Movie and Sundeas Bar	Sit N' Fit <sup>21</sup> Heritage Happenings Monday Meditation <b>Lunch</b> Sing Fit Heritage Hikers Motivational Monday	Sit N' Fit <sup>22</sup> Heritage Happenings Nail Salon <b>Lunch</b> <b>Virtual Mass</b> Sing Fit Heritage Hikers	Sit N' Fit <sup>23</sup> Heritage Happenings <b>Lunch</b> Heritage Hikers Sing Fit Would You Rather	<b>Drive-Thru Day</b> <sup>24</sup> Sit N' Fit Heritage Happenings Trivia Thursday <b>Lunch</b> Heritage Hikers Sing Fit by the Fireplace Craft Time	Fill in the Blank <sup>25</sup> Sit N' Fit <b>Lunch</b> Heritage Hikers Cheese Platter Patio Time if it is nice out	Sit N' Fit <sup>26</sup> Heritage Happenings Silly Saturdays <b>Lunch</b> Heritage Hikers Coloring and Conversation
Heritage Happenings <sup>27</sup> Doughnut Delivery <b>Virtual Mass</b> <b>Lunch</b> Heritage Hikers Movie and Popcorn	Sit N' Fit <sup>28</sup> Heritage Happenings <b>Lunch</b> <b>1pm Drum Circle in Assisted Living</b> Heritage Hikers Motivational Monday	<b>Parents Day!</b> <sup>29</sup> Sit N' Fit Heritage Happenings <b>Lunch</b> <b>Virtual Mass</b> Heritage Hikers True or False	Nail Salon <sup>30</sup> Sit N' Fit Heritage Happenings <b>Lunch</b> Heritage Hikers Would You Rather	Sit N' Fit <sup>31</sup> Heritage Happenings Trivia Thursday <b>Lunch</b> Heritage Hikers Sing Fit by the Fireplace Craft Time		

## SPECIAL EVENTS

7/4 Fourth of July Celebration at 2pm

7/7 Joe Kadlec by the fireplace at 1pm

*\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.*