

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Happy Birthday! 7/5 Barb R. 7/9 Sylvia N. 7/26 Fred B.	Morning: 1 Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Summer Ice Cream Series: Creative Ice Cream Flavors in the Courtyard SingFit Session	Morning: 2 Morning Social Bible Study w/Mark @10:30am Spiro 100: Morning Exercise Afternoon: Music w/Wayne Compeau @2:00pm Magazine Search and Chat	Morning: 3 Morning Social Travel Club: The White House @10:30am Afternoon: Themed Lunch @12:00pm 4th of July Social @2:00pm Independence Day Craft: Fork Firework Canvas Painting	Morning: 4 Morning Social Spiro 100: Morning Exercise Afternoon: 4th of July Grill-Out @12:00pm 4 th of July Bingo Courtyard Crew & Yard Games Independence Day	Morning: 5 Morning Social: Devotions and Daily Chronicle Stretches w/Staff Afternoon: Saturday Afternoon Gathering Popcorn and Refreshments Brain Games
Morning: 6 Morning Social: Devotions and Daily Chronicle Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Afternoon Gathering Coloring and Activity Sheets	Morning: 7 Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Rock-N-Roll Happy Hour Summer Ice Cream Series: Strawberry Sundaes Manicure Monday!	Morning: 8 Catholic Communion @9:45am Morning Social Chair Yoga w/Barb @11:15am Afternoon: Therapy Dog Chelsea Visit @1:00pm Music w/Larry Radle @2:00pm Freezer Pops in the Courtyard	Morning: 9 Brainthoven Session w/Holly Fentress @10:00am Spiro 100: Morning Exercise Afternoon: What's The Scoop? Summer Pair-Up's SingFit Session	Morning: 10 Outing to Summer Sings Series @9:00am Morning Social Afternoon: Therapy Dog Coda Visit @2:00pm Build-a-Birdhouse Craft Finish the Song	Morning: 11 Baking Club: Blueberry Muffins! Morning Social Spiro 100: Morning Exercise Afternoon: Bingo Courtyard Crew & Yard Games Finish the Phrase	Morning: 12 Morning Social: Devotions and Daily Chronicle Stretches w/Staff Afternoon: Saturday Afternoon Gathering Popcorn and Refreshments Music w/Brad Jacobson @2:00pm
Morning: 13 Morning Social: Devotions and Daily Chronicle Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Afternoon Gathering Coloring and Activity Sheets	Morning: 14 Morning Social: Devotions and Daily Chronicle Chair Zumba w/Gloria @10:45am Afternoon: Manicure Monday! Popcorn Pass & Happy Hour Puzzles and Board Games	Morning: 15 Heritage House Calls Daily History and Devotions Spiro 100: Morning Exercise Afternoon: Music w/Todd Bartlett @2:00pm Trivia Tuesdays! Riddle Me This	Morning: 16 Morning Social: Devotions and Daily Chronicle Bible Study w/Mark @10:30am Spiro 100: Morning Exercise Afternoon: Outing to Irvine Park and Olson's Ice Cream @1:30pm	Morning: 17 Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Ice Cream Cone Sponge Craft Summer Ice Cream Series: Peach Ice Cream SingFit Session	Morning: 18 Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Bingo Tropical Fruit Smoothies in the Courtyard w/Yard Games Finish the Phrase	Morning: 19 Morning Social: Devotions and Daily Chronicle Stretches w/Staff Afternoon: Saturday Afternoon Gathering Popcorn and Refreshments Brain Games
Morning: 20 Morning Social: Devotions and Daily Chronicle Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Afternoon Gathering Summer Ice Cream Series: Ice Cream Sundae Bar	Morning: 21 Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Manicure Monday! Popcorn Pass & Happy Hour Puzzles and Board Games	Morning: 22 Catholic Communion @9:45am Morning Social Chair Yoga w/Barb @11:15am Afternoon: Shark Week: Showing and Shark-Cuterie Board Men's Club w/Wayne @2:30pm	Morning: 23 Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: Outing to Beaver Creek Butterfly Garden @1:30pm Gorgeous Grandma Day: Rom-Com & Pink Drinks	Morning: 24 Outing to Summer Sings Series @9:00am Morning Social: Devotions and Daily Chronicle Afternoon: DIY Welcome Sign Craft SingFit Session	Morning: 25 Morning Social w/Christmas Cut-Out Cookies Spiro 100: Morning Exercise Afternoon: Christmas in July Themed Lunch @12:00pm Santa's Summer Luau Bingo & Frozen Hot Cocoa	Morning: 26 Morning Social: Devotions and Daily Chronicle Stretches w/Staff Afternoon: Saturday Afternoon Gathering Popcorn and Refreshments Brain Games
Morning: 27 Morning Social: Devotions and Daily Chronicle Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Afternoon Gathering Coloring and Activity Sheets	Morning: 28 Morning Social: Devotions and Daily Chronicle Chair Zumba w/Gloria @10:45am Afternoon: Manicure Monday! Popcorn Pass & Happy Hour Puzzles and Board Games	Morning: 29 Annual Summer Dog Show @10:00am Afternoon: Trivia Tuesdays! Summer Ice Cream Series: Ice Cream Bars Music w/SecondWind Singers @2:30pm	Morning: 30 Morning Coffee Outing to Five and Two Café @9:30am Afternoon: SingFit Session Riddle Me This Which Picture Fits Here?	Morning: 31 Morning Social: Devotions and Daily Chronicle Spiro 100: Morning Exercise Afternoon: DIY Summer Bookmarks Magazine Search and Chat Detective Puzzles		

SPECIAL EVENTS

Outing to Irvine Park 7/16 @1:30pm

Outing to Beaver Creek 7/23 @1:30pm

Annual Summer Dog Show 7/29 @10:00am

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*