

# JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Happy Birthday</b>  <b>Erma G. – July 1<sup>st</sup></b> <b>Anna K. – July 4<sup>th</sup></b> <b>Robin B. – July 19<sup>th</sup></b> <b>Bernice F. – July 24<sup>th</sup></b>		<b>Morning:</b> Daily Chronicles AM Devotion Sit & Be Fit UNO! Card Game SingFit <b>Afternoon:</b> BINGO! Dynseo Trivia Heritage Hikers 1	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> In the Kitchen w/ Naly <b>Afternoon:</b> Midday Matinee & Snack Social Heritage Hikers Engagement Bins 2	<b>Morning:</b> Daily Chronicles & AM Devotion Sit & Be Fit SingFit <b>Afternoon:</b> Crafting: 4 <sup>th</sup> of July Craft July Fun Facts & Trivia Heritage Hikers 3	<b>WEAR Red, White, &amp; BLUE DAY</b> 4 <b>Morning:</b> Chronicles/Devotion Sit & Be Fit Donut/ Coffee Social <b>Afternoon:</b> T.G.I.F. Happy Hour w/ Patriotic Sing A Long BINGO! <b>Independence Day</b>	<b>Morning:</b> Daily Chronicles & AM Devotion Sit & Be Fit <b>Afternoon:</b> Popcorn/Movie Classics Engagement Bins Heritage Hikers Brewers @ Marlins – 3:10PM 5
<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Mass on Chan. 26 Sit & Be Fit <b>Afternoon:</b> Heritage Hikers Brewers @ Marlins – 12:40PM Sundaes on Sunday Midday Card Club 6	<b>Morning:</b> Daily Chronicles & AM Devotion Sit and Be Fit Monday Manicures & Music <b>Afternoon:</b> Candy Pokeno! Resident Council 1:1 Room Visits 7	<b>Morning:</b> Daily Chronicles & AM Devotion Sit & Be Fit WORD Scramble Game SingFit <b>Afternoon:</b> BINGO! Dynseo Trivia Heritage Hikers 8	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> In the Kitchen w/ Naly <b>Afternoon:</b> Midday Matinee & Snack Social Heritage Hikers Engagement Bins 9	<b>Morning:</b> Chronicles/Devotion Sit & Be Fit SingFit <b>Afternoon:</b> Crafting: Tea Party Hats Dynseo Trivia Heritage Hikers 10	<b>Morning:</b> Daily Chronicles & AM Devotion Sit & Be Fit Donut Friday/Coffee Social <b>Afternoon:</b> T.G.I.F. Happy Hour Karaoke Fun BINGO! 11	<b>Morning:</b> Daily Chronicles & AM Devotion Sit & Be Fit <b>Afternoon:</b> Popcorn/Movie Classics Engagement Bins Heritage Hikers Nationals @ Brewers – 3:10PM 12
<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Mass on Chan. 26 Sit & Be Fit <b>Afternoon:</b> Heritage Hikers Nationals @ Brewers – 1:10PM Sundaes on Sunday Midday Coloring Club 13	<b>Morning:</b> Daily Chronicles & AM Devotion Sit and Be Fit Monday Manicure & Music <b>Afternoon:</b> 1:30 Tea Party Social Candy Pokeno! What's Your Verdict? 1:1 Room Visits 14	<b>Morning:</b> Daily Chronicles & AM Devotion Sit & Be Fit UNO! Card Game SingFit <b>Afternoon:</b> BINGO! Dynseo Trivia Heritage Hikers 15	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> In the Kitchen w/ Naly <b>Afternoon:</b> Midday Matinee & Snack Social Heritage Hikers Engagement Bins 16	<b>Morning:</b> Chronicles/Devotion Sit & Be Fit SingFit <b>Afternoon:</b> Dynseo Trivia Crafting: T-Shirt Thursday Heritage Hikers 17	<b>Morning:</b> Daily Chronicles & AM Devotion Sit & Be Fit Donut Friday/Coffee Social <b>Afternoon:</b> T.G.I.F. Happy Hour Karaoke Fun BINGO! 18	<b>Morning:</b> Daily Chronicles & AM Devotion Sit & Be Fit <b>Afternoon:</b> Popcorn/Movie Classics Engagement Bins Heritage Hikers Brewers @ Dodgers – 8:10PM 19
<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Mass on Chan. 26 Sit & Be Fit <b>Afternoon:</b> Heritage Hikers Sundaes on Sunday Brewers @ Dodgers – 3:10PM Midday Coloring Club 20	<b>Morning:</b> Daily Chronicles & AM Devotion Sit and Be Fit <b>Afternoon:</b> Monday Manicures & Music Candy Pokeno! Wacky Wordies 1:1 Room Visits 21	<b>Morning:</b> Daily Chronicles & AM Devotion Sit & Be Fit WORD Scramble Game <b>Afternoon:</b> BINGO! Dynseo Trivia Challenge Heritage Hikers 22	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> In the Kitchen w/ Naly <b>Afternoon:</b> Midday Matinee & Snack Social Heritage Hikers Engagement Bins 23	<b>Morning:</b> Chronicles/Devotion Sit & Be Fit SingFit <b>Afternoon:</b> 1:30 Crafting: Paint & Sip (Meet and Greet Naly!!!) Dynseo Trivia Challenge Heritage Hikers 24	<b>Morning:</b> Daily Chronicles & AM Devotion Sit & Be Fit Donut Friday/Coffee Social <b>Afternoon:</b> T.G.I.F. Happy Hour Karaoke Fun BINGO! 25	<b>Morning:</b> Daily Chronicles & AM Devotion Sit & Be Fit <b>Afternoon:</b> Popcorn/Movie Classics Engagement Bins Heritage Hikers Marlins @ Brewers – 6:10PM 26
<b>Morning:</b> Daily Chronicles & AM Devotion Catholic Mass on Chan. 26 Sit & Be Fit <b>Afternoon:</b> Heritage Hikers Sundaes on Sunday Marlins @ Brewers – 6:10PM Midday Coloring Club 27	<b>WEAR BLUE for BLUE Monday and Blueberry Month!</b> 28 <b>Morning:</b> Chronicles/Devotion Sit & Be Fit <b>Afternoon:</b> Monday Manicures & Music Blueberry Snack Searching for Opposites 1:1 Room Visits	<b>Morning:</b> Daily Chronicles & AM Devotion Flex, Fit, & Fun Exercise UNO! Card Game SingFit <b>Afternoon:</b> BINGO! Dynseo Heritage Hikers 29	<b>Morning:</b> Daily Chronicles & AM Devotion <b>SPIRO 100 Exercise</b> In the Kitchen w/ Naly <b>Afternoon:</b> Midday Matinee & Snack Social Heritage Hikers Engagement Bins 30	<b>Morning:</b> Chronicles/Devotion Sit & Be Fit SingFit <b>Afternoon:</b> Crafting: Hoedown Name Plates Dynseo Trivia 31		

Memory Care

Community Life Enrichment Calendar

## Special Events

Tea Party Social – July 14<sup>th</sup> @ 1:30pm  
Paint & Sip/ Meet & Greet Naly -July 24<sup>th</sup> @ 1:30pm

\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.

HERITAGE  
SENIOR LIVING  
Aspire | LINCOLN VILLAGE