

# MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Birthdays in May</b> Roger 5/16 John G. 5/20 	 <b>May is</b> Mental Health Awareness Blood Pressure Education And Older American's Month	 <b>Mother's Day</b> Paint with a Mimosa on May 12 <sup>th</sup> 1-2:30pm in the Pub	 <b>Memorial Day</b> May 26 <sup>th</sup> Honor the Fallen	9:30 Heritage Herald <b>1</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care 2:00 Bingo in the Activities Room 3:00 May Day Flowers	9:30 Heritage Herald <b>2</b> 11:15 Keepin' Fit 1:00 Hike in Memory Care <b>2:00 Happy Hour with a  Chef Chad Cooking  Demonstration</b> <b>5:30 Informational on  Prague &amp; the Czeck  Republic</b>	11:15 Keepin' Fit <b>3</b> 11:45 Heritage Herald 1:00 Sing Fit in Memory Care 3:00 Bingo <b>6-7pm Watching the  Kentucky Derby with  Snacks</b>
<b>4</b> 10:00 <b>Church Services</b> 10:30 Heritage Herald 10:45 Doughnut and Coffee Delivery 2:00 Movie & Popcorn	9:30 Heritage Herald <b>5</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care <b>2:30-4:00 Pat's Party for  Cinco De Mayo with  Taco Bar</b>	<b>Teacher Appreciation Day 6</b> 9:30 Heritage Herald 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care 2:00 <b>Virtual Mass</b> 2:30 <b>CBC Service</b>	<b>Tourism Day 7</b> 9:30 Heritage Herald 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care <b>2:00 Book Club</b> 5:00 You Pick the Card Game! <b>(Resident Led)</b>	<b>Student Nurse Day 8</b> 9:30 Heritage Herald 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care 2:00 Bingo in the Activities Room	9:30 Heritage Herald <b>9</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care 2:00 Happy Hour with Mini Sandwiches <b>5:30 Informational on  Germany's Black Forest</b>	9:30 Heritage Herald <b>10</b> 11:15 Keepin' Fit 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Inessa's Pick In the Activities Room
<b>11</b> 10:00 <b>Church Services</b> 10:45 Doughnut and Coffee Delivery 2:00 Movie & Popcorn <b>Mother's Day</b>	9:30 Heritage Herald <b>12</b> 11:15 Keepin' Fit <b>1-2:30 Mother's Day  Mimosa and Paint</b> 2:30 Heritage Hikers in Memory Care	9:30 Heritage Herald <b>13</b> 11:15 Keepin' Fit 1:00 Hike in Memory Care <b>1:30 Resident Council  in the Activities Room</b> 2:00 <b>Virtual Mass</b> 2:30 <b>CBC Service</b>	9:30 Heritage Herald <b>14</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care <b>2:00 Book Club</b> 5:00 You Pick the Card Game! <b>(Resident Led)</b>	9:30 Heritage Herald <b>15</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care 2:00 Bingo in the Activities Room	9:30 Heritage Herald <b>16</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care <b>2pm Pizza Party with  Pops in Memory Care</b> <b>5:30 Informational on  Scotland's Islands</b>	9:30 Heritage Herald <b>17</b> 11:15 Keepin' Fit 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Resident's Pick In the Activities Room
<b>18</b> 10:00 <b>Church Services</b> 10:30 Heritage Herald 10:45 Doughnut and Coffee Delivery 2:00 Movie & Popcorn	9:30 Heritage Herald <b>19</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care 2:00 Jeopardy on this Months National week of...	9:30 Heritage Herald <b>20</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care 2:00 <b>Virtual Mass</b> 2:30 <b>CBC Service</b>	9:30 Heritage Herald <b>21</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care <b>2:00 Book Club</b> 5:00 You Pick the Card Game! <b>(Resident Led)</b>	9:30 Heritage Herald <b>22</b> <b>10:30am Jay Isaacson in  Memory Care</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care 2:00 Bingo in the Activities Room	9:30 Heritage Herald <b>23</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care 2:00 Happy Hour with Fruit and Veggie Platters <b>5:30 Informational on  Poland</b>	9:30 Heritage Herald <b>24</b> 11:15 Keepin' Fit 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Inessa's Pick In the Activities Room
<b>25</b> 10:00 <b>Church Services</b> 10:30 Heritage Herald 10:45 Doughnut and Coffee Delivery 2:00 Movie & Popcorn	9:30 Heritage Herald <b>26</b> 11:15 Keepin' Fit 1:00 Hike in Memory Care <b>2pm An Americana  Songbook in  Memory Care</b> <b>Memorial Day</b>	9:30 Heritage Herald <b>27</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care 2:00 <b>Virtual Mass</b> 2:30 <b>CBC Service</b>	9:30 Heritage Herald <b>28</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care <b>2:00 Book Club</b> 5:00 You Pick the Card Game! <b>(Resident Led)</b>	9:30 Heritage Herald <b>29</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care 2:00 Bingo in the Activities Room	9:30 Heritage Herald <b>30</b> 11:15 Keepin' Fit 1:00 Heritage Hikers in Memory Care 2:00 Happy Hour with Birthday Celebration <b>5:30 Informational on  Slovenia &amp; Croatia</b>	9:30 Heritage Herald <b>31</b> 11:15 Keepin' Fit 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Resident's Pick In the Activities Room

## SPECIAL EVENTS

Cinco De Mayo Party May 5<sup>th</sup> 2:30-4:00pm

ALL STAFF May 15<sup>th</sup> 2pm

*\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.*