

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Happy Birthday! 5/5 Jeanie P.			Morning: Heritage House Calls Travel Club: Kentucky Derby @10:00am Afternoon: Themed Lunch @12:00pm Spring Watercolor Painting SingFit Session	Morning: Heritage House Calls Daily History and Devotions Spiro 100: Morning Stretches Afternoon: Bingo! Social Hour	Morning: Heritage House Calls Daily History and Devotions Morning Stretches Afternoon: Saturday Afternoon Gathering Popcorn and Refreshments Coloring and Activity Sheets
Morning: Heritage House Calls Morning Social Hour Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Afternoon Gathering Coloring and Activity Sheets	Morning: Heritage House Calls Daily History and Devotions Spiro 100: Mindful Movement Afternoon: Cinco de Mayo Themed Meal @12:00pm Churro Bites & Margaritas Sombrero Craft	Morning: Heritage House Calls Daily History and Devotions Chair Yoga w/Barb @11:15am Afternoon: Therapy Dog Visit @1:00pm Lemonade Social with Lemonade Tasting	Morning: Heritage House Calls Bible Study w/Mark @10:30am Spiro 100: Seated Core Afternoon: Threshold Singers @ 1:00pm Read-Aloud Book Club Finish the Phrase	Morning: Heritage House Calls Daily History and Devotions Spiro 100: Joyous Movement Afternoon: SingFit Session 1:1 Craft Hour: Suncatcher Craft	Morning: Heritage House Calls Daily History and Devotions Spiro 100: Morning Stretches Afternoon: Mother's Day Afternoon at the Spa @2:00pm Spa, Mimosas, and More!	Morning: Heritage House Calls Daily History and Devotions Morning Stretches Afternoon: Saturday Afternoon Gathering Popcorn and Refreshments Coloring and Activity Sheets
Morning: Heritage House Calls Morning Social Hour Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Afternoon Gathering Coloring and Activity Sheets Mother's Day	Morning: Heritage House Calls Daily History and Devotions Spiro 100: Mindful Movement Afternoon: Manicure Monday! Popcorn Pass & Happy Hour Gratitude Flowers	Morning: Catholic Communion @9:45am Daily History and Devotions Spiro 100: Sports Moves to Music Afternoon: SingFit Session Music w/ Jim Phillips @ 2:00pm	Morning: Daily History and Devotions Spiro 100: Seated Core Afternoon: Threshold Singers @ 1:00pm Read-Aloud Book Club Finish the Phrase	Morning: Heritage House Calls Daily History and Devotions Spiro 100: Joyous Movement Afternoon: Greenhouse Outing @1:30pm 1:1 Craft Hour: Creative Hour	Morning: Heritage House Calls Daily History and Devotions Zumba Gold w/Gloria @ 11am Afternoon: Birthday Party @2:00pm Bingo! Social Hour	Morning: Heritage House Calls Daily History and Devotions Morning Stretches Afternoon: Saturday Afternoon Gathering Popcorn and Refreshments Coloring and Activity Sheets
Morning: Heritage House Calls Morning Social Hour Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Afternoon Gathering Coloring and Activity Sheets	Morning: Heritage House Calls Daily History and Devotions Spiro 100: Mindful Movement Afternoon: Manicure Monday! Popcorn Pass & Happy Hour Puzzles and Board Games	Morning: Heritage House Calls Daily History and Devotions Spiro 100: Sports Moves to Music Afternoon: Sensory Stations 5-Minute Smiles Visual Quizzes	Morning: Heritage House Calls Bible Study w/Mark @10:30am Spiro 100: Seated Core Afternoon: Threshold Singers @ 1:00pm SingFit Session American Flag Craft	Morning: Heritage House Calls Daily History and Devotions Spiro 100: Joyous Movement Afternoon: Therapy Dog Visit @1:30pm Music w/Wayne Compeau @2:00pm	Morning: Heritage House Calls Daily History and Devotions Spiro 100: Morning Stretches Afternoon: Memorial Day Grill-Out @12:00pm Bingo!	Morning: Heritage House Calls Daily History and Devotions Morning Stretches Afternoon: Saturday Afternoon Gathering Popcorn and Refreshments Coloring and Activity Sheets
Morning: Heritage House Calls Morning Social Hour Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Afternoon Gathering Coloring and Activity Sheets	Morning: Heritage House Calls Daily History and Devotions Spiro 100: Mindful Movement Afternoon: Pajama Poppy Parade Popcorn Pass & Happy Hour Puzzles and Board Games Memorial Day	Morning: Catholic Communion @9:45am Daily History and Devotions Spiro 100: Sports Moves to Music Afternoon: Sensory Stations Men's Club w/ Wayne @2:30pm	Morning: Heritage House Calls Daily History and Devotions Spiro 100: Seated Core Afternoon: Threshold Singers @ 1:00pm SingFit Session Matching Games	Morning: Heritage House Calls May Tea Party @10:00am Spiro 100: Joyous Movement Afternoon: Musical Moments 1:1 Craft Hour: Garden Rock Painting	Morning: Heritage House Calls Daily History and Devotions Spiro 100: Morning Stretches Afternoon: Bingo! Friday Night Fish Fry Event @5:00pm Live Music w/Ken Rogers and Pat McGinnis	Morning: Heritage House Calls Daily History and Devotions Morning Stretches Afternoon: Saturday Afternoon Gathering Popcorn and Refreshments Coloring and Activity Sheets

SPECIAL EVENTS

Greenhouse Outing 5/15 @1:30pm
Memorial Day Grill-Out 5/23 @12:00pm
Friday Night Fish Fry 5/30 @ 5:00pm

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*