

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		10:00 Keepin' Fit w/ Spiro 100 11:00 Trivia Tuesday 1:00 Heritage Hikers 2:00 Bingo 3:00 Tuesday Travel Club 6:00 Readers Roundtable	10:00 Exercise 10:30 Writers Club 1:30 Heritage Hikers 2:00 Happy Hour Social 3:00 Baking Club 6:00 Movie Matinee	10:00 Keepin' Fit 10:30 Rosary 1:30 Heritage Hikers 2:00 Uno 3:00 Pictionary 6:00 Tasty Treat Thursday	10:00 Exercise 10:30 Morning Coffee Social and Daily Devotions 1:30 Heritage Hikers 2:00 SingFit 3:00 TGIF Happy Hour 6:00 Fireside Fridays	9:30 Coffee social 10:00 Keepin' Fit 11:00 Mindful Meditation w/ Spiro 100 1:00 Heritage Hikers 2:00 Bingo 6:00 Game On!
9:30 Coffee social 10:00 Exercise w/ Spiro 100 10:30 Virtual Mass (Ch. 24) 1:00 Heritage Hikers 2:00 Midday Matinee & Popcorn 6:00 Slowdown Sundays Club	10:00 Motivational Monday's 10:30 Exercise 1:30 Heritage Hikers 2:00 Resident Council 3:00 Dominoes 6:00 Puzzles and Table Games	10:00 Keepin' Fit w/ Spiro 100 11:00 Trivia Tuesday 1:00 Heritage Hikers 2:00 Bingo 3:00 Tuesday Travel Club 6:00 Readers Roundtable	10:00 Exercise 10:30 Move to Music 1:30 Heritage Hikers 2:00 Happy Hour Social 3:00 Getting Creative 6:00 Movie Matinee	10:00 Keepin' Fit 10:30 Rosary 1:30 Heritage Hikers 2:00 Uno 3:00 Hangman 6:00 Tasty Treat Thursday	10:00 Exercise 10:30 Morning Coffee Social and Daily Devotions 1:30 Heritage Hikers 2:00 SingFit 3:00 TGIF Happy Hour 6:00 Fireside Fridays	9:30 Coffee social 10:00 Keepin' Fit 11:00 Mindful Meditation w/ Spiro 100 1:00 Heritage Hikers 2:00 Bingo 6:00 Game On!
9:30 Coffee social 10:00 Exercise w/ Spiro 100 10:30 Virtual Mass (Ch. 24) 1:00 Heritage Hikers 2:00 Midday Matinee & Popcorn 6:00 Slowdown Sundays Club Palm Sunday	10:00 Motivational Monday's 10:30 Exercise 1:30 Heritage Hikers 2:00 Spa Day & Hand Massages 3:00 Pokeno 6:00 Puzzles and Table Games	10:00 Keepin' Fit w/ Spiro 100 11:00 Trivia Tuesday 1:00 Heritage Hikers 2:00 Bingo 3:00 Tuesday Travel Club 6:00 Readers Roundtable	10:00 Exercise 10:30 Writers Club 1:30 Heritage Hikers 2:00 Happy Hour Social 3:00 Baking Club 6:00 Movie Matinee	10:00 Keepin' Fit 10:30 Rosary 1:30 Heritage Hikers 2:00 Uno 3:00 Pictionary 6:00 Tasty Treat Thursday	10:00 Exercise 10:30 Morning Coffee Social and Daily Devotions 1:30 Heritage Hikers 2:00 SingFit 3:00 TGIF Happy Hour 6:00 Fireside Fridays Good Friday	9:30 Coffee social 10:00 Keepin' Fit 11:00 Mindful Meditation w/ Spiro 100 1:00 Heritage Hikers 2:00 Bingo 6:00 Game On!
9:30 Coffee social 9:00 Virtual Mass (Channel 24) 10:00 Exercise w/ Spiro 100 10:30 Table Talk Tidbits (Resident Led) 1:00 Heritage Hikers 2:00 Midday Matinee & Popcorn 6:00 Slowdown Sundays Club Easter	10:00 Motivational Monday's 10:30 Exercise 1:30 Heritage Hikers 2:00 Spa Day & Hand Massages 3:00 LCR 6:00 Puzzles and Table Games	10:00 Keepin' Fit w/ Spiro 100 11:00 Trivia Tuesday 1:00 Heritage Hikers 2:00 Bingo 3:00 Earth Day 6:00 Readers Roundtable National Jelly Bean Day	10:00 Exercise 10:30 Move to Music 1:30 Heritage Hikers 2:00 Happy Hour Social 3:00 Getting Creative 6:00 Movie Matinee	10:00 Keepin' Fit 10:30 Rosary 1:30 Heritage Hikers 2:00 Uno 3:00 Hangman 6:00 Tasty Treat Thursday	10:00 Exercise 10:30 Morning Coffee Social and Daily Devotions 1:30 Heritage Hikers 2:00 SingFit 3:00 TGIF Happy Hour 6:00 Fireside Fridays	9:30 Coffee social 10:00 Keepin' Fit 11:00 Mindful Meditation w/ Spiro 100 1:00 Heritage Hikers 2:00 Bingo 6:00 Game On!
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Assisted Living

Community Life Enrichment Calendar

SPECIAL EVENTS

We are Excited to introduce a new music program, Singfit! Please Join us!

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

HERITAGE
SENIOR LIVING
Aspire | LINCOLN VILLAGE