

# MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Happy Birthday:</b> 3 <sup>rd</sup> - Bea D. 5 <sup>th</sup> Claudia T. 11 <sup>th</sup> – Judy S.	16 <sup>th</sup> - Sue A. 27 <sup>th</sup> - Marilyn L.		All month long look for Larry the Leprechaun! He will be hiding around the Heritage Senior Living campus with clues to his hiding spot in the weekly newsletter and on the bulletin boards. Can you be the lucky person to find him every week?			<b>Morning</b> 1 Stretching Session Morning Trivia <b>Afternoon</b> Playdoh Creations Bingo Hand Care Station
<b>Morning</b> 2 Exercise w/ Music Coffee & Donut Social <b>Afternoon</b> Trivia Coloring to Jazz Sensory Stations	<b>Morning</b> 3 Morning Stretch Dynseo Games <b>Afternoon</b> Heritage Hikers Manicure Monday Sensory Stations	<b>Morning</b> 4 Stretching w/ Music Coloring Club <b>Afternoon</b> Flower Arranging Mardi Gras Parade Viewing Paczkis Tasting	<b>Morning</b> 5 Morning Stretch Watercolor Creations <b>Afternoon</b> Trivia Bingo Music of the Ages	<b>Morning</b> 6 Stretching Session Coffee & Donut Social <b>Afternoon</b> All About Oreos Entertainment w/ Gemini Sensory Stations	<b>Morning</b> 7 Exercise w/ Music Playdoh Creations <b>Afternoon</b> Coloring Club Happy Hour Sensory Stations	<b>Morning</b> 8 Morning Stretch Jazz Music and Balloons <b>Afternoon</b> Heritage Hikers Bingo Nature Documentary
<b>Morning</b> 9 Stretching w/ Music Coffee & Donut Social <b>Afternoon</b> Dynseo Games Sensory Stations Daylight Savings Begins	<b>Morning</b> 10 Exercise w/ Music Remember When? <b>Afternoon</b> Heritage Hikers Armchair Travels Manicure Monday	<b>Morning</b> 11 Morning Stretch Pet Therapy <b>Afternoon</b> Flower Arranging Nature Documentary Sensory Stations	<b>Morning</b> 12 Stretching w/ Music Gardening Chat <b>Afternoon</b> Library Box Bingo Dynseo Games	<b>Morning</b> 13 Exercise w/ Music Coffee & Donut Social <b>Afternoon</b> Jewel Match Entertainment w/ Davis Beck Sensory Stations	<b>Morning</b> 14 Morning Stretch Butterfly Crafting <b>Afternoon</b> Butterfly Documentary Happy Hour: St. Patty's Trivia	<b>Morning</b> 15 Stretching w/ Music Playdoh Creations <b>Afternoon</b> Armchair Travels Bingo Heritage House Calls
<b>Morning</b> 16 Exercise w/ Music Coffee & Donut Social <b>Afternoon</b> Heritage Hikers Dynseo Games Ball Toss	<b>Morning</b> 17 Morning Stretch Four Leaf Clover Fun <b>Afternoon</b> Scenic Bus Ride Irish Music & Shamrock Shakes Manicure Monday St. Patrick's Day	<b>Morning</b> 18 Stretching w/ Music Pet Therapy <b>Afternoon</b> Flower Arranging Farming Chat Sensory Stations	<b>Morning</b> 19 Exercise w/ Music Trivia <b>Afternoon</b> Heritage Hikers Bingo Playdoh Creations	<b>Morning</b> 20 Morning Stretch Coffee & Donut Social <b>Afternoon</b> Spring Flower Arranging Entertainment w/ Patricia Stone First Day of Spring	<b>Morning</b> 21 Stretching w/ Music Dynseo Games <b>Afternoon</b> Heritage Hikers Happy Hour: March Birthdays Heritage House Calls	<b>Morning</b> 22 Exercise w/ Music Watercolor Painting <b>Afternoon</b> All About West Virginia Bingo Music and Coloring
23 SAME SCHEDULE AS 3/9	24 SAME SCHEDULE AS 3/10	25 <b>Morning</b> Morning Stretch Trivia <b>Afternoon</b> Heritage Hikers Flower Arranging Sensory Stations	26 <b>Morning</b> Stretching w/ Music Air Dry Clay Creations <b>Afternoon</b> Hand Care Station Bingo Manatee Documentary	27 <b>Morning</b> Exercise w/ Music Coffee & Donut Social <b>Afternoon</b> Abstract Art Entertainment w/ 10 Strings Heritage House Calls	28 <b>Morning</b> Morning Stretch Fruit Kabobs <b>Afternoon</b> Heritage Hikers Happy Hour: Karaoke Hour Sensory Stations	29 <b>Morning</b> Stretching w/ Music All About Nevada <b>Afternoon</b> Heritage Hikers Bingo Coloring Club
30 SAME SCHEDULE AS 3/2	31 SAME SCHEDULE AS 3/3 No Armchair Travel- Scenic Bus Ride at 2:00pm					

## SPECIAL EVENTS

St. Patty's Happy Hour- March 14<sup>th</sup> at 2:30pm  
 Armchair Travels- see calendar for dates and times

*\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.*