MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Happy Birthday: 3 rd - Bea D. 5 th Claudia T. 11 th – Judy S.	16 th - Sue A. 27 th - Marilyn L.		All month long look for Larry to hiding around the Heritage Se to his hiding spot in the week bulletin boards. Can you be the every week?	nior Living campus with clues ly newsletter and on the		1 10:00- Exercise w/ Spiro 10:30- Devotions and Coffee 11:00- Heritage House Calls 1:00- Heritage Hikers 2:00- Bingo in the Bistro 3:30- Baking with Brittany	
10:00- Strength Training 10:30- Coffee & Donut Social 1:00- Trivia in Bistro 2:00- Midday Matinee- TBD 2:30- Cribbage Corner 3:30- Resident Led Games	10:00- Morning Stretch 10:30- Manicure Monday 1:00- Heritage Hikers 2:00- Armchair Travel-TBD 3:30- Scrabble in Activity Room	10:00- Strength Training 4 10:30- Crafting w/ Kristie 1:00- Trivia in Bistro 1:15- Communion & Rosary (IL DR) 2:00- Flower Arranging 3:30- Paczkis Tasting- Bistro	9:30- Devotions & Coffee 5 10:00- Morning Stretch 10:30- UNO 1:00- Coloring Club 2:00- Bingo in the Bistro 3:30- Nature Documentary in Theater	10:00-Strength Training 10:30- Coffee & Donut Social 1:30- All About Oreos 2:30- Entertainment w/ Gemini 4:00- Trivia in A.R.	10:00- Exercise w/ Spiro 10:30- Coloring Club 1:00- Heritage Hikers 2:30- Happy Hour w/ Table Games 3:30- Heritage House Calls	8 10:00- Strength Training 10:30- Devotions & Coffee 11:00-Heritage House Calls 1:00- Heritage Hikers 2:00- Bingo in the Bistro 3:30- Scrabble- Activity Room	
10:00- Exercise w/ Spiro 10:30- Coffee & Donut Social 1:00- Crafting w/ Kristie 2:00- Midday Matinee- TBD 2:30- Trivia in Bistro 3:30- Puzzle Corner Daylight Savings Begins	10:00- Strength Training 10:30- Manicure Monday 1:00- Heritage Hikers 2:00- Armchair Travel- TBD 3:30- Trivia in Bistro	10:00- Morning Stretch 10:30- Pet Therapy (EC) 11:00- Heritage House Calls 1:00- Flower Arranging 2:00- Resident Council 3:30- Scrabble	9:30- Devotions & Coffee 10:00-Strength Training 11:00- Card Making- Bistro 1:00- Seed Starting for Garden 2:00- Bingo in the Bistro 3:30- Stand Up Comedy in Theater	10:00- Exercise w/ Spiro 10:30- Coffee & Donut Social 1:00- Jewelry Making w/ Kristie 2:30- Entertainment w/ Davis Beck 3:45- Resident Led Games	10:00- Morning Stretch 14 10:30- Butterfly Documentary 1:00- Heritage Hikers 1:30- Fabric Butterfly Craft 2:30- Happy Hour: St. Patty's Themed 3:45- Heritage House Calls	10:00- Exercise w/ Spiro 10:30- Devotions & Coffee 11:00- Heritage House Calls 1:00- Armchair Travel: Kansas 2:00- Bingo in the Bistro 3:30- Baking with Brittany 4:00- Puzzle Corner	
16 10:00-Morning Stretch 10:30- Coffee & Donut Social 1:00- Heritage Hikers 2:00- Midday Matinee- TBD 2:30- Table Games 3:30- Trivia in Bistro	10:00- Exercise w/ Spiro 10:30- Manicure Monday 1:00- Four Leaf Clover Craft 2:00- Scenic Bus Ride 3:30- Irish Music & Shamrock Shakes- Bistro St. Patrick's Day	18 10:00- Strength Training 10:30- Pet Therapy (EC) 1:15- Communion & Rosary 2:00- Flower Arranging 3:30- Farming Through the Years in Activity Room	9:30- Devotions & Coffee 10:00- Morning Stretch 10:30- Jokes/Comedy in Bistro 1:00- Heritage House Calls 2:00- Bingo in the Bistro 3:30- Coloring Club	10:00- Strength Training 20 10:30- Coffee & Donut Social 1:00- Heritage Hikers 1:30- Paper Flowers Craft 2:30- Entertainment w/ Patricia Stone 3:45- Resident Led Games First Day of Spring	10:00- Exercise w/ Spiro 10:30- Dynseo Games 1:00- Heritage Hikers 2:30- Happy Hour: March Birthday Party 3:45- Heritage House Calls	10:00- Morning Stretch 22 10:30- Devotions & Coffee 11:00- Heritage House Calls 1:00- Armchair Travel: West Virginia 2:00- Bingo in the Bistro 3:30-Coloring Club	
SAME SCHEDULE AS 3/9 30 SAME SCHEDULE AS 3/2	SAME SCHEDULE AS 3/10 SAME SCHEDULE AS 3/3 31 No Armchair Travel- Scenic Bus Ride at 2:00pm	10:00- Exercise w/ Spiro 10:30- Crafting w/ Kristie 1:00-Heritage Hikers 1:30- Heritage House Calls 2:00- Flower Arranging 3:30- Coloring Club	9:30- Devotions & Coffee 10:00- Strength Training 10:30- All About Manatees 1:00- Trivia in Bistro 2:00- Bingo in the Bistro 3:30- Scrabble	10:00- Morning Stretch 10:30- Coffee & Donut Social 1:00- Heritage Hikers 1:30- Scribble Art w/ Kristie 2:30- Entertainment w/ 10 Strings 3:45- Resident Led Games	10:00- Strength Training 10:30- UNO 1:00-Heritage Hikers 2:30- Happy Hour: Karaoke Fun 3:45-Heritage House Calls	10:00- Exercise w/ Spiro 10:30- Devotions & Coffee 11:00- Heritage House Calls 1:00- Armchair Travel- Nevada 2:00- Bingo in the Bistro 3:30- Baking with Brittany	a

HSL Middleton Assisted Living &



St. Patty's Happy Hour- March 14th at 2:30pm

Armchair Travels- see calendar for dates and times

'All activities are subject to change when necessary. Residents' families are invited to participate in community event

