





MARCH

Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Activity Location Key</u> AL: Assisted Living AL+D: Assisted Living Dining Room EC1: 1st FL EC1 Activity Room EC1+D: 1 FL EC1 Dining Room EC2: 2nd FL EC2 Activity Room EC2+D: 2nd FL EC2 Dining Room PUB: Pub off Front Entrance ***: Resident Led</p>					<p>Birthdays: Henrietta 03/08 Donna L. 03/08 Clara 03/29</p>	<p><u>Morning:</u> Morning Meditation & Stretches Coffee Corner <u>Afternoon:</u> Daily Devotions 3:30 Trinity Dancers – EC1+D</p>
<p><u>Morning:</u> 10:30 LIVE STREAM – Catholic Mass (TV) – AL Heritage Hikers <u>Afternoon:</u> Creative Coloring Movie Popcorn</p> <p>2</p>	<p><u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Manicure Monday 3:00 Drums w/ Jim - MC</p> <p>3</p>	<p><u>Morning:</u> Exercise Trivia Musical Instruments <u>Afternoon:</u> Madri Gras Celebration Bingo Snacks</p> <p>4</p>	<p><u>Morning:</u> Exercise Trivia 11:00 Ash Wednesday Catholic Mass – EC1 <u>Afternoon:</u> St Patrick's Day Craft Snacks</p> <p>5</p>	<p><u>Morning:</u> Exercise Trivia 11:00 Lutheran Service - AL <u>Afternoon:</u> Shamrock Shakes Card Games Snacks</p> <p>6</p>	<p><u>Morning:</u> 10:30 Catholic Mass – EC1 Coffee Club Exercise <u>Afternoon:</u> Movie Matinee Popcorn</p> <p>7</p>	<p><u>Morning:</u> Therapy Dogs <u>Afternoon:</u> Daily Devotions Word Puzzle Snacks</p> <p>8</p>
<p><u>Morning:</u> 10:30 LIVE STREAM Catholic Mass (TV) - AL <u>Afternoon:</u> 2:00 Norwegian Dancers – EC1+D Popcorn</p> <p>9</p> <p>Daylight Savings Begins</p>	<p><u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Manicure Monday Sensory Activity</p> <p>10</p>	<p><u>Morning:</u> Exercise Trivia Musical Instruments <u>Afternoon:</u> Bingo Snacks</p> <p>11</p>	<p><u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> 3:00 Live Music – Rob Tomaro – EC1+D Popcorn</p> <p>12</p>	<p><u>Morning:</u> Exercise Trivia Musical Instruments <u>Afternoon:</u> Social Hour Armchair Travel - Ireland Snacks</p> <p>13</p>	<p><u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Movie Matinee Popcorn</p> <p>14</p>	<p><u>Morning:</u> Morning Meditation & Stretches Coffee Corner <u>Afternoon:</u> Daily Devotions Word Puzzle Snacks</p> <p>15</p>
<p><u>Morning:</u> 10:30 LIVE STREAM – Catholic Mass (TV) – AL Heritage Hikers <u>Afternoon:</u> Creative Coloring Movie Popcorn</p> <p>16</p>	<p><u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> St Patrick's Day Social Snacks</p> <p>17</p> <p>St. Patrick's Day</p>	<p><u>Morning:</u> 9:30 Catholic Minister Eucharistic Prayer & Communion Service – EC1 Exercise <u>Afternoon:</u> Bingo Snacks</p> <p>18</p>	<p><u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> 3:00 Live Music – Russ Loniello – EC1+D Popcorn</p> <p>19</p>	<p><u>Morning:</u> Exercise Trivia 11:00 Lutheran Service - AL <u>Afternoon:</u> 1:1 Manicures Snacks</p> <p>20</p> <p>First Day of Spring</p>	<p><u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Movie Matinee Popcorn</p> <p>21</p>	<p><u>Morning:</u> Morning Meditation & Stretches Coffee Corner <u>Afternoon:</u> Daily Devotions Word Puzzle Snacks</p> <p>22</p>
<p><u>Morning:</u> 10:30 LIVE STREAM – Catholic Mass (TV) – AL Heritage Hikers <u>Afternoon:</u> Creative Coloring</p> <p>23</p>	<p><u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Manicure Monday</p> <p>24</p>	<p><u>Morning:</u> Exercise Trivia Musical Instruments <u>Afternoon:</u> Bingo Snacks</p> <p>25</p>	<p><u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> 3:00 Live Music – Micheal Gruber – EC1+D Popcorn</p> <p>26</p>	<p><u>Morning:</u> Exercise Trivia Musical Instruments <u>Afternoon:</u> Social Hour Card Games Snacks</p> <p>27</p>	<p><u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Movie Matinee Popcorn</p> <p>28</p>	<p><u>Morning:</u> Morning Meditation & Stretches Coffee Corner <u>Afternoon:</u> Daily Devotions Word Puzzle Snacks</p> <p>29</p>
<p><u>Morning:</u> 10:30 LIVE STREAM – Catholic Mass (TV) – AL Heritage Hikers <u>Afternoon:</u> Creative Coloring</p> <p>30</p>	<p><u>Morning:</u> Exercise Trivia This Day in History <u>Afternoon:</u> Manicure Monday</p> <p>31</p>					

SPECIAL EVENTS

Trinity Dancers 03/01 at 3:30pm

Armchair Travel - Ireland 03/13

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*