


# MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Heritage Lexington</i>						
				<b>Happy Birthday!</b> Diane H. – March 6 <sup>th</sup> Janet W. – March 21 <sup>st</sup>		
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
9:30 Coffee social 10:00 Keepin' Fit 10:30 Table Talk Tidbits (Resident Led) <b>11:00 Mass on TV (Channel 24)</b> 1:00 Heritage Hikers 2:00 Sundaes on Sunday 7:00 Oscars Tonight!	9:45 Motivational Monday's 10:00 Keepin' Fit 10:30 Spa Day & Hand Massages 1:30 Heritage Hikers <b>2:00 Resident Council</b> 3:00 Card Club/ Dice Games 6:00 Puzzles and Table Games	<b>MARDI GRAS</b> 10:00 Keepin' Fit 10:30 Paczki & Coffee Social 10:30 New Orleans Trivia 1:00 Heritage Hikers 2:00 Bingo <b>3:00 Mardi Gras Social</b> 6:00 Heritage House Calls (1:1)	9:45 Morning Coffee Social w/ Daily News & Devotion 10:00 Keepin' Fit <b>10:30 Ash Wednesday Mass on TV</b> 1:30 Heritage Hikers 2:00 Happy Hour Social 3:00 Heritage House Calls (1:1) 6:00 Movie Matinee	9:30 Coffee Social 10:00 Keepin' Fit 10:30 Rosary 1:30 Heritage Hikers 2:00 Dominoes <b>3:00 OREO COOKIE DAY SOCIAL</b> 6:00 Puzzle & Table Games	10:00 Morning Coffee Social w/ Daily News and Devotion 11:00 Keepin' Fit 1:30 Heritage Hikers 2:00 TGIF Happy Hour 3:00 Heritage House Calls (1:1) 6:00 Game Night! (Resident Led)	9:30 Coffee social 10:00 Keepin' Fit 10:30 Pictionary 1:00 Heritage Hikers 2:00 Bingo 6:00 Adult Coloring
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
9:30 Coffee social 10:00 Keepin' Fit 10:30 Table Talk Tidbits (Resident Led) <b>11:00 Mass on TV (Channel 24)</b> 1:00 Heritage Hikers 2:00 Sundaes on Sunday 6:00 Movie Matinee & Popcorn <b>Daylight Savings Begins</b>	9:45 Motivational Monday's 10:00 Keepin' Fit 10:30 Spa Day & Hand Massages 1:30 Heritage Hikers 2:00 Bowling Fun 3:00 Card Club/ Dice Games 6:00 Puzzles and Table Games	9:30 Coffee Social 10:00 Keepin' Fit 11:00 Tuesday Trivia 1:00 Heritage Hikers 2:00 Bingo 3:00 Armchair Travel: Ireland 6:00 Heritage House Calls (1:1)	<b>National Milky Way Day</b> 9:45 Morning Coffee Social w/ Daily News & Devotion 10:00 Keepin' Fit-Balloon Tennis 10:30 Reading Club 1:30 Heritage Hikers 2:00 Happy Hour Social 3:00 Milky Way Social 6:00 Movie Matinee	9:30 Coffee Social 10:00 Keepin' Fit 10:30 Rosary 1:30 Heritage Hikers 2:00 Uno 3:00 Pictionary 6:00 Puzzle & Table Games	<b>NATIONAL PI DAY</b> 10:00 Morning Coffee Social w/ Daily News and Devotion 11:00 Keepin' Fit 1:30 Heritage Hikers 2:00 TGIF Happy Hour <b>3:00 Pie Social to Celebrate PI Day</b> 6:00 Game Night! (Resident Led)	9:30 Coffee social 10:00 Keepin' Fit 10:30 Pictionary 1:00 Heritage Hikers 2:00 Bingo 6:00 Adult Coloring
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
9:30 Coffee social 10:00 Keepin' Fit 10:30 Table Talk Tidbits (Resident Led) <b>11:00 Mass on TV (Channel 24)</b> 1:00 Heritage Hikers 2:00 Sundaes on Sunday 6:00 Movie Matinee & Popcorn	9:45 Motivational Monday's 10:00 Keepin' Fit 10:30 Spa Day & Hand Massages 1:30 Heritage Hikers <b>2:00 St Patty's Day Social &amp; Entertainment w/ Paul Bast</b> 6:00 Puzzles and Table Games <b>St. Patrick's Day</b>	9:30 Coffee Social 10:00 Keepin' Fit 11:00 Tuesday Trivia 1:00 Heritage Hikers 2:00 Bingo 3:00 Armchair Travel: Ireland 6:00 Heritage House Calls (1:1)	<b>CHOCOLATE CARAMEL DAY</b> 9:45 Morning Coffee Social w/ Daily News & Devotion 10:00 Keepin' Fit-Balloon Tennis 10:30 Writers Club 1:30 Heritage Hikers 2:00 Happy Hour Social 3:00 Baking Club 6:00 Movie Matinee	9:30 Coffee Social 10:00 Keepin' Fit 10:30 Rosary 1:00 Heritage Hikers 2:00 Dominoes <b>3:30 Crafting Corner: Spring Flowers</b> 6:00 Puzzle & Table Games <b>First Day of Spring</b>	10:00 Morning Coffee Social w/ Daily News and Devotion 11:00 Keepin' Fit 1:30 Heritage Hikers 2:00 TGIF Happy Hour 3:00 Heritage House Calls (1:1) 6:00 Game Night! (Resident Led)	9:30 Coffee social 10:00 Keepin' Fit 10:30 Pictionary 1:00 Heritage Hikers 2:00 Bingo 6:00 Adult Coloring
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
9:30 Coffee social 10:00 Keepin' Fit <b>11:00 Mass on TV (Channel 24)</b>	9:45 Motivational Monday's 10:00 Keepin' Fit 10:30 Spa Day & Hand Massages	9:30 Coffee Social 10:00 Keepin' Fit 11:00 Tuesday Trivia 1:00 Heritage Hikers 2:00 Bingo 3:00 Armchair Travel: Ireland 6:00 Heritage House Calls (1:1)	9:45 Morning Coffee Social w/ Daily News & Devotion 10:00 Keep in' Fit-Balloon Tennis 10:30 Reading Club 1:30 Heritage Hikers 2:00 Happy Hour Social <b>3:00 Crafting Corner: Painting</b> 6:00 Movie Matinee	9:30 Coffee Social 10:00 Keepin' Fit 10:30 Rosary 1:30 Heritage Hikers 2:00 Uno 3:00 Hangman 6:00 Puzzle & Table Games	10:00 Morning Coffee Social w/ Daily News and Devotion 11:00 Keepin' Fit 1:30 Heritage Hikers <b>2:00 Happy Hour Social &amp; Birthday Celebration</b> 3:00 Heritage House Cals (1:1) 6:00 Game Night! (Resident Led)	9:30 Coffee social 10:00 Keepin' Fit 10:30 Pictionary 1:00 Heritage Hikers 2:00 Bingo 6:00 Adult Coloring
<b>30</b>	<b>31</b>					
1:00 Heritage Hikers 2:00 Sundaes on Sunday 6:00 Movie Matinee & Popcorn	1:30 Heritage Hikers 2:00 Card Club/Dice Games 3:00 Heritage House Calls (1:1) 6:00 Puzzles and Table Games					

ASSISTED LIVING ACTIVITIES CALENDAR

*\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.*