

# FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>1</b> 11:00 Exercise (AL Act Rm) 2:30 Movie (Theater) 5:00 Social (Pub)
<b>2</b> 11:00 Exercise (AL Act Rm) 1:00 Heritage Hikers Resident Led (meet in Lobby) 2:30 Table Games (AL Act Rm) <b>Groundhog Day</b>	<b>3</b> 9:00 Heritage Hikers (Lobby) 9:30 Bean Bag Toss (AL Dining) 10:00 Men's Bible Study (AL Act) 11:00 Exercise (Theater) 1:00 Pokeno (AL Act Rm) 3:00 Sing Along (AL Act Rm) 4:00 Social (Pub) 5:15 Hand and Foot (Pub)	<b>4</b> 9:00 Heritage Hikers (Lobby) 10:00 Catholic Communion (Theater) 10:30 Exercise (AL Act Rm) 11:00 Exercise (Theater) 1:30 Bunco (AL Dining Rm) 2:30 Painting (AL Act Rm) 6:00 Bridge (Pub)	<b>5</b> 9:00 Heritage Hikers (Lobby) 10:00 Bocce Ball (AL Dining Rm) 11:00 Exercise (Theater) 1:15 Sheepshead (Pub) 2:00 Lutheran Church (Theater) 2:30 Quarter Bingo (AL Dining Rm) 4:00 Social (Pub)	<b>6</b> 9:00 Cooking (AL Act Rm) 10:30 Exercise (AL Act Rm) 11:00 Exercise (Theater) 1:15 Movie (Theater) <b>2:00 Walmart Trip</b> (sign up at desk) 3:00 Games (AL Dining) 5:30 Poker (Pub)	<b>7</b> 9:15 Sharing Stories (AL Act Rm) 10:30 Exercise (AL Act Rm) 11:00 Exercise (Theater) 1:00 Library (Lobby) 2:00 Euchre (Pub)	<b>8</b> 11:00 Exercise (AL Act Rm) 2:30 Movie (Theater) 5:00 Social (Pub)
<b>9</b> 11:00 Exercise (AL Act Rm) 1:00 Heritage Hikers Resident Led (meet in Lobby) 2:30 Table Games (AL Act Rm)	<b>10</b> 9:00 Heritage Hikers (Lobby) 9:30 Bean Bag Toss (AL Dining Rm) 10:00 Elm Brook Church (AL Act) 11:00 Exercise (Theater) 1:00 Pokeno (AL Act Rm) 3:00 Sing Along (AL Act Rm) 4:00 Social (Pub) 5:15 Hand and Foot (Pub)	<b>11</b> 9:00 Heritage Hikers (Lobby) 10:30 Catholic Communion (Theater) 10:00 Exercise (AL Act Rm) 11:00 Exercise (Theater) <b>2:30 Ranger Therapy Dog (Fireplace 2<sup>nd</sup> floor)</b> 2:30 Painting (AL Act Rm) 6:00 Bridge (Pub)	<b>12</b> 9:00 Heritage Hikers (Lobby) 10:00 Bocce Ball (AL Dining Rm) 11:00 Exercise (Theater) 1:15 Sheepshead (Pub) 2:30 Bingo (AL Dining Rm) 4:00 Social (Pub)	<b>13</b> 9:00 Cooking (AL Act Rm) 10:30 Exercise (AL Act Rm) 11:00 Exercise (Theater) 1:15 Movie (Theater) 3:00 Games (AL Dining) 5:30 Poker (Pub)	<b>14</b> 9:15 Sharing Stories (AL Act Rm) 10:30 Exercise (AL Act) 11:00 Exercise (Theater) <b>1:30 Valentine Party (PUB)</b> <b>2:00 Heinzel Music (IL Dining)</b> <b>Valentine's Day</b>	<b>15</b> 11:00 Exercise (AL Act Rm) 2:30 Movie (Theater) 5:00 Social (Pub)
<b>16</b> 11:00 Exercise (AL Act Rm) 1:00 Heritage Hikers Resident Led (meet in Lobby) 2:30 Table Games (AL Act Rm)	<b>17</b> 9:00 Heritage Hikers (Lobby) 9:30 Bean Bag Toss (AL Dining Rm) 10:00 Elm Men's Bible Study (AL Act) 11:00 Exercise (Theater) 1:00 Pokeno (AL Act Rm) 3:00 Sing Along (AL Act Rm) 4:00 Social (Pub) 5:15 Hand and Foot (Pub) <b>President's Day</b>	<b>18</b> 9:00 Heritage Hikers (Lobby) 10:30 Catholic Communion (Theater) 10:00 Exercise (AL Act Rm) 11:00 Exercise (Theater) 1:30 Bunco (AL Dining Rm) 2:30 Painting (AL Act Rm) 6:00 Bridge (Pub)	<b>19</b> 9:00 Heritage Hikers (Lobby) 10:00 Bocce Ball (AL Dining Rm) 11:00 Exercise (Theater) 1:15 Sheepshead (Pub) <b>1:30 Clay sign up front (AL Act Rm)</b> 2:30 Quarter Bingo (AL Dining Rm) 4:00 Social (Pub)	<b>20</b> 9:00 Cooking (AL Act Rm) 10:30 Exercise (AL Act Rm) 11:00 Exercise (Theater) 1:15 Movie (Theater) 3:00 Games (AL Dining) <b>3:00 Aegis Education (Pub)</b> 5:30 Poker (Pub)	<b>21</b> 9:15 Sharing Stories (AL Act Rm) 10:30 Exercise (AL Act Rm) 11:00 Exercise (Theater) 2:00 Euchre (Pub) <b>3:00 Birthday Party (Pub)</b>	<b>22</b> 11:00 Exercise (AL Act Rm) 2:30 Movie (Theater) 5:00 Social (Pub)
<b>23</b> 11:00 Exercise (AL Act Rm) 1:00 Heritage Hikers Resident Led (meet in Lobby) 2:30 Table Games (AL Act Rm)	<b>24</b> 9:00 Heritage Hikers (Lobby) 9:30 Bean Bag Toss (AL Dining Rm) 10:00 Elm Brook Church (AL Act) 11:00 Exercise (Theater) 1:00 Pokeno (AL Act Rm) <b>2:45 Four Guys (AL Dining Rm)</b> 4:00 Social (Pub) 5:15 Hand and Foot (Pub)	<b>25</b> 9:00 Heritage Hikers (Lobby) 10:00 Catholic Communion (Theater) 10:30 Exercise (AL Act Rm) 11:00 Exercise (Theater) <b>2:30 Ranger Therapy Dog (Fireplace 2<sup>nd</sup> floor)</b> 2:30 Painting (AL Act Rm) 6:00 Bridge (Pub)	<b>26</b> 9:00 Heritage Hikers (Lobby) 10:00 Bocce Ball (AL Dining Rm) 11:00 Exercise (Theater) 1:15 Sheepshead (Pub) 2:30 Bingo (AL Dining Rm) 4:00 Social (Pub)	<b>27</b> 9:00 Cooking (AL Act Rm) 10:30 Exercise (AL Act Rm) 11:00 Exercise (Theater) <b>11:00 Lunch Corner Stone sign up at front</b> 1:15 Movie (Theater) 3:00 Games (AL Dining)	<b>28</b> 9:15 Sharing Stories (AL Act Rm) 10:30 (AL Act Rm) 11:00 Exercise (Theater) 2:00 Euchre (Pub)	

## Assisted Living

Family Social Month Date at 10am

Educational Presentation Aegis February 20 3:00 Pub

\* All activities are subject to change when necessary. Residents' families are invited to participate in community events.