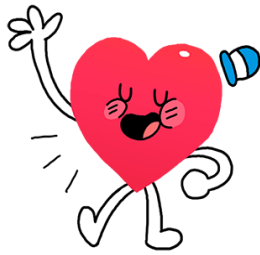


# FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Happy Birthday:</b> 1- Sheri L. 5- Jean K. 11- Judith G. & Ray J. 14- Don S.	21- Marcie A. 28- Debby S.					1 10:00- Strength Training 10:30- Trivia- Bistro 1:15- Heritage Hikers 2:00- <b>Bingo in the Bistro</b> 3:15- Snakes and Ladders 4:00- Heritage House Calls
10:00- Exercise w/ Spiro <sup>2</sup> 10:30- <b>Coffee &amp; Donut Social</b> 1:15- Heritage Hikers 2:00- <b>Midday Matinee:</b> "Groundhog Day"- Theater 2:30- Crafting with Kristie in Bistro <b>Groundhog Day</b>	10:00- Morning Stretch <sup>3</sup> 10:30- <b>Manicure Monday</b> 1:00- Heritage House Calls 2:00- "The Day The Music Died" Documentary- Bistro 3:00- Cribbage in Bistro	10:00- Morning Meditation <sup>4</sup> 10:30- <b>Pet Therapy</b> 1:15- Communion & Rosary (IL DR) 2:00- <b>Flower Arranging</b> 3:30- Resident Led Games	9:30- Devotions & Coffee <sup>5</sup> 10:00- Strength Training 10:30- Left, Right, Center 1:30- Heritage Hikers 2:00- <b>Bingo in the Bistro</b> 3:30- Music Trivia	9:30- Positive Affirmations <sup>6</sup> 10:00- Exercise w/ Spiro 10:30- <b>Coffee &amp; Donut Social</b> 1:30- Heritage Hikers 2:30- <b>Entertainment w/                      Gemini</b> 3:30- Crafting w/ Kristie	10:00- Morning Stretch <sup>7</sup> 10:30- Trivia in Activity Room 11:00- Scrabble 1:00- Heritage Hikers 2:30- <b>Happy Hour &amp; Table                      Games</b> 4:00- Heritage House Calls	10:00- Exercise w/ Spiro <sup>8</sup> 10:30- Devotions & Coffee 1:00- Heritage Hikers 2:00- <b>Bingo in the Bistro</b> 3:30- <b>Baking w/ Brittany</b> 4:00- Resident Led Games
10:00- Morning Stretch <sup>9</sup> 10:30- <b>Coffee &amp; Donut Social</b> 1:00- Heritage House Calls 2:00- Trivia in the Bistro 3:30- Boggle in Activity Room 4:00- Resident Led Games	10:00- Strength Training <sup>10</sup> 10:30- <b>Manicure Monday</b> 1:30- Heritage Hikers 2:00- Armchair Travel: National Natural History Museum 3:30- Crafting w/ Ciara	10:00- Morning Stretch <sup>11</sup> 10:30- <b>Pet Therapy</b> 1:30- <b>Flower Arranging</b> 2:00- <b>Resident Council</b> 3:00- Short Stories & Refreshments	9:30- Devotions & Coffee <sup>12</sup> 10:00- Exercise w/ Spiro 10:30- Watercolor w/ Kristie 1:30- Heritage Hikers 2:00- <b>Bingo in the Bistro</b> 3:30- Cribbage Corner- AR	10:00- Strength Training <sup>13</sup> 10:30- <b>Coffee &amp; Donut Social</b> 1:30- Heritage Hikers 2:30- <b>Entertainment w/                      Cameron Webb</b> 3:30- Resident Led Games	10:00- Morning Stretch <sup>14</sup> 10:30- Trivia in Bistro 1:30- Chocolate Creations 2:30- <b>Happy Hour:                      Valentine Bingo</b> 3:30- Heritage House Calls Valentine's Day	10:00- Strength Training <sup>15</sup> 10:30- Gumdrop Tower Challenge- Bistro 12:00- Slice of Love Party 2:00- <b>Bingo in the Bistro</b> 3:30- UNO 4:00- Heritage House Calls
10:00- Exercise w/ Spiro <sup>16</sup> 10:30- <b>Coffee &amp; Donut Social</b> 1:00- Heritage Hikers 2:00- <b>Midday Matinee- TBD</b> 2:30- Word Game Fun 3:30- Heritage House Calls	10:00- Morning Stretch <sup>17</sup> 10:30- <b>Manicure Monday</b> 1:30- Name That President 2:00- Armchair Travel: Mount Rushmore 3:30- Heritage House Calls President's Day	10:00- Strength Training <sup>18</sup> 10:30- Crafting w/ Kristie 1:00- Heritage Hikers 1:15- Communion & Rosary 2:00- <b>Flower Arranging</b> 3:30- Puzzle Corner	9:30- Devotions & Coffee <sup>19</sup> 10:00- Morning Meditation 10:30- Sports Trivia- Bistro 1:30- Heritage Hikers 2:00- <b>Bingo in the Bistro</b> 3:30- Coloring Club	10:00- Morning Stretch <sup>20</sup> 10:30- <b>Coffee &amp; Donut Social</b> 1:30- Giant Boggle Game 2:30- <b>Entertainment w/                      Casey &amp; Greg</b> 3:30- Watercolor with Kristie	10:00- Exercise w/ Spiro <sup>21</sup> 10:30- Thank You Cards 1:00- Heritage Hikers 2:30- <b>Happy Hour: February                      Birthday Party</b> 3:30- Bowling in the Bistro	10:00- Morning Meditation <sup>22</sup> 10:30- Devotions & Coffee 1:00- Armchair Travel: California 2:00- <b>Bingo in the Bistro</b> 3:30- <b>Baking w/ Brittany</b>
10:00- Strength Training <sup>23</sup> 10:30- <b>Coffee &amp; Donut Social</b> 1:00- Heritage Hikers 2:00- Winter Game Fun- Bistro 3:30- Left, Right, Center	10:00- Exercise w/ Spiro <sup>24</sup> 10:30- <b>Manicure Monday</b> 1:30- Heritage Hikers 2:00- Armchair Travel: Louisiana 3:30- Chip and Dip Social in Bistro	10:00- Morning Stretch <sup>25</sup> 10:30- Mardi Gras Mask Craft 1:30- <b>Flower Arranging</b> 3:00- History of Mardi Gras- Bistro	9:30- Devotions & Coffee <sup>26</sup> 10:00- Strength Training 10:30- Trivia- Bistro 1:00- Heritage House Calls 2:00- <b>Bingo in the Bistro</b> 3:30- Cribbage Corner	10:00- Morning Meditation <sup>27</sup> 10:30- <b>Coffee &amp; Donut Social</b> 1:30- Heritage Hikers 2:30- <b>Entertainment w/                      Patricia Stone</b> 3:30- Retro Day Fun	10:00- Morning Stretch <sup>28</sup> 10:30- Short Stories 1:00- Heritage House Calls 2:30- Mardi Gras Happy Hour 3:30- Puzzle Corner	

## SPECIAL EVENTS

Slice of Love Pizza Party- 2/15 @12pm RSVP to event  
 Armchair Travels- Every Monday Afternoon

\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.