

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:00 Heritage Hikers (Lobby) 1 10:00 Bocce Ball (AL Dining Rm) 11:00 Exercise (Theater) No Lutheran Service 1:15 Sheepshead (Pub) 2:30 Bingo (AL Dining Rm) 4:00 Social (Pub)	9:00 Cooking (AL Act Rm) 2 10:00 Exercise (AL Act Rm) 11:00 Exercise (Theater) 1:15 Movie (Theater) 3:00 Games (AL Dining) 6:00 Poker (Pub)	9:15 Sharing Stories (AL Act Rm) 3 11:00 Exercise (Theater) 1:30 Exercise (AL Act Rm) 2:00 Walmart Trip (signup at front for trip) 2:00 Euchre (Pub)	11:00 Exercise (AL Act Rm) 4 2:30 Movie (Theater) 5:00 Social (Pub)
11:00 Exercise (AL Act Rm) 5 1:00 Heritage Hikers Resident Led (meet in Lobby) 2:30 Table Games (AL Act Rm)	9:00 Heritage Hikers (Lobby) 6 9:30 Bean Bag Toss (AL Dining) 10:00 Men's Bible Study (AL Act) 11:00 Exercise (Theater) 1:00 Pokeno (AL Act Rm) 3:00 Sing Along (AL Act Rm) 4:00 Social (Pub) 5:15 Hand and Foot (Pub)	9:00 Heritage Hikers (Lobby) 7 10:00 Catholic Communion (Theater) 10:00 Exercise (AL Act Rm) 11:00 Exercise (Theater) 1:30 Bunco (AL Dining Rm) 2:00 Painting (AL Act Rm) 6:00 Bridge (Pub)	9:00 Heritage Hikers (Lobby) 8 10:00 Bocce Ball (AL Dining Rm) 11:00 Exercise (Theater) 1:15 Sheepshead (Pub) 2:30 Quarter Bingo AL Din Rm) 4:00 Social (Pub)	9:00 Cooking (AL Act Rm) 9 10:00 Exercise (AL Act Rm) 11:00 Exercise (Theater) 1:15 Movie (Theater) 3:00 Games (AL Dining) 4:00 Information Meeting UHC (Pub) 6:00 Poker (Pub)	9:15 Sharing Stories (AL Act Rm) 10 11:00 Exercise (Theater) 2:00 Music Caroline(Al Dining Rm) 2:00 Euchre (Pub)	11:00 Exercise (AL Act Rm) 11 2:30 Movie (Theater) 5:00 Social (Pub)
11:00 Exercise (AL Act Rm) 12 1:00 Heritage Hikers Resident Led (meet in Lobby) 2:30 Table Games (AL Act Rm)	9:00 Heritage Hikers (Lobby) 13 9:30 Bean Bag Toss (AL Dining Rm) 10:00 Elm Brook Church (AL Act) 11:00 Exercise (Theater) 1:00 Pokeno (AL Act Rm) 3:00 Sing Along (AL Act Rm) 4:00 Social (Pub) 5:15 Hand and Foot (Pub)	9:00 Heritage Hikers (Lobby) 14 10:00 Catholic Communion (Theater) 10:00 Exercise (AL Act Rm) 11:00 Exercise (Theater) 2:00 Painting (AL Act Rm) 6:00 Bridge (Pub)	9:00 Heritage Hikers (Lobby) 15 10:00 Bocce Ball (AL Dining Rm) 11:00 Exercise (Theater) 1:15 Sheepshead (Pub) 1:30 Clay Class (AL Act Rm) sign up at desk 2:30 Bingo AL Din Rm) 4:00 Social (Pub)	9:00 Cooking (AL Act Rm) 16 10:00 Exercise (AL Act Rm) 11:00 Exercise (Theater) 1:15 Movie (Theater) 3:00 Games (AL Dining) 3:00 Aegis Inservice (Pub) 6:00 Poker (Pub)	9:15 Sharing Stories (AL Act Rm) 17 11:00 Exercise (Theater) 1:30 Exercise (AL Act Rm) 2:00 Euchre (Pub)	11:00 Exercise (AL Act Rm) 18 2:30 Movie (Theater) 5:00 Social (Pub)
11:00 Exercise (AL Act Rm) 19 1:00 Heritage Hikers Resident Led (meet in Lobby) 2:30 Family signer's Gospel and Blue Grass (AL Dining Rm)	9:00 Heritage Hikers (Lobby) 20 9:30 Bean Bag Toss (AL Dining) 10:00 Men's Bible Study (AL Act) 11:00 Exercise (Theater) 1:00 Pokeno (AL Act Rm) 2:00 Garbage Pickers (AL Dining Rm) 4:00 Social (Pub) 5:15 Hand and Foot (Pub) Martin Luther King	9:00 Heritage Hikers (Lobby) 21 10:00 Catholic Communion (Theater) 10:00 Exercise (AL Act Rm) 11:00 Exercise (Theater) 1:30 Bunco (AL Dining Rm) 2:00 Painting (AL Act Rm) 6:00 Bridge (Pub)	9:00 Heritage Hikers (Lobby) 22 10:00 Bocce Ball (AL Dining Rm) 11:00 Exercise (Theater) 1:15 Sheepshead (Pub) 2:30 Quarter Bingo AL Din Rm) 4:00 Social (Pub)	9:00 Cooking (AL Act Rm) 23 10:00 Exercise (AL Act Rm) 11:00 Exercise (Theater) 1:15 Movie (Theater) 3:00 Games (AL Dining) 6:00 Poker (Pub)	9:15 Sharing Stories (AL Act Rm) 24 11:00 Exercise (Theater) 1:30 Exercise (AL Act Rm) 2:00 Euchre (Pub)	11:00 Exercise (AL Act Rm) 25 2:30 Movie (Theater) 5:00 Social (Pub)
11:00 Exercise (AL Act Rm) 26 1:00 Heritage Hikers Resident Led (meet in Lobby) 2:30 Table Games (AL Act Rm)	9:00 Heritage Hikers (Lobby) 27 9:30 Bean Bag Toss (AL Dining Rm) 10:00 Elm Brook Church (AL Act) 11:00 Exercise (Theater) 1:00 Pokeno (AL Act Rm) 3:00 Sing Along (AL Act Rm) 4:00 Social (Pub) 5:15 Hand and Foot (Pub)	9:00 Heritage Hikers (Lobby) 28 10:00 Catholic Communion (Theater) 10:00 Exercise (AL Act Rm) 11:00 Exercise (Theater) 2:00 Painting (AL Act Rm) 6:00 Bridge (Pub)	9:00 Heritage Hikers (Lobby) 29 10:00 Bocce Ball (AL Dining Rm) 11:00 Exercise (Theater) 1:15 Sheepshead (Pub) 2:30 Bingo AL Din Rm) 4:00 Social (Pub)	9:00 Cooking (AL Act Rm) 30 10:00 Exercise (AL Act Rm) 11:00 Exercise (Theater) 1:15 Movie (Theater) 3:00 Games (AL Dining) 6:00 Poker (Pub)	9:15 Sharing Stories (AL Act Rm) 31 11:00 Exercise (Theater) 11:00 Trip Lunch Machine Shed (Sign up front) 1:30 Exercise (AL Act Rm) 2:00 Euchre (Pub)	

Assisted Living

Aegis Seminar January 16 3:00 PUB

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*