

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Morning Exercises 1 Hydration Station Tea time Noon: MensDay Sports Trivia Beer and Pretzels	Morning: Let's get moving 2 Hydration Station Afternoon Bingo & store Cards	Morning: Stretch/bands 3 Trivia Afternoon: MENS TRIP TBA Brewers Ice Cream Social Board games	Morning: Seated Zumba 4 Hydration station Afternoon: Bingo Appetizers and Refreshments	Morning 5 MapHabit app Exercises Come cook with us Hydration station Afternoon: Lincoln Village Walkers HAPPY HOUR	Morning: Stretches 6 Cross word puzzles Afternoon: Fresh Air walking Old times show Brewers Game & Snacks
Morning: Virtual Church 7 Hyme Sing Afternoon: Walk and Talk Brewers Game watch Puzzles	Morning: Stretching Bands Exercise 8 Crafts Hydration station Afternoon: Bingo and Store Root beer floats	Morning: Metro Active 9 Baking club Hydration Station Afternoon: Field Trip TBA	Morning: Exercises 10 Music Matinee Afternoon: Katie Church Board games	Morning: Move active 11 Spring craft Afternoon: Manicures Bingo	Morning: 12 Balloon Tennis Appetizers w/Kim Afternoon: Heritage Walkers HAPPY HOUR	Morning: Exercises 13 Painting craft Manicures Afternoon Afternoon: Walk w/friends Brewers Game watch and snacks
Morning: Church Service 14 Garden Club Hydration station Afternoon: Brewers Game watching Peaceful coloring	Morning: seated stretches 15 Baking Walking Hikers (outside) Afternoon: Nail Cart Spa Day	Morning: Exercise 16 Hydration station Afternoon: Trivia Tree Pictionary	Morning: Seated kick box 17 Hydration Station Brewers Game Afternoon: Katie Church OUTING TBA	Morning: Exercises 18 Crafts Hydration station Afternoon: Bingo Bingo store	Morning: Balloon Tennis 19 Appetizers w/ kim Hydration station Afternoon: Hangman HAPPY HOUR	Morning: Keeping fit 20 Table games Afternoon: Brewers Game watch Village hikers Mid day matinee
Morning: Church service 21 Hyme sing Lets walk Afternoon: Brewers Game watch Reading & Relaxation Sensations Morning: Exercises	Morning: Metro Active 22 Outdoor Activity Sodas on the patio Afternoon: Dice games EARTH DAY Morning: Seated Zumba	Morning: Exercises 23 This Day in History trivia Afternoon: FIELD TRIP TBA Bingo Morning: Metro active	Morning: Metro Active 24 Flower club Katie Church Afternoon: Table games Brewers Game watch	Morning: Seated Stretches 25 Mens trip TBA Bingo Afternoon: Board games Refreshments and snacks	Morning: Band stretching 26 Making appetizers Walk and talk Afternoon: Trivia *APRIL BIRTHDAYS- HAPPY HOUR	Morning: Exercises 27 Crossword puzzles Lincoln Hikers Afternoon: Hydration Station Brewers Game
Reminisce game 28 walk outdoors Afternoon: Brewers Game watch Sundaes on Sunday	Crafts 29 Afternoon: Hydration station Trivia & board games	Baking club 30 Hydration station Afternoon: Manicures Twister bags/ cards				