

# MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:30 This Day in History <b>1</b> 10:00 Spiro Band Exercise Daily Chronicles 10:30 Boggle with Students 2:00- Happy Hour- TBA Cocktail-Irish Mudslide	9:30 What's in the News? <b>2</b> 10:00 Exercise- Weighted Cardio 10:30 Trivia Fill in the blank. 2:00 Bingo- Ec1 3:00 Open Card Hour
9:30 Spiritual Sunday <b>3</b> 10:00 Spiro Exercise 11:00 Mass 2:00 Sundae Social 2:30 Open Card Hour	9:30 Motivational Monday <b>4</b> 10:00 Cardio Drumming 10:30 Wheel of Fortune 2:00 Bowling 3:00 Kings Corner 4:00 1-1 Heart to Heart Visits	9:30 Talk about it Tuesday? Current Events <b>5</b> 10:00 March Along exercises 10:30 Irish Saying Anagrams 1:00 Menus 2:00 Bingo-AL	10:00 Spiro Exercise <b>6</b> 10:30 Heritage Hurdle -Wordle 1:00 Independant Resident Council/1:30 AL Resident Council 2:00 Bingo- \$5.00 Independant 2:3012- Crafting St. Paddy's	9:30 March Madness- Talk <b>7</b> 10:00 Marching along exercise 10:30 Jeopardy with Students 1:00 Crafting Hour- St. Paddy's Day Wreath 2:00 Bingo-AL	9:30 This Day in History <b>8</b> 10:00 Spiro & Band Exercise 10:30 Boggle with Students 2:00 Happy Hour- Elvis Cocktail-Irish Manhattan	9:30 What's in the News? <b>9</b> 10:00 Exercise- Weighted Cardio 10:30 Trivia- Fill in the blank. 2:00 Bingo-Ec1 3:00 Open Card
9:30 Spiritual Sunday <b>10</b> 10:00 Glen Castle Irish Dancers Celebration- Ec-1 11:00 Mass 1:00 Nail Spa Day 2:00 Sundae Social <b>Daylight Savings Begins</b>	9:30 Motivational Monday <b>11</b> 10:00 Cardio Drumming 10:30 Wheel of Fortune 2:00 Lutheran Service 3:00 Kings Corner 4:00 1-1 Heart to Heart Visits	9:30 Talk about it Tuesday? Current Events <b>12</b> 10:00 March Along exercises 10:30 Daylight- Anagrams 1:30 Aegis Presentation- Ec-1 2:00 Bingo- AL	9:30 Bus Outing <b>13</b> 10:00 Spiro Exercise 10:30 Heritage Hurdle -Wordle 1:30 Aegis Presentation Independent Living 2:00 Bingo-\$ 5.00 Independant	9:30 March Madness- Talk <b>14</b> 10:00 Marching along exercise 10:30 Jeopardy with Students 1:00 Crafting Hour- Cookies 2:00 Bingo- AL 4:00 Creative Coloring	9:30 This Day in History <b>15</b> 10:00 Spiro & Band Exercise 10:30 Boggle with Students 2:00 Happy Hour- Joe K. Cocktail- Boozy Shamrock 4:00 Puzzle Hour	9:30 What's in the News? <b>16</b> 10:00 Exercise- Weighted Cardio 10:30 Trivia- Fill in the blank. 2:00 Bingo- Ec-1 3:00 Card Hour
9:30 This Day in History <b>17</b> 10:00 Spiro Exercise 1:00 Nail Spa Day 2:00- Shamrocks Shakes 3:00 Open Card Hour <b>St. Patrick's Day</b>	9:30 Motivational Monday <b>18</b> 10:00 Cardio Drumming 10:30 Wheel of Fortune 2:00 Bowling 3:00 Kings Corner 4:00 1-1 Heart to Heart Visits	9:30 Talk about it Tuesday? Current Events <b>19</b> 10:00 March Along exercises 10:30 SPRING - Anagrams 1:00 Menus 2:00 Bingo- AL <b>First Day of Spring</b>	9:30 Bus Outing <b>20</b> 10:00 Spiro Exercise 10:30 Heritage Hurdle -Wordle 2:00 Bingo-\$5.00 Independent 3:30 Pub Crawl- Travel to Ireland with Emily- PUB	9:30 March Madness- Talk <b>21</b> 10:00 March along exercise 10:30 Jeopardy with Students 1:00 Crafting Hour- Tulip 2:00 Bingo- AL 4:00- Sweet 16 Bracket Talk-AL	9:30 This Day in History <b>22</b> 10:00 Spiro Band & Exercise 10:30 Boggle with Students 2:00 Happy Hour- Signature Cocktail- Irish Coffee Featuring: Micheal T.	9:30 What's in the News? <b>23</b> 10:00 Exercise- Weighted Cardio 10:30 Trivia- Fill in the Blank. 2:00 Bingo- Ec-1 3:00 Card Hour
10:00 Spiro Exercise <b>24</b> 11:00 Mass Palm Sunday 2:30 Open Card Hour <b>Palm Sunday</b>	9:30 Motivational Monday <b>25</b> 10:00 Cardio Drumming 10:30 Wheel of Fortune 2:00 Lutheran Service 3:00 Kings Corner 4:00 1-1 Heart to Heart Visits	9:30 Talk about it Tuesday? Current Events <b>26</b> 10:00 March Along exercises 10:30 March Madness 1:00 Menus 2:00 Bingo- AL	9:30 Bus Outing <b>27</b> 10:00 Spiro Exercise 10:30 Heritage Hurdle -Wordle 2:00 Matinee- Dogs Purpose 2:30 Bingo- \$5.00 Independant 3:00 Cribbage- AL	9:30 March Madness- Talk <b>28</b> 10:00 Marching along exercise 10:30 Jeopardy with Students 1:00 Crafting Corner- Teddy Bear 2:00 Bingo- AL 4:00 Creative Coloring	9:30 This Day in History <b>29</b> 10:00 Spiro & Band Exercise 10:30 Boggle 2:00 Happy Hour- Featuring - Wine Coolers- TBA 4:00 Puzzle Hour <b>Good Friday</b>	9:30 What's in the News? <b>30</b> 10:00 Exercise- Weighted Cardio 10:30 Trivia Fill in the blank. 2:00 Bingo-Ec1 3:00 Card Hour
10:00 Spiro Exercise <b>31</b> 11:00 Easter Mass Service 2:30 Open Card Hour <b>Easter</b>						

Independent / Assisted Living

Community Life Enrichment Calendar

## SPECIAL EVENTS

Pub Crawl 3/20 Pub Crawl

Educational Presentation 3/12- 3/13

*\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

HERITAGE  
SENIOR LIVING  
Aspire | LINCOLN VILLAGE