

MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Assisted Living				Happy Birthday Sue – 16 th	1 10:00 Exercise 10:45 Care & Share – Act. Room 1:30 Heritage Hikers 2:30 TGIF-Happy Hour	2 10:00 Exercise 10:30 Mindful Meditation 1:00 Bingo in the Bistro 3:30 Resident Led Bridge
				7 9:30 Exercise w/ Spiro 100 10:15 Donuts & Coffee Social in the Bistro 1:30 Heritage Hikers 2:30 Entertainment w/ Gemini	8 10:00 Exercise 10:30 Dynseo Games – Act. Room 1:30 Heritage Hikers 2:30 TGIF-Happy Hour	9 10:00 Exercise 10:30 Mindful Meditation 1:00 Bingo in the Bistro 3:30 Resident Led Bridge
				13 10:00 Exercise 11:00 Card Making w/ Shirley - Bistro 2:00 Bingo in the Bistro 3:15 1:1 Room Visits	15 10:00 Exercise 10:30 Let's Catch Up 1:30 Heritage Hikers 2:30 Travel to Ireland & Celebrate St. Patrick's Day!	16 10:00 Exercise 10:30 Mindful Meditation 1:00 Bingo in the Bistro 3:30 Resident Led Bridge
				20 10:00 Exercise 11:00 Spring Craft 2:00 Bingo in the Bistro	22 10:00 Exercise 10:30 Dynseo Games – Act. Room 1:30 Heritage Hikers 2:30 TGIF-Happy Hour	23 10:00 Exercise 10:30 Mindful Meditation 1:00 Bingo in the Bistro 3:30 Resident Led Bridge
				27 10:00 Exercise 11:00 Easter Craft 2:00 Bingo in the Bistro 3:15 1:1 Room Visits	29 10:00 Exercise 1:30 Heritage Hikers 2:30 TGIF- Easter Happy Hour Good Friday	30 10:00 Exercise 10:30 Mindful Meditation 1:00 Bingo in the Bistro 3:30 Resident Led Bridge
3 10:00 Resident Led Exercise 10:30 Bethel Worship (TV) 10:45 Coffee & Cookies w/ Concierge in the Bistro 1:30 Movie (IL Theater - 2 nd Floor)	4 10:00 Keepin' Fit 1:30 Heritage Hikers 2:30 Baby Brady Party - Bistro	5 10:00 Exercise 10:30 Dynseo Games – Act. Room 1:15 Catholic Communion & Rosary (IL DR)	6 10:00 Resident Led Exercise 11:15 Weekly Devotional w/ Mariah 2:00 Bingo in the Bistro	14 9:30 Exercise w/ Spiro 100 10:15 Donuts & Coffee Social in the Bistro 1:30 Heritage Hikers 2:30 Entertainment w/ Tom Kastle	17 10:00 Resident Led Exercise 10:30 Bethel Worship (TV) 10:45 Coffee & Cookies w/ Concierge in the Bistro 1:30 Movie (IL Theater - 2 nd Floor) Daylight Savings Begins	18 10:00 Keepin' Fit 1:30 Heritage Hikers 2:30 Trivia & Snacks – Act. Room
10 10:00 Resident Led Exercise 10:30 Bethel Worship (TV) 10:45 Coffee & Cookies w/ Concierge in the Bistro 1:30 Movie (IL Theater - 2 nd Floor) Daylight Savings Begins	11 10:00 Keepin' Fit 10:30 Monday Manicures – Act. Room 1:30 Heritage Hikers 2:30 Trivia & Snacks – Act. Room	12 10:00 Exercise w/ Spiro 100 10:30 Pet Therapy w/ Harper Lee 1:00 Spiritual Study (IL DR) 2:30 Resident Council Meeting 3:00 Flower Arranging	19 10:00 Exercise 10:30 Dynseo Games – Act. Room 1:15 Catholic Communion & Rosary (IL DR) 2:30 Flower Arranging First Day of Spring	21 9:30 Exercise w/ Spiro 100 10:15 Donuts & Coffee Social in the Bistro 1:30 Heritage Hikers 2:30 Entertainment w/ Davis Beck as Elvis!	24 Same schedule as March 17 Palm Sunday	25 10:00 Keepin' Fit 10:30 Monday Manicures 1:30 Heritage Hikers 2:30 March Birthday Bash Celebration! - Bistro
17 10:00 Resident Led Exercise 10:30 Bethel Worship (TV) 10:45 Coffee & Cookies w/ Concierge in the Bistro 1:30 Movie (IL Theater - 2 nd Floor) St. Patrick's Day	18 10:00 Keepin' Fit 1:30 Heritage Hikers 2:30 Trivia & Snacks – Act. Room	19 10:00 Exercise 10:30 Dynseo Games – Act. Room 1:15 Catholic Communion & Rosary (IL DR) 2:30 Flower Arranging First Day of Spring	20 10:00 Exercise 11:00 Spring Craft 2:00 Bingo in the Bistro	28 9:30 Exercise w/ Spiro 100 10:15 Donuts & Coffee Social in the Bistro 1:30 Heritage Hikers 2:30 Entertainment w/ Rob Tomaro	31 Same schedule as March 17 Easter	

SPECIAL EVENTS

Travel to Ireland Social, March 15 @2:30pm

March Birthday Bash, March 25 @2:30pm

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*