MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 **Morning:** Daily Devotions Spiro 100- morning stretching& Meditation **Afternoon:** Heritage Hikers Card Games TGIF-Happy Hour	2 **Morning:** Daily Devotion, Coffee, Social Keepin' Fit MapHabit Engage Maps **Afternoon:** Heritage Hikers Midday Matinee Snack & Refreshments MapHabit Engage Maps
3 **Morning:** Mass on TV & Coffee Social Keepin' Fit MapHabit Engage Maps **Afternoon:** Heritage Hikers Sundaes on Sunday MapHabit Engage Maps	4 **Morning:** Daily Devotions& Coffee Social Keepin' Fit **Afternoon:** Heritage Hikers Sensory Spa & Massage Glitz & Glamour Snack & Refreshments	5 **Morning:** Daily Devotions & Coffee Social Sensory Stations Move to music Tuesdays **Afternoon:** Heritage Hikers Bingo Snacks & Refreshments	6 **Morning:** Daily Devotions & Coffee Social Keepin' Fit **Afternoon:** Heritage Hikers Church w/Katie Crafts: Pot of Gold Snack & Refreshment Social MapHabit Engage Maps	7 **Morning:** Daily Devotions & Coffee Social Balloon exercises **Afternoon:** Heritage Hikers Animal Bingo Snacks and Refreshments	8 Morning: Daily Devotions Keepin' Fit Balloon tennis Afternoon: Heritage Hikers David Drake folk music 3:00 TGIF-Happy Hour	9 **Morning:** Daily Devotion Coffee Social Seated zumba MapHabit Engage Maps **Afternoon:** Heritage Hikers Midday Matinee Snack & Refreshments MapHabit Engage Maps
10 **Morning:** Mass on TV Coffee Social Keepin' Fit MapHabit Engage Maps **Afternoon:** Heritage Hikers Sundaes on Sunday MapHabit Engage Maps **Daylight Savings Begins**	11 **Morning:** Daily Devotions Coffee Social Keepin' Fit **Afternoon:** Heritage Hikers Appetizers Glitz & Glamour Snack & Refreshments	12 **Morning:** Coffee Social Sensory Stations Move to music Tuesdays. **Afternoon:** Heritage Hikers Bingo Snacks & Refreshments	13 **Morning:** Daily Devotions Keepin' Fit snack time **Afternoon:** Heritage Hikers Crafts: St. Patty hats Snack & Refreshment Social MapHabit Engage Maps	14 **Morning:** Daily Devotions Coffee Social Keepin' Fit Making appetizers **Afternoon:** 1:00 Heritage Hikers 1:30 Council meeting EC 2:00 Bingo	15 **Morning:** Daily Devotions Coffee Social Keepin' Fit Baking Club **Afternoon:** Armchair Travel to Ireland Bingo TGIF Shamrock Shakes	16 **Morning:** Daily Devotion & Coffee Social Morning stretch and meditation MapHabit Engage Maps **Afternoon:** Heritage Hikers Midday Matinee Snack & Refreshments MapHabit Engage Maps
17 **Morning:** Mass on TV & Coffee Social Keepin' Fit MapHabit Engage Maps Afternoon: Heritage Hikers Sundaes on Sunday MapHabit Engage Maps **St. Patrick's Day**	18 **Morning:** Daily Devotions & Coffee Social 10:30 Seated Zumba Afternoon: Heritage Hikers Sensory Spa & Massage Glitz & Glamour/womens day Snack & Refreshments	19 **Morning:** 9:45 Daily Devotions& Coffee Social Crafts sunflowers Move to music Tuesdays **Afternoon:** Heritage Hikers Bingo **First Day of Spring**	20 Making appetizers **Afternoon:** Heritage Hikers Crafts: Sunflowers/spring Snacks & Refreshment Social/maphabit MapHabit Engage Maps	21 **Morning:** Daily Devotions & Coffee Social Keepin' Fit Dynseo **Afternoon:** Heritage Hikers Birthday celebrations Bingo and refreshments	22 **Morning:** Daily Devotions Metro exercise Snacks **Afternoon:** Decorating pots Happy Hour/social Michael Hecker (music)	23 **Morning:** Daily Devotion & Coffee Social Morning stretch & meditation MapHabit Engage Maps **Afternoon:** Heritage Hikers Midday Matinee Snack & Refreshments
24 **Morning:** 9:00 Mass on TV & Coffee Social 10:30 Keepin' Fit MapHabit Engage Maps Afternoon: Heritage Hikers Sundaes on Sunday **Palm Sunday** 31 **Morning:** Mass on TV Coffee Social Keepin' Fit MapHabit Engage Maps Afternoon: Heritage Hikers Sundaes on Sunday **Easter**	25 **Morning:** Daily Devotions & Coffee Social Senior singers Snacks **Afternoon:** Heritage Hikers Glitz & Glamour Snack & Refreshments	26 **Morning:** Daily Devotions & Coffee Social Sensory Stations Move to music Tuesdays. **Afternoon:** Heritage Hikers Bingo Snacks & Trivia	27 **Morning:** Daily Devotions Keepin' Fit Painting Craft **Afternoon:** Church w/katie Crafts: gardening Snack & Refreshment Social MapHabit Engage Maps	28 **Morning:** Daily Devotions & Coffee Social Seated stretches Baking Club: Dirt Cups **Afternoon:** 1:00 Heritage Hikers 1:30 Council meeting AL 2:00 Bingo Snack & Refreshment Social	29 **Morning:** Daily Devotions Seated Zumba snacks/ maphabit **Afternoon:** Craft: color eggs Card Games TGIF-Happy Hour **Good Friday**	30 **Morning:** Daily Devotion & Coffee Social Keepin' Fit MapHabit Engage Maps **Afternoon:** Heritage Hikers Midday Matinee Snack & Refreshments & MapHabit Engage Maps

Community Life Enrichment Calendar

SPECIAL EVENTS

Birthday Celebrations for March on 3/21/2024

HERITAGE SENIOR LIVING

Aspire | Lincoln Village

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