JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Morning 1 Coffee & Conversation Daily Devotions Joyous Movement- Spiro 100 Afternoon New Year's Traditions- Engage Sing Along with Suzi Q New Year's Day	Morning Coffee & Conversation Daily Devotions Mindful Movement- Spiro 100 Afternoon Card Club Snow Man Craft Fun with Pets- Youtube	Morning 3 Coffee & Conversation Daily Devotions & Worship Visits with Poppii Afternoon Sports Moves & Music- Spiro 100 Baking for Barks Fun with Dogs – YouTube	Morning Coffee & Conversation Daily Devotions Flow with Flexibility- Spiro 100 Afternoon Card Club Sing Along with Suzy Q TV Classics	Morning Coffee & Conversation Daily Devotion Gentle Chair Yoga- Spiro 100 Afternoon Engage Word Scramble- Color Ring Toss Classic TV Game Shows	Morning 6 Coffee & Conversation Daily Devotions Dice Game Afternoon Hand Massages & Nail Care Fun with Wiki Stix Movie & Snack
Morning 7 Chair Dance- Spiro 100 Virtual Church Service Daily Devotion Afternoon Chair Dance- Spiro 100 Hymn Sing Along Baking Chocolate Chip Cookies	Morning Coffee & Conversation Daily Devotions Afternoon Joyous Movement- Spiro 100 Matching Animal Game Tumbling Tower Game Adult Coloring	Morning 9 Coffee & Conversation Daily Devotions Mindful Movement- Spiro 100 Afternoon Card Club Beaded Snowflake Craft Fun with Pets- Youtube	Morning Coffee & Conversation Daily Devotions & Worship Visits with Poppii Afternoon Visual Memory Game with Cards Sports Moves & Music- Spiro 100 Gary's Workshop	Morning 11 Coffee & Conversation Daily Devotions Flow with Flexibility- Spiro 100 Afternoon Card Club Baking Cinnamon Rolls TV Classics	Morning Coffee & Conversation Daily Devotion Gentle Chair Yoga- Spiro 100 Afternoon Engage -Movie Trivia Sing Along with Suzi Q Classic TV Game Shows	Morning Coffee & Conversation Daily Devotions Dice Game Afternoon Hand Massages & Nail Care Fun with Sculpy Clay Movie & Snack
Morning Chair Dance- Spiro 100 Virtual Church Service Daily Devotion Afternoon Chair Dance- Spiro 100 Hymn Sing Along Ring Toss	Morning Coffee & Conversation Daily Devotions Joyous Movement- Spiro 100 Afternoon Cornhole Bean Bag Toss Sing Along with Suzi Q Pet Therapy with Sassu Martin Luther King	Morning Coffee & Conversation Daily Devotions Mindful Movement- Spiro 100 Afternoon Card Club Armchair Travel to Ireland Fun with Pets- You Tube	Morning Coffee & Conversation Daily Devotions & Worship Visits with Poppii Afternoon Visual Memory Game Sports Moves & Music- Spiro 100 Baking for Barks	Morning 18 Coffee & Conversation Daily Devotions Flow with Flexibility- Spiro 100 Afternoon Card Club Sing Along with Suzy Q TV Classics	Morning Coffee & Conversation Daily Devotion Gentle Chair Yoga- Spiro 100 Afternoon Engage- Resident Choice Ring Toss Classic TV Game Shows	Morning Coffee & Conversation Daily Devotions Dice Game Afternoon Hand Massages & Nail Care Fun with Play Dough Movie & Snack
Morning Chair Dance- Spiro 100 Virtual Church Service Daily Devotion Afternoon Chair Dance- Spiro 100 Hymn Sing Along Baking Peanut Butter Cookies	Morning 22 Coffee & Conversation Daily Devotions Joyous Movement- Spiro 100 Afternoon Cornhole Bean Bag Toss Sing Along with Suzi Q Hot Chocolate & Reminisce	Morning 23 Coffee & Conversation Daily Devotions Mindful Movement- Spiro 100 Afternoon Card Club Winter Craft Fun with Pets- Youtube	Morning Coffee & Conversation Daily Devotions & Worship Visits with Poppii Afternoon Sports Moves & Music- Spiro 100 Bean Bag Toss Making Frosted Pretzels	Morning Coffee & Conversation Daily Devotions Flow with Flexibility- Spiro 100 Afternoon Card Club Sing Along with Suzy Q TV Classics	Morning Coffee & Conversation Daily Devotion Gentle Chair Yoga- Spiro 100 Afternoon Engage- Resident Choice Ring Toss Classic TV Game Shows	Morning Coffee & Conversation Daily Devotion Dice Game Afternoon Hand Massages & Nail Care Engage- Resident Choice Fun with Puffy Paint
Morning Chair Dance- Spiro 100 Virtual Church Service Daily Devotion Afternoon Chair Dance- Spiro 100 Hymn Sing Along Ring Toss	Morning Coffee & Conversation Daily Devotions Afternoon Joyous Movement- Spiro 100 Matching Card Game Tumbling Tower Game	Morning Coffee & Conversation Daily Devotions Afternoon Joyous Movement- Spiro 100 Card Club Adult Coloring	Morning Coffee & Conversation Daily Devotions & Worship Visits with Poppii Afternoon Visual Memory Game Sports Moves & Music- Spiro 100 Baking for Barks			





Memory Care Activities* Calendar