

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:30 Coffee & Chronicles 1 10:00 Move & Groove Exercise 10:30 Pastries & Anagrams 1:00 Wii Bowling - Theatre 2:00 Kings Corners - AR 3:00 Puzzle Club New Year's Day	9:30 Talk about it Tuesday: Group Discussion 2 10:00 Sit & Fit Exercise 10:30 Coffee and Trivia 2:00 Bingo – Lower EC 4:00 Open Game Hour	9:30 Wellness Wakeup w/ Smoothies 3 10:00 Sit & Stretch- AR 2:00 Matinee- The Notebook 2:00 \$5 Independent Ran Bingo	9:30 Thoughtful Thursday Affirmations 4 10:00 Move & Groove Exercise 10:30 Jeopardy! (National Trivia Day) 1-3pm Crafting Corner 2:00 Bingo – Lower EC 4:00 Puzzle Hour- AR	9:30 Flashback Friday: 5 This Day in History 10:00 Spiro Exercise & Hangman 2:00 Happy Hour! Featuring: Elvis Cocktail- Brandy Old Fashioned	9:30 Something New Saturday-6 Group Discussion 10:00 Sit & Stretch Exercises 10:30 Coffee & Conversations with Boggle 2:00 Bingo – Lower EC
9:00 Spiritual Sundays 7 9:30 Motivational Stories 10:00 Golden Yoga 11:00 Catholic Mass -Theater 1:00 Manicures 2:00 Sundaes on Sunday	9:30 Coffee & Chronicles 8 10:00 Move & Groove Exercise 10:30 Pastries & Anagrams 2:00 Lutheran Mass 2:00 Kings Corners - AR 3:30 Matinee- King Creole	9:30 Talk about it Tuesday: Group Discussion 9 10:00 Sit & Fit Exercise 10:30 Coffee and Trivia 2:00 Bingo – Lower EC 4:00 Open Game Hour	9:30 Wellness Wakeup w/ Smoothies 10 10:00 Sit & Stretch- AR 1:00 Menus 2:00 Matinee- The Notebook 2:00 \$5 Independent Ran Bingo	9:30 Thoughtful Thursday Affirmations 11 10:00 Move & Groove Exercise 10:30 Coffee and Conversations 1-3pm Crafting Corner 2:00 Bingo – Lower EC 4:00 Puzzle Hour- AR	9:30 Flashback Friday: 12 This Day in History 10:00 Spiro Exercise & Hangman 2:00 Happy Hour! Featuring: Dan Sullivan Show Cocktail- Tequilla Sunrise	9:30 Something New Saturday13 Group Discussion 10:00 Sit & Stretch Exercises 10:30 Coffee & Conversations with Boggle 2:00 Bingo – Lower EC
9:00 Spiritual Sundays 14 9:30 Motivational Stories 10:00 Golden Yoga 11:00 Catholic Mass -Theater 1:00 Manicures 2:00 Sundaes on Sunday	9:30 Coffee & Chronicles 15 10:00 Move & Groove Exercise 10:30 Pastries & Anagrams 1:00 Wii Bowling - AR 2:00 Kings Corners 3:30 Matinee- MLK Documentary Martin Luther King	9:30 Talk about it Tuesday: Group Discussion 16 10:00 Sit & Fit Exercise 10:30 Coffee and Trivia 2:00 Bingo – Lower EC 6:00 Live Entertainment Barber Shop Quartet	9:30 Wellness Wakeup w/ Smoothies 17 9:30 Shopping Trip 10:00 Sit & Stretch- AR 2:00 Matinee- The Notebook 2:00 \$5 Independent Ran Bingo	9:30 Thoughtful Thursday Affirmations 18 10:00 Move & Groove Exercise 10:30 Coffee and Conversations 1-4 Pm Potawatomi -----	9:30 Flashback Friday 19 10:00 Spiro Exercise & Hangman 2:00 Happy Hour! Featuring: Micheal Tierany Cocktail- Rum and Coke National Popcorn Day!	9:30 Something New Saturday20 10:00 Sit & Stretch Exercises 10:30 Coffee & Conversations with Boggle 2:00 Bingo – Lower EC National Cheese Lovers Day
9:00 Spiritual Sundays 21 9:30 Motivational Stories 10:00 Golden Yoga 11:00 Catholic Mass -Theater 1:00 Manicures 2:00 Sundaes on Sunday	9:30 Coffee & Chronicles 22 10:00 Move & Groove Exercise 10:30 Pastries & Anagrams 1:00 Wii Bowling - AR 2:00 Lutheran Service 3:30 Matinee- Sense and Sensibility	9:30 Talk about it Tuesday: Group Discussion 23 10:00 Sit & Fit Exercise 10:30 Coffee and Trivia 2:00 Bingo – Lower EC 4:00 Open Game Hour	9:30 Wellness Wakeup w/ Smoothies 24 10:00 Sit & Stretch- AR 2:00 Matinee- The Notebook 2:00 \$5 Independent Ran Bingo	9:30 Thoughtful Thursday Affirmations 25 10:00 Move & Groove Exercise 10:30 Coffee and Conversations 1-3pm Crafting Corner 2:00 Bingo – Lower EC 4:00 Puzzle Hour- AR	9:30 Flashback Friday 26 10:00 Spiro Exercise & Hangman 2:00 Happy Hour! Featuring: Joe Kadlec Cocktail- Wine Cooler National Spouses Day	9:30 Group Discussion 27 10:00 Sit & Stretch Exercises 10:30 Coffee & Conversations with Boggle 2:00 Bingo – Lower EC Holocaust Remembrance Day
9:00 Spiritual Sundays 28 9:30 Motivational Stories 10:00 Golden Yoga 11:00 Catholic Mass -Theater 1:00 Manicures 2:00 Sundaes on Sunday	9:30 Coffee & Chronicles 29 10:00 Move & Groove Exercise 10:30 Pastries & Anagrams 1:00 Puzzles - AR 3:30 Matinee- The Wedding Date National Puzzle Day	9:30 Talk about it Tuesday: Group Discussion 30 10:00 Sit & Fit Exercise 10:30 Coffee and Trivia 2:00 Bingo – Lower EC 4:00 Open Game Hour	9:30 Wellness Wakeup 31 10:00 Sit & Stretch- AR 2:00 Matinee & Cocoa- Titanic National Hot Chocolate Day! 2:00 \$5 Independent Ran Bingo	Happy Birthday! <i>Sam C. 1/07 Pablo 01/25</i> <i>LuAnn 01/12 Barb R. 01/29</i> <i>Bert L. 01/15 Rufina 01/29</i> <i>Harold 01/20 Viktor 01/29</i> <i>Mary Ann S. 01/24</i>		

Assisted Living

Community Life Enrichment Calendar

SPECIAL EVENTS

Spouses Day 1/26

Educational Presentation 1/15 MLK Documentary

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

HERITAGE
SENIOR LIVING
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