

JANUARY

Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Morning Exercise Music Mondays Afternoon Aspire Walkers Snack Pass New Year's Day	2 Morning Spiro Exercise Manicures Afternoon Aspire Walkers Bingo	3 Morning Whack a Balloon Eye spy Afternoon 1:30 Catholic Mass-Pub Aspire Walker Snack Pass	4 Morning Exercise 10:00 Shepherds Care-EC Afternoon 3:15 Music by Fernando-Pub	5 Morning Exercise Friday funnies Afternoon Card Games	6 Morning Exercise Afternoon Bingo Walking club
7 Morning Church Tv Service Sing A long Sunday Afternoon Snack Pass	8 Morning Exercise Music Mondays Afternoon Aspire Walkers Snack Pass	9 Morning Spiro Exercise Manicures Afternoon Aspire Walkers Bingo Snack Pass	10 Morning Whack a Balloon Eye spy Afternoon Aspire Walker 3:00 Music By Bob Welsch-Pub	11 Morning Exercise 10:00 Shepherds Care-EC Afternoon Card Games-EC 3:00 Ladies Club-EC	12 Morning Exercise Friday funnies Afternoon Card Games	13 Morning Exercise Afternoon Bingo Walking club
14 Morning Church Tv Service Sing A long Sunday Afternoon Snack Pass	15 Morning Exercise Music Mondays Afternoon Aspire Walkers Snack Pass Martin Luther King	16 Morning Spiro Exercise Manicures Afternoon Aspire Walkers Bingo Snack Pass	17 Morning Whack A Balloon Eye spy Afternoon Snack Pass 4:30 Outing-Van Abels's	18 Morning Exercise 10:00 Shepherds Care-EC Afternoon 3:00 Ladies Club-EC 5:45 Paint N Sip with Hannah-Pub	19 Morning Exercise 10:30 Pianist Francis Rank-1 st floor Afternoon 1:30 Catholic Mass-Pub	20 Morning Exercise Afternoon Bingo Walking club
21 Morning Church Tv Service Sing A long Sunday Afternoon Snack Pass	22 Morning Music Mondays Afternoon Snack Pass	23 Morning Spiro Exercise Manicures Afternoon Aspire Walkers Bingo Snack Pass	24 Morning Whack a Balloon 10:00 Outing- Casino Afternoon Aspire Walker Snack Pass	25 Morning Exercise 10:00 Shepherds Care-EC Afternoon Card Games-EC 3:00 Ladies Club-EC	26 Morning Exercise Friday funnies Afternoon Card Games	27 Morning Exercise Afternoon Bingo Walking club
28 Morning Church Tv Service Sing A long Sunday Afternoon Snack Pass	29 Morning Exercise Music Mondays Afternoon Aspire Walkers Snack Pass	30 Morning Spiro Exercise Manicures Afternoon Aspire Walkers Bingo Snack Pass	31 Morning Whack A Balloon 11:00 Outing -Roxy Supper Club Afternoon Aspire Walker Snack Pass		Activity Location Key IL- Independent Activity Room EC- Enhanced Care Activity Room 2 nd Floor Library- 2 nd Floor	Activity Location Key ECD- Enhanced Care Dining Lobby- 1st floor Theater-3rd floor Pub- 1st floor **-Resident Lead

SPECIAL EVENTS

Dinner Outing at Van Abels on 1-17-23

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*