

# JANUARY

Assisted Living/Enhanced Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b>  9:30 Exercise- EC  10:15 Trivia-Pub  1:30 Movie & Popcorn  <b>New Year's Day</b>	<b>2</b>  9:00 Outing-Festival Foods 9:30 Exercise- EC 10:00 manicures-EC 3:15 Cooking Club -EC 6:00 Sheep's Head**	<b>3</b>  9:00 Water Exercise 10:00 Lutheran Service-EC 1:30-Catholic Mass-Pub 1:30 Dominos-IL** 3:00 Crochet/Knit Club -EC	<b>4</b>  9:30 Exercise-EC  10:00 jeopardy-ec  3:15 Music by Fernando-Pub  6:00 Sheep Head**	<b>5</b>  9:30 Exercise-EC  10:00 Pong Cup-EC  1:30 Movie and popcorn  3:00 Happy Hour-Pub	<b>6</b>  9:30 Chair Yoga-EC  2:00 Bingo-Pub  3:15 Coffee by the fireplace-EC  6:00 Sheep Heads**
<b>7</b>  10:00 Sunday Funnies-EC  1:30 Scrabble-EC  3:00 Men's Mingle-Pub	<b>8</b>  9:30 Exercise- EC  10:30 Aegis Therapy Presentation-Pub  1:30 Movie & Popcorn	<b>9</b>  9:00 Outing-Walmart 9:30 Exercise- EC 10:00 manicures-EC 1:30 Resident Council-Pub 3:15 Crafts -EC 6:00 Sheep's Head**	<b>10</b>  9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 3:00 Music by Bob Welsch-Pub	<b>11</b>  10:00 Shepherds Care-EC  2:00 Cover all Dice-EC  3:00 Ladies Club-Ec  6:00 Sheep Head**	<b>12</b>  9:30 Exercise-EC  10:00 Pong Cup-EC  1:30 Movie and popcorn  3:00 Happy Hour-Pub	<b>13</b>  9:30 Exercise-EC  2:00 Bingo-Pub  3:15 Walking Club  6:00 Sheep Heads**
<b>14</b>  10:00 Sunday Funnies-EC  1:30 Bunco-Ec  3:00 Men's Mingle-Pub	<b>15</b>  9:30 Exercise- EC  10:15 Trivia-Pub  1:30 Movie & Popcorn  <b>Martin Luther King</b>	<b>16</b>  9:00 Outing-Pick N Save 9:30 Exercise- EC 10:00 manicures-EC 3:15 Cooking Club -EC 6:00 Sheep's Head**	<b>17</b>  9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 3:00 Crochet/Knit Club -EC 4:30 Outing-Van Abels's	<b>18</b>  9:30 Exercise-EC  10:00 Left, Right, Center-EC  3:00 Ladies Club-EC  5:45 Paint N Sip with Hannah- Pub  6:00 Sheep Head**	<b>19</b>  9:30 Exercise-EC  10:30 Pianist Francis Rank-1 <sup>st</sup> floor  1:30 Catholic Mass-Pub  3:00 Happy Hour-Pub	<b>20</b>  9:30 Chair Yoga-EC  2:00 Bingo-Pub  3:15 Coffee by the fireplace-EC  6:00 Sheep Heads**
<b>21</b>  10:00 Sunday Funnies-Ec  11:00 Shut the Box-Ec	<b>22</b>  1:30 Movie & Popcorn	<b>23</b>  9:30 Exercise- EC 10:00 manicures-EC 3:15 Crafts -EC 6:00 Sheep's Head**	<b>24</b>  9:00 Water Exercise 10:00 Outing- Casino 10:00 Lutheran Service-EC 1:30 Dominos-IL** 3:00 Crochet/Knit Club -EC	<b>25</b>  10:00 Shepherds Care-EC  2:00 Card Games-EC  3:00 Ladies Club-EC  6:00 Sheep Head**	<b>26</b>  9:30 Exercise-EC  10:00 Pong Cup-EC  1:30 Movie and popcorn  3:00 Happy Hour-Pub	<b>27</b>  9:30 Chair Yoga-EC  2:00 Bingo-Pub  3:15 Walking Club  6:00 Sheep Heads**
<b>28</b>  10:00 Sunday Funnies-EC  1:30 Whack a Balloon-EC  3:00 Men's Mingle-Pub	<b>29</b>  9:30 Exercise- EC  10:15 Trivia-Pub  1:30 Movie & Popcorn	<b>30</b>  9:00 Outing-Festival Foods 9:30 Exercise- EC 10:00 manicures-EC 3:15 Cooking Club -EC 6:00 Sheep's Head**	<b>31</b>  9:00 Water Exercise 10:00 Lutheran Service-EC 11:00 Outing -Roxy Supper Club 1:30 Dominos-IL** 3:00 Crochet/Knit Club -EC		<b>Activity Location Key</b> ECD- Enhanced Care Dining Lobby- 1st floor Theater-3rd floor Pub- 1st floor **-Resident Lead	<b>Activity Location Key</b>  IL- Independent Activity Room EC- Enhanced Care Activity Room 2 <sup>nd</sup> Floor Library- 2 <sup>nd</sup> Floor

## SPECIAL EVENTS

Dinner Outing to Van Abels 1-17-23

*\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.*