

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Birthday Debbie D – Jan. 10	1 Morning: Daily Devotions, News, & Social Spiro 100- Mindful Moments Manicure Monday Afternoon: Dynseo Games New Year Celebration - Bistro New Year's Day	2 Morning: Move to the Music Tuesday Mass on TV Pet Therapy w/ Harper Lee Afternoon: Flower Arranging on 2 nd Floor	3 Morning: Daily Devotions, News, and Social Spiro 100- Strength & Flexibility Craft - Bistro Afternoon: Bingo in the Bistro	4 Morning: Daily Devotions, News, and Social Keepin' Fit Donuts & Coffee in the Bistro Afternoon: Walk Around the Block Entertainment w/ Tom Kastle	5 Morning: Daily Devotions, News, & Social Spiro 100: Morning Stretch & Meditation Helping Hands Afternoon: TGIF-Happy Hour	6 Morning: Daily Devotions, News and Social Morning Stretches Afternoon: Bingo in the Bistro
7 Morning: Coffee, News and Social Morning Stretches Coffee & Cookies w/ Concierge in the Bistro Afternoon: Midday Matinee	8 Morning: Daily Devotions, News, & Social Spiro 100- Mindful Moments Manicure Monday Afternoon: Dynseo Games Happy Birthday Elvis – Social in the Bistro	9 Morning: Daily Devotions, News, & Social Move to the Music Tuesday Lutheran Service on TV Balloon Toss Afternoon: Flower Arranging on 2 nd Floor	10 Morning: Daily Devotions, News, and Social Spiro 100- Strength & Flexibility 11:00 Card Making w/ Shirley - Bistro Afternoon: Bingo in the Bistro	11 Morning: Daily Devotions, News, and Social Keepin' Fit Donuts & Coffee in the Bistro Afternoon: Walk Around the Block Entertainment w/ Gemini	12 Morning: Daily Devotions, News, & Social Spiro 100: Morning Stretch & Meditation Helping Hands Afternoon: TGIF-Happy Hour	13 Morning: Daily Devotions, News and Social Morning Stretches Afternoon: Bingo in the Bistro
14 Morning: Coffee, News and Social Morning Stretches Coffee & Cookies w/ Concierge in the Bistro Afternoon: Midday Matinee	15 Morning: Daily Devotions, News, & Social Spiro 100- Mindful Moments Manicure Monday Afternoon: Dynseo Games Learn About Martin Luther King - Bistro Martin Luther King	16 Morning: Move to the Music Tuesday Mass on TV Pet Therapy w/ Harper Lee Afternoon: Flower Arranging on 2 nd Floor	17 Morning: Daily Devotions, News, and Social Spiro 100- Strength & Flexibility Sensory Stations Afternoon: Bingo in the Bistro 1:1 Visits	18 Morning: Daily Devotions, News, and Social Keepin' Fit Donuts & Coffee in the Bistro Afternoon: Walk Around the Block Entertainment w/ Davis Beck as Elvis	19 Morning: Daily Devotions, News, & Social Spiro 100: Morning Stretch & Meditation Helping Hands Afternoon: TGIF-Happy Hour	20 Morning: Daily Devotions, News and Social Morning Stretches Afternoon: Bingo in the Bistro
21 Morning: Coffee, News and Social Morning Stretches Coffee & Cookies w/ Concierge in the Bistro Afternoon: Midday Matinee	22 Morning: Daily Devotions, News, & Social Spiro 100- Mindful Moments Manicure Monday Afternoon: Dynseo Games Trivia and Snacks in the Bistro	23 Morning: Daily Devotions, News, & Social Move to the Music Tuesday Lutheran Service on TV Balloon Toss Afternoon: Flower Arranging on 2 nd Floor	24 Morning: Daily Devotions, News, and Social Spiro 100- Strength & Flexibility Craft - Bistro Afternoon: Bingo in the Bistro	25 Morning: Daily Devotions, News, and Social Keepin' Fit Donuts & Coffee in the Bistro Afternoon: Walk Around the Block Entertainment w/ Rob Tomaro	26 Morning: Daily Devotions, News, & Social Spiro 100: Morning Stretch & Meditation Helping Hands Afternoon: TGIF-Happy Hour	27 Morning: Daily Devotions, News and Social Morning Stretches Afternoon: Bingo in the Bistro
28 Morning: Coffee, News and Social Morning Stretches Coffee & Cookies w/ Concierge in the Bistro Afternoon: Midday Matinee	29 Morning: Daily Devotions, News, & Social Spiro 100- Mindful Moments Manicure Monday Afternoon: Dynseo Games January Birthday Bash Celebration! - Bistro	30 Morning: Daily Devotions, News, & Social Move to the Music Tuesday Mass on TV Balloon Toss Afternoon: Flower Arranging on 2 nd Floor	31 Morning: Daily Devotions, News, and Social Spiro 100- Strength & Flexibility Sensory Stations Afternoon: Bingo in the Bistro 1:1 Visits	Memory Care		

SPECIAL EVENTS

Happy Birthday Elvis Social @2:30 1/8

Educational Martin Luther King Social @2:30 1/15

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*